



DR.Y.S. PARMAR

GOVERNMENT PG COLLEGE NAHAN

DISTT. SIRMOUR HIMACHAL PRADESH

AQAR 2022-23

CRITERION 7

MATRIX 7.1

KEY INDICATOR 7.1.8

Institutional efforts/initiatives in providing an inclusive environment i.e., tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic and other diversities

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1. INTERNATIONAL YOGA DAY on 21th June, 22



DR. YS PARMAR GOVT. PG COLLEGE NAHAN

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NSS Report/2022-23/001

NSS Register Page No 47

Date 21th June 2022

Number Of Volunteers :- 60

International Yoga Day Celebration

Under the collective initiative of the NSS, NCC, and R&R units of this college, a grand celebration of International Yoga Day was organized on the college premises on the 21st of June 2022. This event was conducted in accordance with Letter Number 128 dated 12th June 2022. The program witnessed active participation from various units, with 60 volunteers and 20 teachers joining in the festivities. The inauguration of the event commenced with sessions led by esteemed yoga instructors, enlightening participants about the profound significance of yoga. The enthusiastic involvement of college students and staff members ensured the successful observance of International Yoga Day. Through various yoga asanas and pranayama exercises, participants experienced physical rejuvenation and mental tranquility.

The celebration of International Yoga Day served as a testament to the college's commitment to holistic well-being and spiritual growth. It reinforced the importance of integrating yoga into our daily lives for enhanced physical and mental health.

Dr. Pankaj Chandak
Prof. Monika
NSS P.O. Dr. YSPGPG College Nahan
Dr. Y.S. Parmar GPG College, Nahan

Principal
Dr. Yashwant Singh Parmar
Govt. P.G. College, Nahan
Principal
Dr. YSPGPG College Nahan

अंतरराष्ट्रीय योग दिवस समारोह

डॉ. वाई.एस. परमार राजकीय पोस्ट ग्रेजुएट कॉलेज की राष्ट्रीय सेवा योजना (NSS), एनसीसी, और आरएंडआर इकाइयों के संयुक्त पहल के तहत अंतर्राष्ट्रीय योग दिवस का उत्सव आयोजित किया गया। यह कार्यक्रम पत्र संख्या 128 दिनांक 12 जून 2022 के अनुसार आयोजित किया गया था। इस कार्यक्रम में विभिन्न इकाइयों से 60 स्वयंसेवकों और 20 शिक्षकों का सक्रिय भाग था। कार्यक्रम की शुरुआत विभिन्न योग प्रशिक्षकों के साथ हुई, जो योग के महत्व को समझाने में सहायक रहे। कॉलेज के छात्रों और स्टाफ सदस्यों की सक्रिय भागीदारी से अंतर्राष्ट्रीय योग दिवस का उत्सव सफलतापूर्वक मनाया गया। विभिन्न योग आसनों और प्राणायाम के माध्यम से पारिस्थितिक रचना को स्वस्थ बनाने के लिए सभी ने समर्थन प्रदान किया। अंतर्राष्ट्रीय योग दिवस के उत्सव ने हमें शारीरिक और मानसिक स्वास्थ्य को समाहित करने के लिए योग को अपनाने के महत्व को पुनः साबित किया। हम सभी सहभागियों और हिस्सेदारों का धन्यवाद करते हैं जिन्होंने इस उत्सव को सफल बनाने में योगदान किया।

डॉ. पंकज चांडक
प्रो. मोनिका
राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी

Principal
Dr. Yashwant Singh Parmar
Govt. P.G. College, Nahan

प्राचार्य

Programme Officer
N.S.S.
Dr. Y.S. Parmar GPG College, Nahan

डॉ यशवंतसिंह परमार राजकीय पीजी कॉलेज नाहन

2. Poster Making Competition on Kargil Diwas Celebration on 26th July,22



July

MSC



DR. YS PARMAR GOVT. PG COLLEGE NAHAN

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COLLEGE ACTIVITY

Dated: 26 July 22

Sr. No.	Particulars	Details	Remarks
1	Name of the Department/Unit/Agency	NCC Unit	
2	Name of the Activity	Celebration of 'KARGIL DIWAS'	
3	Name of Collaboration Agency (If Any)	-	
4	Number of student Participants	5 At college level 28 At district level.	
5	Number of Teacher Participants	1	
6	Number of Guest Participants (If Any)	-	
7	Brief Report: NCC Unit celebrated Kargil Diwas in College campus. Five cadets were participated in poster making competition on Kargil Vijay Diwas. 28 Cadets participated at district level function of Kargil Diwas. They gave their tribute to martyrs and participate in a cleanliness drive at Police ground.		


