



**DR.Y.S. PARMAR**

**GOVERNMENT PG COLLEGE NAHAN  
DISTT. SIRMOUR HIMACHAL PRADESH**

**SELF- ASSESSMENT  
REPORT (2023-24)**

**6.8**

**Teachers' Special Innovative Ideas**

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## **TEACHERS' SPECIAL INNOVATIVE IDEAS**

The faculty at Dr. Y.S. Parmar Govt. PG College Nahan have showcased exceptional creativity and innovation in engaging students and fostering academic excellence. Notable examples include Ms. Lakshita's Bookmark Making Activity with the quote of sociologist which sparked the curiosity of students about theorist from sociology and Dr. Saloni Sood's "Each One to Teach One" initiative, promoting peer-to-peer learning. Prof. Reena Chauhan's student-led Quiz Contest and Prof. Priyanka Randhava's quiz and declamation contest on "Role of Mathematics in Daily Life" successfully integrated fun with learning. Meanwhile, the Physics department's Chandrayan Utsav celebration, featuring poster-making, skits, and presentations, made complex concepts accessible and entertaining.

These innovative approaches demonstrate the teachers' commitment to making education interactive, inclusive, and enjoyable, ultimately enhancing student outcomes and experiences.

## 1. BOOKMARK MAKING ACTIVITY BY MS. LAKSHITA



**DR. YS PARMAR GOVT. PG COLLEGE NAHAN**

EST. 1963

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01702-251107



### REPORT

The Department of Sociology had organised a Bookmark Making Competition for the students of BA I year of Sociology. The theme for the competition was 'Know your Sociologists' in which the students had to make a bookmark with their favourite quote of any Sociologist. The aim of this activity was to make the students learn about various thinkers and ideas related to Sociology in a creative way to not only ignite their creativity but also curiosity about theorists who have contributed immensely in Sociology.

The winners of the competition were:

I position: Alisha Khan (23536039)

II position: Kunal (23548037)

III position: Muskan (23548023)

Mukesh (23536033)

  
HOD

  
Principal

ATTENDANCE SHEET

Sr. No.	Name	Class	Roll No.	Signature
1	Sushant Thakur	BA 1 <sup>st</sup>	23536005	
2	Alisha Khan	BA 1 <sup>st</sup>	23536039	
3	Narveet	B.A 1 <sup>st</sup> year	25 53604	
4	Susraj	BA 1 <sup>st</sup> year	23560001	
5	Bri Jesti	BA 1 <sup>st</sup> year	23536049	
6	Himanshu	BA 1 <sup>st</sup> year	23548055	
7	Lucky	BA 1 <sup>st</sup> year	23548054	
8	Uday	BA 1 <sup>st</sup> year	23536043	
9	Sunny	BA 1 <sup>st</sup> year	23536004	
10	Anuj Sharma	BA 1 <sup>st</sup> year	23536052	
11	Punam	BA 1 <sup>st</sup> year	23536020	
12	Palak	B.A 1 <sup>st</sup> year	23604004	
13	Monika	B.A 1 <sup>st</sup> year	23548001	
14	Archana Chauhan	BA 1 <sup>st</sup> year	23536029	
15	Kajal	BA 1 <sup>st</sup> year	23548007	
16	Ritika	BA 1 <sup>st</sup> year	23548084	
17	Harpreet Kaur	BA 1 <sup>st</sup> year	23536037	
18	Nitika	BA 1 <sup>st</sup> year	23504020	
19	Aakanksha Sharma	BA 1 <sup>st</sup> year	23536038	
20	Tomy Sharma	BA 1 <sup>st</sup> year	23536051	
21	Mohd Arshad	B.A 1 <sup>st</sup> year	23536028	
22	Kajal	B.A 1 <sup>st</sup> year	23548062	
23	Muskan	BA 1 <sup>st</sup> year	23548058	
24	Sanjana	BA 1 <sup>st</sup> year	23548046	
25	Nikita	BA 1 <sup>st</sup> year	23548005	
26	Pratha	BA 1 <sup>st</sup> year	23536046	
27	Suman	BA 1 <sup>st</sup> year	23548001	
28	Breeti	BA 1 <sup>st</sup> year	23504017	