Organizer
 (Name & Signature)


Principal
 Govt. PG College
 Nahani



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NSS Report/2022-23/005

NSS Register Page No 46

Date 26th July 2022

Number Of Volunteers :- 20

District-level Celebration of Kargil Diwas

Venue: SFDA Hall

On 26th July 2022, Kargil Diwas was celebrated at SFDA Hall, commemorating the bravery and sacrifice of our soldiers. The district-level celebration witnessed the participation of approximately 20 NSS volunteers from the NSS unit of Dr. Y.S. Parmar, Govt. P.G. College Nahan, Sirmour, H.P. These volunteers actively contributed to the success of the program through their participation and support.

The event included various activities such as tribute-paying ceremonies, cultural performances, and discussions highlighting the significance of Kargil Diwas. NSS volunteers played a crucial role in organizing and coordinating these activities, ensuring the smooth conduct of the event. Through their participation, NSS volunteers demonstrated their commitment to honoring the valor of our armed forces and spreading awareness about the sacrifices made for the nation's security and integrity.

Dr. Pankaj Chandak
Prof. Monika

Programme Officer

NSS P.O. Dr. YSPGPG College Nahan N.S.S.

Dr. Y.S. Parmar GPG College, Nahan

Principal

Dr. Yashwant Singh Parmar
Govt. P.G. College Nahan
Dr. YSPGPG College Nahan

जिला स्तरीय कारगिल दिवस का उत्सव

स्थान: एसएफडीए हॉल

26 जुलाई 2022 को, हमारे सैनिकों की बहादुरी और बलिदान को याद करते हुए, कारगिल दिवस का उत्सव एसएफडीए हॉल में मनाया गया। इस जिला स्तरीय समारोह में डॉ. वाईएस परमार, सरकारी पी.जी. कॉलेज नाहन, सिरमौर, एच.पी. के एनएसएस इकाई के लगभग 20 स्वयंसेवकों ने भाग लिया। इन स्वयंसेवकों ने अपने भागीदारी और समर्थन से कार्यक्रम को सफल बनाने में योगदान किया।

इस कार्यक्रम में भक्ति-अर्पण समारोह, सांस्कृतिक प्रस्तुतियाँ, और चर्चाएं शामिल थीं जिनमें कारगिल दिवस के महत्व को उजागर किया गया। एनएसएस स्वयंसेवकों ने इन गतिविधियों का आयोजन और समन्वय किया, कार्यक्रम का सहयोग करते हुए सुनिश्चित किया कि यह संचालन सुचारू रहे। अपने भागीदारी के माध्यम से, एनएसएस स्वयंसेवकों ने हमारे सशस्त्र बलों के शौर्य का सम्मान करने और देश की सुरक्षा और अखंडता के लिए किए गए बलिदानों के बारे में जागरूकता फैलाने की अपनी प्रतिबद्धता का प्रदर्शन किया।

डॉ. पंकज चांडक

प्रो. मोनिका

राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी

Programme Officer

N.S.S.

Dr. Y.S. Parmar GPG College, Nahan

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Dr. Yashwant Singh Parmar
Govt. P.G. College, Nahan

डॉ. यशवंतसिंह परमार राजकीय पीजी कॉलेज नाहन

3. EBSB-IDC on 1st August to 16th August,22

 **राष्ट्रीय कैडेट कोर** 
NATIONAL CADET CORPS




2 Punjab Girls Bn NCC
Jalandhar

प्रमाण-पत्र
CERTIFICATE

EK BHARAT SHRESHTH BHARAT - INDEPENDENCE DAY CAMP 2022

प्रमाणित किया जाता है कि संख्या
This is to certify that No. HP20.SWA.290.715 पद
Rank Cadet

नाम
Name Jasmeen Kaur इकाई
Unit 1 HP (1) Coy NCC Nahan

ने ०१ अगस्त से १६ अगस्त २०२२ तक डी जी एन सी सी कैंप दिल्ली कैंट में एक भारत श्रेष्ठ भारत शिविर (ईबीएसबी) - स्वतंत्रता दिवस शिविर में अपने रा०के०को०.....
निदेशालय का प्रतिनिधित्व किया। शिविर के दौरान इनका आचरण रहा।

Represented NCC PHHP & CHD Directorate at the
Ek Bharat Shreshth Bharat Camp (EBSB) - Independence Day Camp held at
NCC Parade Ground, Delhi Cantt From 01 August 2022 To 16 August 2022

His/Her Conduct during the Camp was.....

स्थान
Place : Delhi
दिनांक
Date : Aug 2022


(Sushil Bugalia)
Colonel
Camp Commandant

4. Azadi Ka Amrit Mahotsav on 6 August to 15 August 2022

Dr. Y. S. Parmar Govt. PG .College Nahan (R&R Unit)

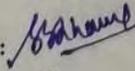
Reports of the activities performed during session 2022-23 by the Rovers and Rangers Unit of Dr. Y .S. Parmar.
Govt. P. G College Nahan.

Dated: 15th Aug, 2022

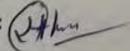
R&R REPORT

Sr. No.	Particulars	Details	Remarks
1	Name of the Department/Unit/Agency	<u>R&R unit</u>	
2	Name of the Activity	Independence day celebration	
3	Name of Collaboration Agency(If Any)	R&R, NCC & NSS	
4	Number of student Participants	05	
5	Number of Teacher Participants	05	
6	Number of Guest Participants (If Any)	01	
Brief Report : On the occasion of Independence Day celebrations on 15th August 2022, Rover / Ranger unit of the college along with other units N.S.S. and N.C.C. Participated in the Rhythmic March Past.			
			

Rover's leader:



Ranger's leader:



Principal

Dr. Yashwant Singh Parmar
Govt. P.G. College, Nahan

5. International Youth Day Campaign” on 12th August 2022 to 31st August, 2022

Dr. Y.S. Parmar Govt. P.G. College Nahan, Dist. Sirmour (H.P.)

RED Ribbon Club

HIV Prevention Campaign i.e. August 12-31st, 2022

Theme: Intergeneration Solidarity: Creating a World for All Age

Campaign Slogan: “HIV ke Samne Hum Jhukenge Nahi”

Report

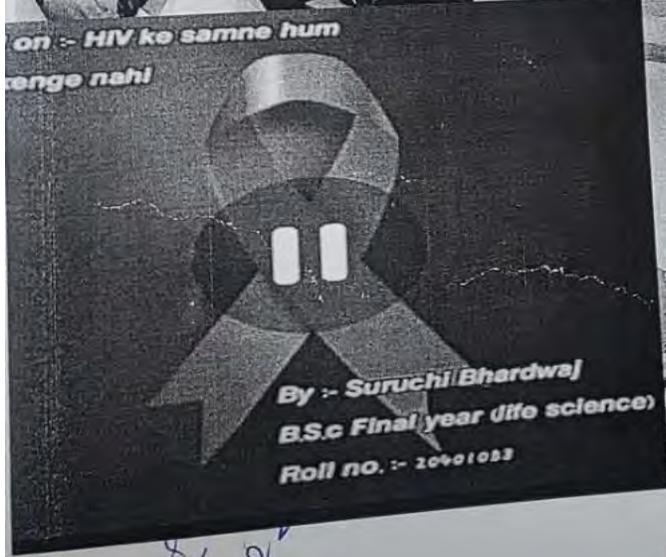
HIV Prevention Campaign was organized by Red Ribbon Club , Dr. Y.S. Parmar P.G. College Nahan w.e. f. **August 12-31st, 2022** **Theme: Intergeneration Solidarity: Creating a World for All Age.** Professor Sulaxna Sharma and Dr. Vineet Kumar Assistant Professor Department of Zoology, Dr. Anup Kumar, Assistant Professor Department of Physics and Prof. Preeti Chauhan Assistant Professor Department of Botany were the organizers of the event. A large number of students participated in the event and different activities with related theme (i) HIV Prevention Rally, “HIV/AIDS Awareness”, (ii) Poster Making Competition, “Intergeneration Solidarity: Creating a world for all age”, (iii) Short Story Writing Competition, “HIV/AIDS Awareness” (iv) Reel Making and One minute Extempore and speech, “HIV ke Samne Hum Jhukenge Nahi” were organized on dated August 12th , 16th ,17th ,18th , 2022, respectively. More than 100 students of B.Sc life Science (2nd year & 3rd year) attended the same. Closing ceremony of the week was organized on 18-08-2022. Dr. Veena Rathore Principal, Dr. Y.S. Parmar Govt. P.G. College Nahan was the chief guest. Programme started with the warm welcome of the chief guest. Badge pinning was done as mark of respect to the chief guest. Posters were displayed and Reels were projected on the display screen in the department of Zoology Dr. Vikas Guleria Department of Botany and Professor Chinu Bansal Department of Physics were the judges for the aforesaid activities. Principal Dr. Veena Rathore talked on HIV prevention awareness and had a great interaction with the students. The names of the winners of the activities were announced by the chief guest. Lastly, event was ended with vote of thanks by Professor Sulaxna Sharma.