ATTENDANCE SHEET

Sr. No.	Name	Class	Roll No.	Signature
29	Kajal	B.A 1 <sup>st</sup> year	23548021	Kajal
30	Ankita	B.A 2 <sup>nd</sup> year	23604005	Ankita
31	Saloni	B.A 1 <sup>st</sup> year	23548066	Saloni
32	Indrapreet	B.A 1 <sup>st</sup> year	23504010	Indrapreet
33	Sheetal	B.A 1 <sup>st</sup> year	23548065	Sheetal
34	Riya Kapoor	B.A 1 <sup>st</sup> year	23554001	Riya
35	Himanshi	B.A 1 <sup>st</sup> year	23554004	Himanshi
36	Anshika	B.A 1 <sup>st</sup> year	23536011	Anshika
37	Nisha Sha	B.A 1 <sup>st</sup> year	23604013	Nisha
38	Muskan	B.A 1 <sup>st</sup> year	23548023	Muskan
39	Mukesh	B.A 1 <sup>st</sup> year	23536033	Mukesh
40	Umesh	B.A 1 <sup>st</sup> year	23548057	Umesh
41	Manisha Chauhan	B.A 1 <sup>st</sup> year	23548055	Manisha
42	Divya	B.A 1 <sup>st</sup> year	23548009	Divya
43	Madhubala	B.A 1 <sup>st</sup> year	23536048	Madhubala
44	Shweta	B.A 1 <sup>st</sup> year	23548027	Shweta
45	Saloni	B.A 1 <sup>st</sup> year	23548002	Saloni
46	Kajal	B.A 1 <sup>st</sup> year	23548003	Kajal
47	TANU	B.A 1 <sup>st</sup> year	23548029	Tanu
48	Kaushma	B.A 1 <sup>st</sup> year	23504008	Kajal
49	Anjana	B.A 1 <sup>st</sup> year	23504013	Anjana

9/2

C.S.  
Gill

## **2. Each One to Teach One Activity BY DR. SALONI SOOD**


The students from department of Chemistry under the guidance and instruction from Dr. Saloni Sood, take up the noble responsibility of teaching and guiding others in their community through the "Each One, Teach One" initiative. This program encourages students to share their knowledge by offering free education to those in their locality who may not have access to learning resources. During the summer and winter holidays, these students dedicate their time to tutoring others, helping them grasp new concepts, and fostering a love for learning. The purpose of this activity is not only to spread knowledge but also to instil a sense of social responsibility and empathy in the participating students. By stepping into the role of a mentor, they learn the value of patience, communication, and the joy of seeing others grow. After the holidays, the students reflect on their experiences, sharing stories of progress and the bonds they formed with their learners. The outcome of this initiative is twofold: it enriches the lives of those being taught, opening doors to new possibilities, while also shaping the participants into compassionate, well-rounded individuals who appreciate the power of giving back to society.

Name of the Activity/ Project: Each One to Teach One			
Name of Teacher and Department Concerned: Dr. Salow Sood (Dept. of Chemistry)			
Name of the Student: Riya Saini Class: BSc 2nd year Roll No.: 20451069			
Total Days for which students were Taught: 10			
Village and Locality where project was undertaken: Shambhuwada.			
Day/Dated	Subject and Topic Taught	No. of Students Taught	Names of Students Taught
Day 1 06-Jan.-2022	English - Tense	4	Sheetal, Yogesh, Aman, Naman.
Day 2 07-Jan.-2022	Trigonometric - Maths	2	Mehak, Dhruv Saini
Day 3 08-Jan-2022	English - Preposition.	4	Sheetal, Dhruv, Mehak, Yogesh.
Day 4 09-Jan-2022	Probability - Maths	3	Ansh, sheetal, Dhruv Saini.
Day 5 10-Jan.-2022.	Chemistry - Periodic table.	2	Sheetal, Yogesh.

Day 6 11-Jan. 2022	Hindi - रचना	3	Aakash, Aaryan, Dhruv.
Day 7 12-Jan.-2022	Hindi - रीति, विधी	4	Sheetal, aakash, Dhruv.
Day 8 13-Jan-2022	English - voice	2.	Aaryan, Ansh.
Day 9 14-Jan-2022	Math - Matrix Method.	3	Yogesh, vansh, Mehak.
Day 10 15-Jan.-2022.	Chemistry - Solution solvent.	4	Aakash, ansh, sheetal.