List of the winner students

- **Poster Making Competition:** 1st : Priya B.Sc. 2nd year, 2nd : Isha B.Sc. 3rd year, 3rd : Sakshi Thakur B.A. 3rd year
- **Short Story writing Competition:** 1st : Mimansha Kaushal B.Sc. 2nd year, 2nd : Saloni Sharma B.Sc. 3rd year , 3rd : Sudesh B.Sc. 3rd year
- **Reel Making:** 1st : Surichi B.Sc. 3rd year, 2nd : Saloni B.Sc. 3rd year, 3rd : Sudesh B.Sc. 3rd year
- **One minute Extempore and speech:** 1st : Saloni B.Sc. 3rd year , 2nd : Ritu B.Sc. 3rd year , 3rd : Anjali B.Sc. 3rd year

Sharma
18/8/22

[Signature]



Shruti
18/07/2022

Suruchi

Red Ribbon Club International Youth day ⁽¹⁾
 to e.f
 August 12, 2022 to August 31, 2022



Dhars
 18/8/22

[Handwritten signature]



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No-GCN-15/2022

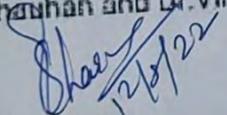
Date:- 12th Aug. 2022

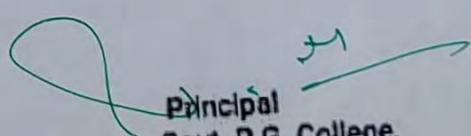
NOTICE

Red Ribbon Club, Dr. Dr. Y.S. Parmar Govt. P.G. College Nahan, Dist. Sirmour (H.P.) is organizing different activities as a HIV Prevention Campaign in college campus on the occasion of International Youth Day w.e.f. August 12, 2022 to August 31, 2022. Interested students may participate in the following activities:

S.No	Name of Activity	Date	Time	Venue	Theme
1.	HIV Prevention Rally	12-08-2022	10:00 AM	College Campus	HIV /AIDS Awareness
2.	Poster Making Competition	16-08-2022	10:00 AM	Zoology Lab	Intergeneration Solidarity : Creating a world for all age
3.	Short Story Writing Competition	17-08-2022	10:00 AM	Zoology Lab	HIV /AIDS Awareness
4.	i) Real Making Competition ii) One minute Extempore and Speech	Real entries to be submitted through email id Last Date : 18-08-2022			HIV Kae Samne Hum Jhukegne Nhi

Interested students may give their names for the aforesaid activities to Prof. Preeti Chauhan and Dr. Vineet Kumar


Convener


Principal
Govt. P.G. College,
Nahan, Distt. Sirmour

6. National level online quiz on Hindi Diwas on 14th September 2022



NSS Report/2022-23/014 NSS Register Page No 53 Date 15th September 2022
Number Of Volunteers :- 150

National Hindi Day Quiz Competition

On September 15, 2022 in commemoration of National Hindi Day, Dr. Pankaj Chandak, NSS PO of Dr. Y.S. Parmar Government P.G. College, Nahan, organized an online quiz competition. More than 150 students and professors from the college participated in this event. Following the quiz competition, online certificates were distributed to the participants.

This initiative aimed to promote the importance of Hindi language and literature among students and faculty members. The quiz covered various aspects of Hindi language, literature, and culture, providing an opportunity for participants to test their knowledge and enhance their understanding of Hindi.

The active participation of students and professors reflected their enthusiasm and interest in celebrating the rich cultural heritage associated with the Hindi language. The distribution of certificates served as recognition for their participation and encouraged continued engagement with Hindi language and literature.

Dr. Pankaj Chandak
Prof. Monika
NSS P.O. Dr. YSPGPG College Nahan
Programme Officer
N.S.S.
Dr. Y.S. Parmar GPG College, Nahan

Principal
Dr. Yashwant Singh Parmar
Govt. P.G. College, Nahan
Principal
Dr. YSPGPG College Nahan

राष्ट्रीय हिंदी दिवस प्रश्नोत्तरी आयोजन

15 सितंबर 2022 को, राष्ट्रीय हिंदी दिवस के उपलक्ष में, डॉ। वाई.एस. परमार सरकारी पी.जी. कॉलेज, नाहन की एनएसएस यूनिट के प्रोफेसर पंकज चांडक ने एक ऑनलाइन प्रश्नोत्तरी प्रतियोगिता का आयोजन किया। कॉलेज के 150 से अधिक छात्र और प्रोफेसर इस कार्यक्रम में भाग लिया। प्रश्नोत्तरी के पश्चात, प्रतियोगियों को ऑनलाइन प्रमाणपत्र वितरित किए गए। इस पहल का उद्देश्य छात्रों और अध्यापकों के बीच हिंदी भाषा और साहित्य के महत्व को प्रोत्साहित करना था। प्रश्नोत्तरी में हिंदी भाषा, साहित्य, और संस्कृति के विभिन्न पहलुओं पर प्रश्न थे, जिससे प्रतिभागियों को अपने ज्ञान को परीक्षण करने और हिंदी के बारे में अपने ज्ञान को बढ़ाने का अवसर प्राप्त हुआ। प्रमाणपत्रों की वितरण से उनके भागीदारी का सम्मान किया गया और हिंदी भाषा और साहित्य के साथ निरंतर संवाद को प्रोत्साहित किया गया।

डॉ. पंकज चांडक
प्रो. मोनिका
राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी
Programme Officer
N.S.S.
Dr. Y.S. Parmar GPG College, Nahan

Principal
Dr. Yashwant Singh Parmar
Govt. P.G. College, Nahan
Principal
डॉ यशवंतसिंह परमार राजकीय पीजी कॉलेज नाहन

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— NDTJCC —

प्रतिष्ठान एवं खेल मंत्रालय व युवा उत्सव एवं युवा संवाद के अंतर्गत नेहरु युवा केंद्र द्वारा राजकीय विद्यालय पञ्जीता में आयोजित होने वाले विभिन्न प्रतियोगिता हेतु चयन जारि का आयोजन 03/04/2022 को कोलेज हॉल में किया गया था जिसे से निम्न 34 विद्यार्थियों का चयन पञ्जीता जाने हेतु किया गया है।

Sr No.	प्रतियोगिता	NO	Name	Roll No	Mobile No	Signature
1	कविता लेखन	1	Suhani Attri	20506054	8988666100	Suhani
		2	Rukhsar	22521040	8091351772	Rukhsar
2	पोस्टर मेकिंग	3	Manisha Chauhan	20451176	6230315409	Manisha
		4	Tanya Sharma	20521251	8626854024	Tanya
3	फोटोग्राफी	5	Ayan	20120030	8580432373	Ayan
		6	Manisha	21506282	9015261547	Manisha
4	भाषण	7	Nitin	22451053	9805442546	Nitin
		8	Himanshu	22521073	9418661587	Himanshu
		9	Ashok	22508061	8278776812	Ashok
5	निबन्ध लेखन	10	Ritika Saraswati	20506048	6230730770	Ritika
		11	Sahiba	22506039	8580921744	Sahiba
6	नारा लेखन	12	Sanjay Kumar	22521050	8278746935	Sanjay
		13	Poonam	20506037	8219434173	Poonam
7	कोलॉज मेकिंग	Re	Tanya Sharma	20521251	8626854024	Tanya
8	सामान्यज्ञान क्विज-03	14	Pooja Sharma	20506050	7876609616	Pooja
		15	Gaurav	20521268	6230344873	Gaurav
		16	Harish	22521022	7018386487	Harish
9	युवा संवाद	17	Neha	20506062	7876616260	Neha
		Re	Suhani Attri	20506054	8988666100	Suhani
		18	Ashwani Thakur	20506066	8278798837	Ashwani
		Re	Nitin	22451053	9805442546	Nitin
10	लोक नृत्य टीम	Re	Poonam	20506037	8219434173	Poonam
		Re	Suhani Attri	20506054	8988666100	Suhani
		19	Tannu	20513216	7876645526	Tannu
		20	Anjali	20506094	8091055235	Anjali
		21	Yogesh	20521241	9805175359	Yogesh
		22	Ritika	21553114	7876687454	Ritika
		23	Lalit	21506280	7018846701	Lalit
		24	Tanisha Pundir	21553175	7876420741	Tanisha
		25	Preeti Tomar	20506041	7807818692	Preeti
		26	Akshat	20506025	7876651982	Akshat
		27	Pankaj	20506091	7807798684	Pankaj
		28	Sapna	20553528	7876470154	Sapna
		29	Hitesh	22521053	6230327348	Hitesh
		30	Promila	20506064	8091160337	Promila
		31	Leena Sharma	20506046	7807957099	Leena
		32	Sachin	20513166	8544768522	Sachin
		33	Sumit	20513186	8580656841	Sumit
34	Pravesh Thakur	21521437	6230908998	Pravesh		