Riya Saini  
Signature of Concerned  
Student

  
Signature of Concerned Teacher

  
Principal  
Principal  
Dr. Yashwant Singh Parmar  
Govt. P.G. College, Nahan




Name of the Activity/ Project: Each One to Teach One			
Name of Teacher and Department Concerned: Dr. Sabari Sood (Dept. of Chemistry)			
Name of the Student: Pragya Joshi Class: BSC 2 <sup>nd</sup> Roll No.: 20401039			
Total Days for which students were Taught: 6			
Village and Locality where project was undertaken: Nahar			
Day/Dated	Subject and Topic Taught	No. of Students Taught	Names of Students Taught
Day 1 2 Jan, 2022	Nervous System	2	Anant, Raghar.
Day 2 4 Jan, 2022	Environmental pollution	3	Tanusha, Keetika, Jahnavi
Day 3 5 Jan, 2022	Intermolecular forces	2	Anant, Anmol.
Day 4 7 Jan, 2022	Cell cycle	1	Nandini
Day 5 9 Jan, 2022	Bacteriae	1	Anjali

Day 6 11 Jan, 2022	Respiration	1	Pritya
Day 7			
Day 8			
Day 9			
Day 10			

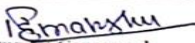
Pragya  
Signature of Concerned  
Student

  
Signature of Concerned Teacher

  
Principal  
Dr. Yashwant Singh Parmar  
Govt. P.G. College, Nahar

Name of the Activity/ Project: Each One to Teach One			
Name of Teacher and Department Concerned: DR. SALONI SOOD (CHEMISTRY DEPARTMENT)			
Name of the Student: HIMANSHU BIJALWAN Class: B-SC III <sup>rd</sup> Year Roll No.: 20451146			
Total Days for which students were Taught: 08 Days			
Village and Locality where project was undertaken: SHYAMPUR, RISHIKESH. (DEHRADUN)			
Day/Dated	Subject and Topic Taught	No. of Students Taught	Names of Students Taught
Day 1 04/01/2022	ATOMS and MOLECULE	05	PRIYANSHU, RISHAB, RAHUL, NITIN, KARAN
Day 2 05/01/2022	ATOMS and MOLECULE	03	PRIYANSHU, KARAN, RAHUL
Day 3 06/01/2022	RAY OPTICS	07	PRIYANSHU, RAHUL, KARAN, ROHAN, MOHIT, NITIN, RISHAB
Day 4 08/01/2022	RAY OPTICS	04	PRIYANSHU, RAHUL, KARAN, MOHIT.
Day 5 09/01/2022	EM WAVES	03	PRIYANSHU, RAHUL, KARAN

Day 6 10/01/2022	PERMUTATION AND COMBINATION	04	PRIYANSHU, RAHUL, KARAN, ROHAN
Day 7 11/01/2022	PERMUTATION AND COMBINATION	05	PRIYANSHU, RAHUL, MOHIT, KARAN, DEEPAK.
Day 8 12/01/2022.	ACID . BASE and SALTS	06.	PRIYANSHU, RAHUL, MOHIT, DEEPAK. KARAN, DEEPAK.
Day 9			
Day 10			

  
Signature of Concerned Student (20451146)