प्रोग्राम अधिकारी

श्री पंकज चाडक
श्रीमति शोबिका कुमारी

Principal
Dr. Yashwanth Singh Parmar
Govt. P.G. College, Nahau
D.D.O. Code - 210

7. Greeting of 'Fit India Bike Rally' on 23th September 2022

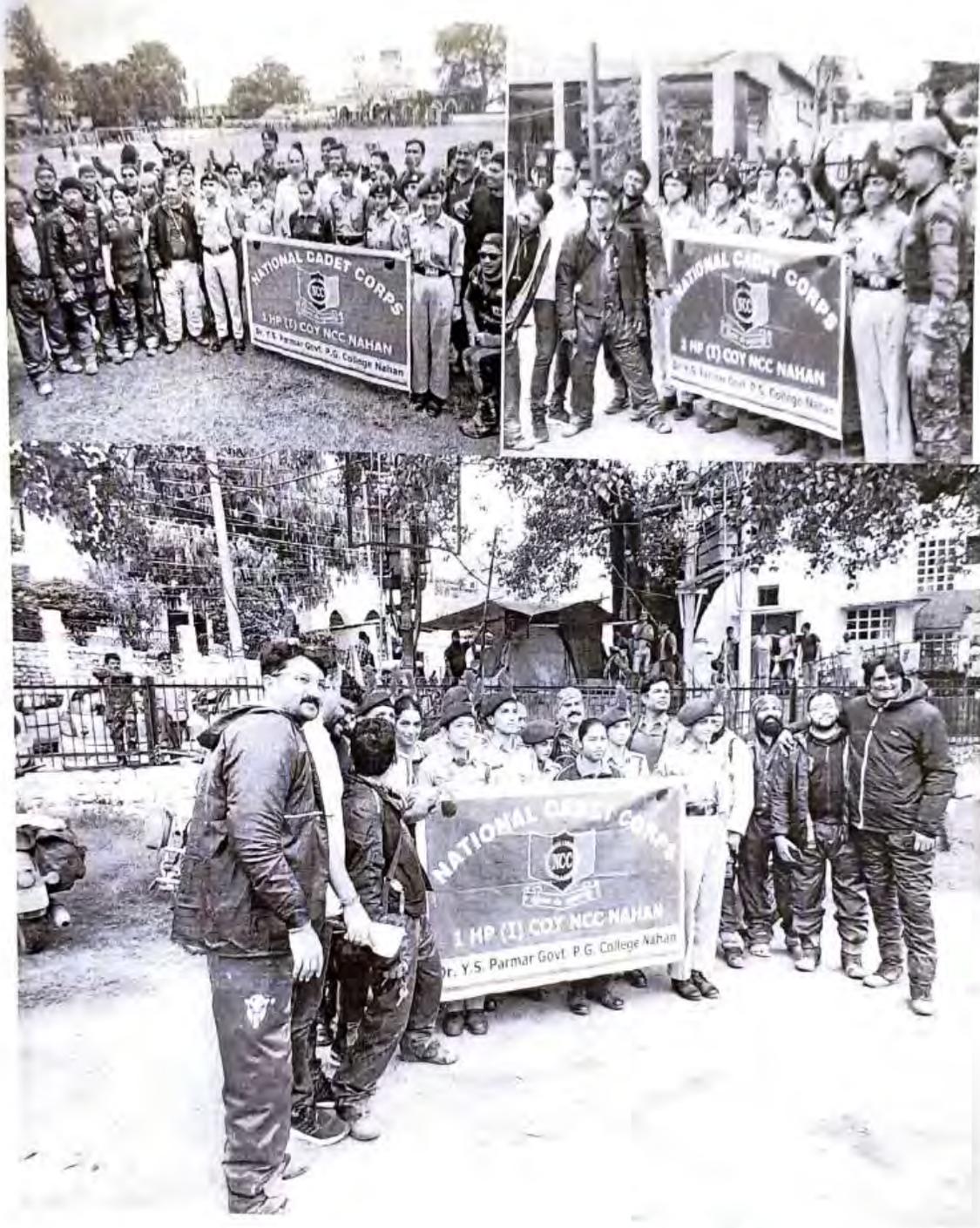
COLLEGE ACTIVITY

Dated: 23/9/22

Sr. No.	Particulars	Details	Remarks
1	Name of the Department Unit/Agency	NCC Unit	
2	Name of the Activity	Welcome program for	Cleanliness under
3	Name of Collaboration Agency (If Any)	BIKERALLY of FIT India and Organized by District Administration, NYK, 50	Swachh Bharat Abhiyan at Chougan
4	Number of student Participants	15 cadets	+ 16 cadets (SBA Abhiyan)
5	Number of Teacher Participants	-	
6	Number of Guest Participants (If Any)	DC, Simmowr.	
7	Brief Report:	District Administration of Simmowr with NYK, Simmowr and sports Department organized a Welcome program for Bike Rally a prersage of FIT INDIA under Azadi Ka Amrit Mochsav. 15 cadets of NCC Unit of College were participated as volunteer to welcome the bikers of Bike Rally of FIT INDIA. Cadets welcome and encourage the bikers with special clap of NCC. 16 cadets participated in cleanliness drive under swatch Bharat Abhiyan at chougan after fit India Programme	

[Signature]
 ANS ORGANIZER, NCC
 (Name & Signature)

[Signature]
 Principal College
 GOVT. PRINCIPAL
 Nahan



[Handwritten signature]

Principal
Govt PG College
Nahan



AMITA SINGH
ODISHA
MUCH LOVE
FROM
TAMILNADU
SIVANNA
HO THE
BEST
SANGHVI
Best of Luck
Roshini
Dr. Y.S.P. Govt. P.G. College
Nahan

SHRUTI ANAND
FIT
INDIA

WELCOME YOU

Fit...
India.
Azadi Ka
Amrit Mahotsav



97366007
Freedom Moh. RBE
Haryana Moh.
Director

SVK
Prof. Mohan

906021825
Srinivasaiah
Prof. Professor Chemist
NSS
ITCBBPF

Principals
03/09/20



DR. YS PARMAR GOVT. PG COLLEGE NAHAN

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**NSS Report/2022-23/015 NSS Register Page No 53 Date 23th September 2022
Number Of Volunteers :- 50**

Fit India Bike Rally Welcome and Felicitation

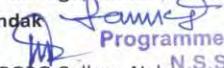
Venue: Chogan Maidan, Nahan, Sirmour, Himachal Pradesh

Under the auspices of the Ministry of Youth Affairs and Sports, a historic Fit India Bike Rally was organized, and the NSS unit of Dr. Y.S. Parmar Govt. PG College, Nahan, extended a warm welcome to the bikers upon their arrival at the rally's venue. With enthusiasm, NSS volunteers greeted the bikers, showcasing their support and appreciation for this significant event.

A welcome poster, crafted by an NSS volunteer, adorned with vibrant designs and welcoming messages, was displayed. Around 75 bikers from various parts of the country graciously provided autographs on the poster, symbolizing unity and solidarity. The framed poster was presented with utmost reverence to Dr. Veena Rathore, Principal of Dr. Y.S. Parmar Government Post Graduate College, Nahan. Dr. Rathore graciously accepted the framed poster and directed it to be showcased in the college gallery, symbolizing the college's pride and support for the Fit India initiative.

This event exemplified the spirit of camaraderie and support for initiatives aimed at promoting fitness and well-being among the youth. The NSS unit of Dr. Y.S. Parmar Government Post Graduate College, Nahan, remains committed to supporting such endeavors in the future.

Dr. Pankaj Chandak
Prof. Monika


Programme Officer
N.S.S.
Dr. Y.S. Parmar GPG College, Nahan

NSS P.O. Dr. YSPGPG College Nahan


Principal

Dr. Yashwant Singh Parmar
Principal
Dr. YSPGPG College Nahan

फिट इंडिया बाइक रैली का स्वागत व अभिनंदन

स्थान: चोगान मैदान, नाहन, सिरमौर, हिमाचल प्रदेश

खेल और युवा कार्य मंत्रालय के आधीन एक ऐतिहासिक फिट इंडिया बाइक रैली का आयोजन किया गया, और डॉ. वाई.एस. परमार सरकारी पोस्ट ग्रेजुएट कॉलेज, नाहन के एनएसएस यूनिट ने रैली के मैदान में आगमन पर बाइकर्स का गर्मजोशी से स्वागत किया। एनएसएस स्वयंसेविका द्वारा बनाए गए स्वागत पोस्टर पर देश के विभिन्न कोनों से आए 75 बाइकर्स ने autographs दिए, जिसे फ्रेम करके महाविद्यालय नाहन की प्राचार्य डॉ. वीणा राठौर को सप्रेम भेंट किया गया। उन्होंने उसे महाविद्यालय गैलरी में लगवा दिया।

डॉ. पंकज चांडक

प्रो. मोनिका

राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी

Programme Officer
N.S.S.

Dr. Y.S. Parmar GPG College, Nahan


Principal

Dr. Yashwant Singh Parmar
Principal
Govt. PG College, Nahan

डॉ. यशवंतसिंह परमार राजकीय पीजी कॉलेज नाहन

8. NSS FOUNDATION DAY on 24th September 2022



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NSS Report/2022-23/016 NSS Register Page No 54 Date 24th September 2022

Number Of Volunteers :- 150

National Service Scheme (NSS) Day 2022 Celebration

The National Service Scheme (NSS) Day was celebrated with great enthusiasm at Dr. Y.S. Parmar Govt PG College, Nahan, under the guidance of Program Officers Professor (Dr.) Pankaj Chandak and Professor Monica Kumari. Various activities were organized during this one-day camp, showcasing the cultural diversity of the region. Professor (Dr.) Pankaj Chandak provided an insightful presentation on the history, significance, and objectives of NSS, introducing the new volunteers to its principles.

The highlight of the event was an address by Principal Veena Rathore, who enlightened the students about the importance of selfless service. Following the program, a collective feast prepared by the NSS volunteer Pravesh and team was enjoyed by all participants.