  
Signature of Concerned Teacher

  
Principal  
Dr. Yashwant Singh Parmar  
Govt. P.G. College, Nahar



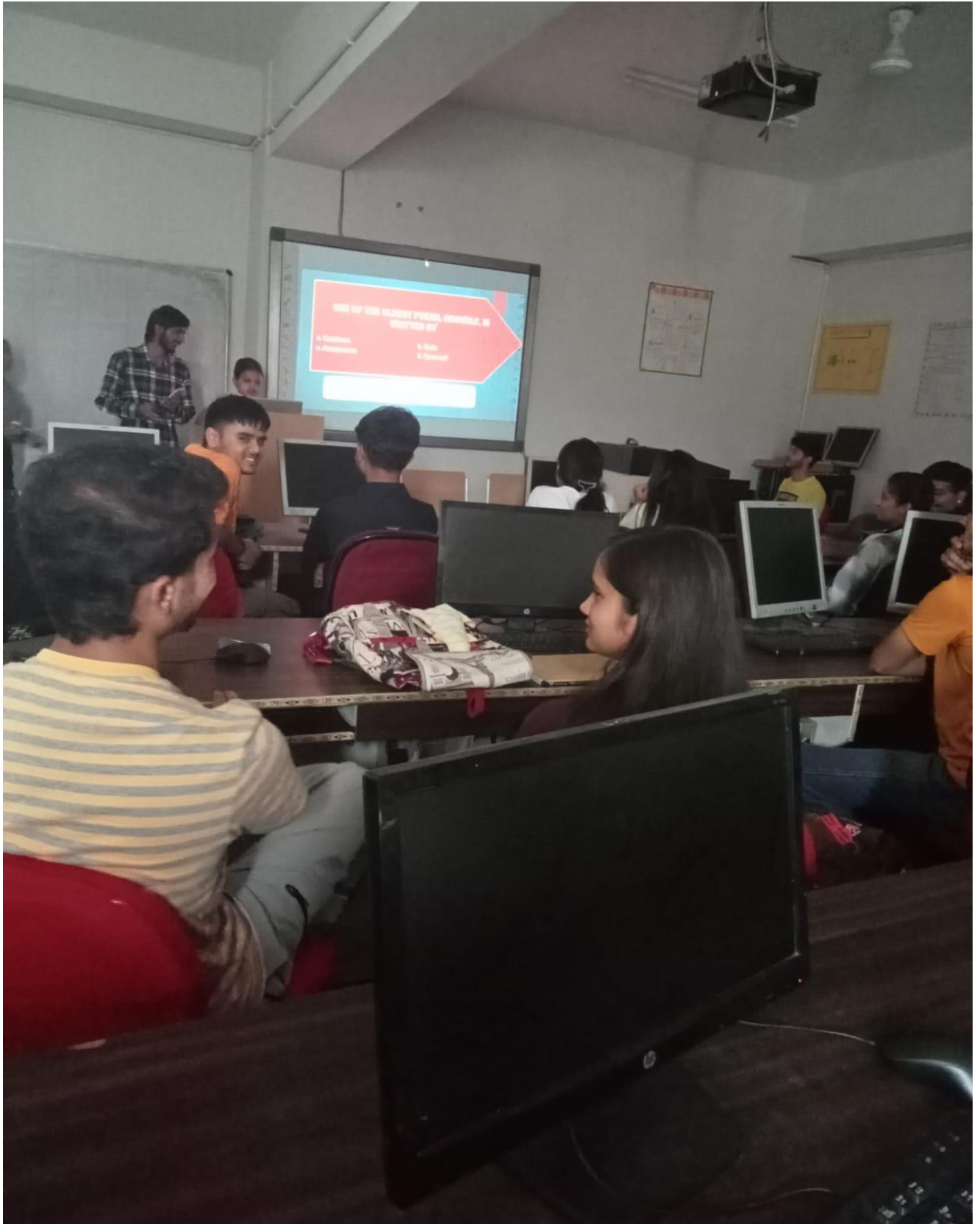


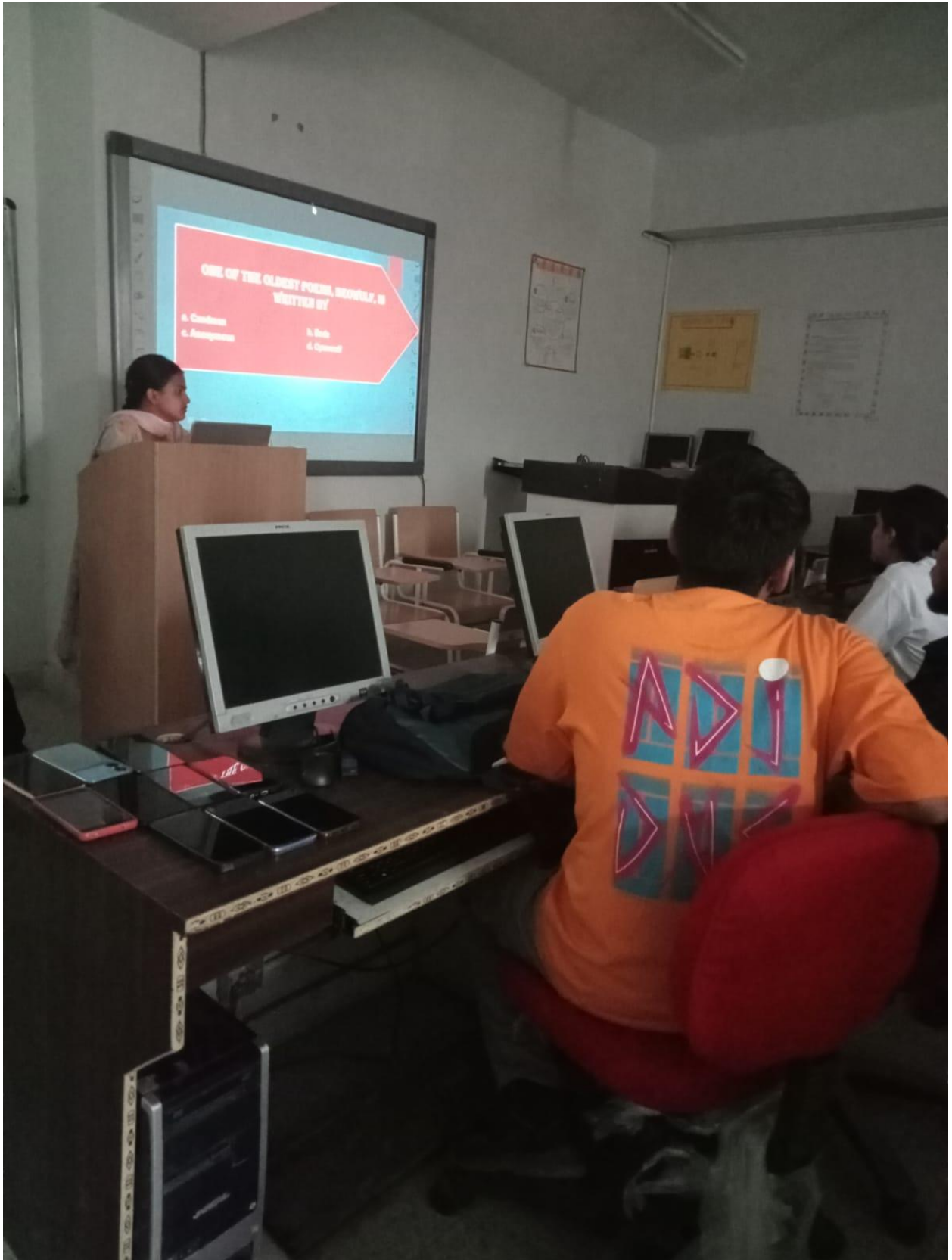
### **3. Quiz contest conducted by Students of M.A. IV semester for the students of M.A. II semester spearheaded by Mrs. Reena Chauhan, A.P. English**

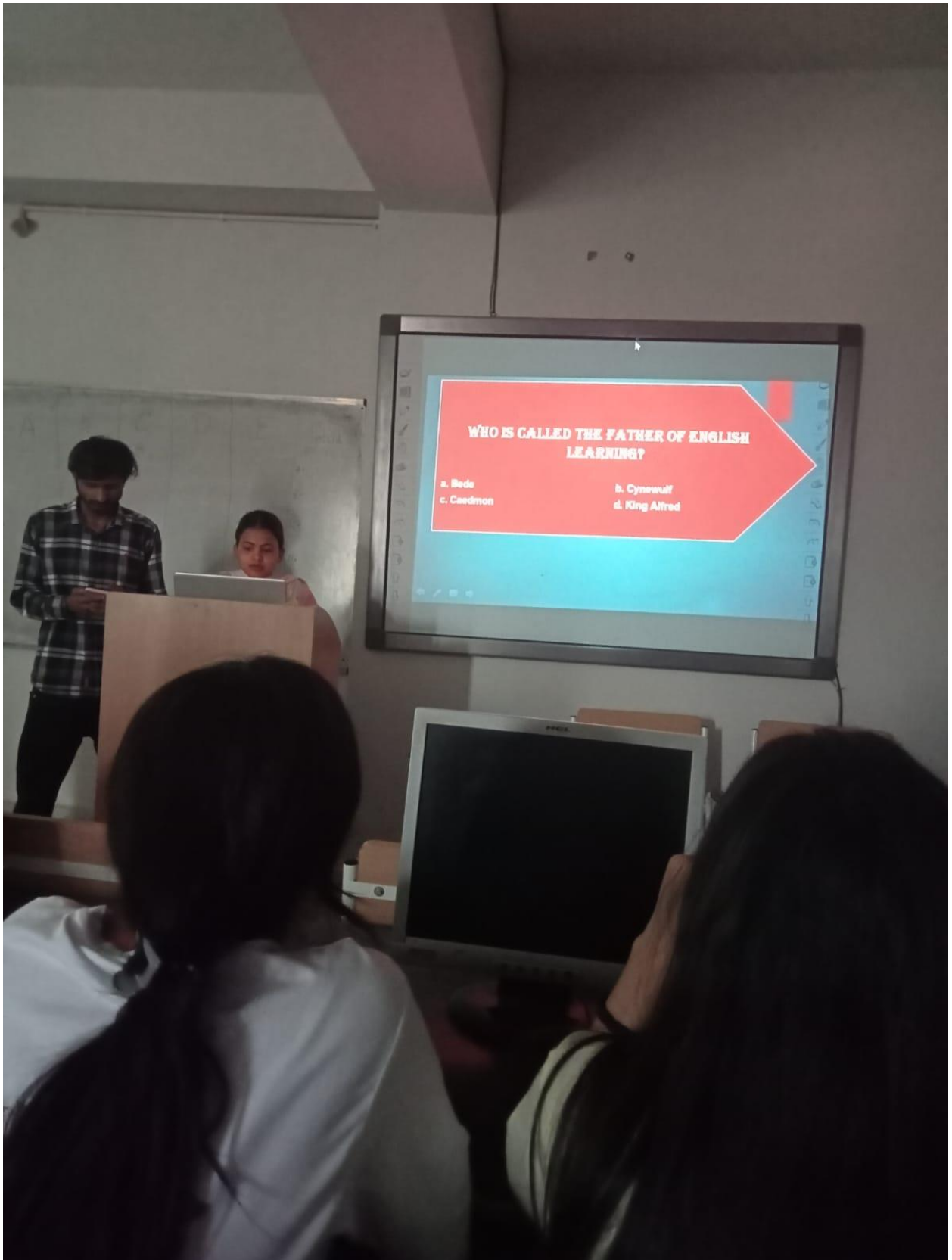
On May 22, 2024, the students from Department of English at Dr. Y.S. Parmar Govt. PG College Nahan organized a quiz contest, spearheaded by Assistant Professor Reena Chauhan, to enhance students' knowledge of English literature and language. The questions are prepared by the students of M.A. IV semester, and it was conducted in the BCA lab. The contest comprised five rounds - Ages of Literature, Phonology of English, Books in English Literature, Grammar, and Language Usage. Twelve participants of M.A. II sem formed six groups, showcasing their expertise and teamwork.

The event aimed to encourage student participation, foster peer teaching-learning, and promote knowledge sharing. Ultimately, the quiz witnessed enthusiastic participation along with successful peer-led learning.












4. Understanding the relevance of mathematics in daily life through quiz and declamation contest on “Role of Mathematics in daily life” spearheaded by Prof. Priyanka Randhava

**Dr. Y.S. Parmar Govt. P.G. College Nahan**  
Department Of Mathematics  
Quiz Competition and Declamation Contest  
REPORT

Department of mathematics, Dr. Y.S. Parmar Govt. P.G. College Nahan organized a Quiz Competition and a Declamation Contest on dated 07-12-2023 to bring awareness about contribution of mathematics in different scientific areas and to encourage critical thinking among students. It was organized in the multipurpose hall of the college. The Principal of the college Dr. Prem Raj Bhardwaj graced the occasion as chief guest. About hundred students were present in the hall. Various students have participated enthusiastically in both the contests. The topic for Declamation contest is “ROLE OF MATHEMATICS IN DAILY LIFE” and six students took part in this contest. Out of them, three students namely Nikhil (B.Sc. IIIrd), Vaibhav (B.Sc. 1st) and Swati (B.Sc. IIIrd) secured 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> positions respectively. The quiz comprised three rounds among four teams namely  $\alpha$ ,  $\beta$ ,  $\gamma$  and  $\theta$ , in which questions related to mathematical concepts were asked. Each team consist of three students: one from each year of B.Sc./B.A.(Maths). Finally, team  $\theta$  is the winner of quiz competition. At the end, Chief guest of the program, Dr. Prem Raj Bhardwaj awarded prizes to the winners and felicitated the participants and faculty members for successful organization of the event. The event concluded with the speech of honorable Principal Dr. Prem Raj Bhardwaj, who appreciated the efforts of the students while encouraging and motivating them to come forward and embrace their strength.

  
H.O.D. Mathematics

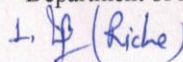
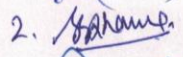
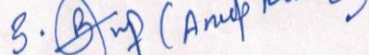
  
Principal  
Principal  
Dr. Yashwant Singh Parmar  
Dr. Y.S.P.G.P.G.C. Nahan  
Govt. P.G. College: Nahan

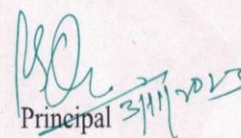
## 5. Celebration of Chandrayan Utsav by department of Physics through poster- makings, Skit on India's Lunar Mission, presentation on India's Lunar Journeys

### Report on Chandrayaan Utsav

Department of physics, Dr. YSPGPGC Nahan celebrated 'Chandrayaan Utsav' on dated 13<sup>th</sup> October 2023 vide UGC letter No. D.O. No. 2-52/2023 (CPP-II) Dated 1<sup>st</sup> September 2023, to commemorate India's historic achievement of safe smooth and precise landing of Chandrayaan-3 on lunar south pole. 98 students took part in various activities organized viz. Power point presentations, sketch / poster making, skit and short films on the themes: 'India on Moon', 'New India on Moon', 'Lunar Journey of new India', 'Self Reliant India's Chandrayaan and India's Lunar Missions'. Chandrayaan Utsav started with lighting of lamp and Maa Saraswati Pooja by the Chief guest Principal Dr. P.R. Bhardwaj. Organizers of the event Prof. Richa Kanwar, Prof. Sudesh Sharma and Dr. Anup welcomed the chief guest, other faculty members, participants and students in the Chandrayaan Utsav. Beautiful presentations were presented by the students on India's Lunar Journey. Short films about the views of faculty and students of our college towards India's Chandrayaan missions were also screened. Beautiful sketches / posters on India's historic achievement, made by the students were also displayed in the hall during Chandrayaan Utsav. Skit based on India's Lunar missions viz. Chandrayaan -I, II, III and contribution of ISRO scientists was also performed by the students. Chief guest Dr. P.R. Bhardwaj motivated the students about space exploration and blessed them for their future endeavour. The function ended with a vote of thanks to the chief guest, faculty members and participants.

Department of Physics

1.  (Richa)
2.  (Sudesh Sharma)
3.  (Anup Kanwar)

  
Principal 3/11/2023

Dr. YSPGPGC Nahan

Principal  
Dr. Yashwant Singh Parmar  
Govt. P.G. College, Nahan




**Dr. Y. S. Parmar Govt. P. G. College Nahan**  
**Department of Physics**

**One Day Seminar held on 25-08 -2023**

**Report**

Department of Physics, Dr.Y.S.Parmar Govt. P. G. College Nahan organized a seminar on dated 25-08-2023 to celebrate soft and successful landing of Chandrayaan -III on the Lunar South Pole. Seminar was organized in college conference Hall. Principal of the college Dr. Veena Rathor graced the occasion as chief guest. Physics students presented beautiful power point presentations on India's Lunar missions viz. Chandrayaan-I, Chandrayaan-II, Chandrayaan-III. Total 98 students (including presenters) were present in the seminar. Chandrayaan -III is India's third lunar exploration mission under the Indian Space Research Organization (ISRO) Chandrayaan programme. At the end Chief guest of the seminar Dr. Veena Rathor congratulated the participants and faculty members for successful organization of the Seminar.

  
HOD Physics

  
Principal

Dr. YSPGPCC Nahan  
Principal  
Dr. Yashwant Singh Parmar  
Govt. P.G. College, Nahan