Dr. Pankaj Chandak
Prof. Monika

Programme Officer

NSS P.O. Dr. YSPGPG College Nahan

Dr. Y.S. Parmar GPG College, Nahan

Principal

Dr. Yashwant Singh Parmar

Dr. YSPGPG College Nahan

राष्ट्रीय सेवा योजना (एनएसएस) दिवस 2022 समारोह

डॉ. वाई.एस. परमार सरकारी पोस्ट ग्रेजुएट कॉलेज, नाहन में राष्ट्रीय सेवा योजना (एनएसएस) दिवस का आयोजन प्रोफेसर पंकज चांडक और प्रोफेसर मोनिका कुमारी के मार्गदर्शन में उत्साहपूर्वक किया गया। इस एक दिवसीय शिविर में कई गतिविधियों का आयोजन किया गया, जो क्षेत्र की सांस्कृतिक विविधता को प्रस्तुत करती थीं। प्रोफेसर पंकज चांडक ने एनएसएस के इतिहास, महत्व और उद्देश्यों पर एक जोशपूर्ण प्रस्तुति दी, जिससे नए स्वयंसेवकों को इसके सिद्धांतों से अवगति मिली। प्राचार्या वीणा राठौड़ द्वारा दिये गये भाषण में छात्रों को निःस्वार्थ सेवा के महत्व के बारे में जागरूक किया। कार्यक्रम के बाद, एनएसएस स्वयंसेवकों द्वारा तैयार किए गए समूहिक भोजन का आनंद उठाया गया।

डॉ. पंकज चांडक

प्रो. मोनिका

राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी

Programme Officer

N.S.S.

Dr. Y.S. Parmar GPG College, Nahan

Principal

Dr. Yashwant Singh Parmar

Dr. YSPGPG College, Nahan

डॉ यशवंतसिंह परमार राजकीय पीजी कॉलेज नाहन





9. District level Swachh Bharat Abhiyan 2.0 on 1st October 2022



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NSS Report/2022-23/017 NSS Register Page No 54 Date 01st October 2022

Number Of Volunteers :- 50

Inauguration of Swachh Bharat Abhiyan 2.0

In a joint effort organized by the NSS unit of Dr. Y.S. Parmar Government P.G. College, Nahan, and the Nehru Yuva Kendra, Nahan, the Principal, Dr. Veena Rathore, inaugurated Swachh Bharat Abhiyan 2.0 by administering the cleanliness oath to students and volunteers. The event aimed to promote cleanliness and hygiene in the district of Sirmaur.

Mr. Anil Dogra, coordinator of NYK, and program officer Mr. Pankaj Chandak briefed the students about the initiatives undertaken last year and the forthcoming plans. Following this, under the leadership of Prof. Pankaj Chandak and Prof. Monika Kumari, students conducted a cleanliness drive within the college premises as part of the waste management campaign, ensuring a cleaner environment.

Dr. Pankaj Chandak

Prof. Monika

NSS P.O. Dr. YSPGPG College Nahan

Programme Officer

N.S.S.
Dr. Y.S. Parmar GPG College, Nahan

Principal

Dr. Yashwant Singh Parmar
Principal
Dr. YSPGPG College Nahan

स्वच्छ भारत अभियान 2.0 का उद्घाटन

स्वच्छ भारत अभियान 2.0 का शुभारंभ महाविद्यालय नाहन की एनएसएस यूनिट व नेहरू युवा केंद्र नाहन के संयुक्त तत्वाधान में आयोजित एक कार्यक्रम में प्राचार्य डॉक्टर वीणा राठौर ने विद्यार्थियों व स्वयंसेवकों को स्वच्छता की शपथ दिलाकर जिला सिरमौर में स्वच्छ भारत अभियान 2.0 का शुभारंभ किया। एनवाईके के संयोजक श्री अनिल डोगरा व कार्यक्रम अधिकारी श्री पंकज चांडक ने गत वर्ष व आगामी कार्ययोजना से विद्यार्थियों को अवगत करवाया। इसके पश्चात प्रोफेसर पंकज चांडक व प्रोफेसर मोनिका कुमारी के नेत्रत्व में विद्यार्थियों ने कॉलेज परिसर में कचरे के अभियान के तहत परिसर को स्वच्छ किया।

डॉ. पंकज चांडक

प्रो. मोनिका

राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी

Programme Officer

N.S.S.

Dr. Y.S. Parmar GPG College, Nahan

Principal

Dr. Yashwant Singh Parmar
Govt. P.G. College, Nahan

डॉ यशवंतसिंह परमार राजकीय पीजी कॉलेज नाहन

10.Cleanliness drive in Pajhota Valley on 8th October to 9th October 2022



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NSS Report/2022-23/020 NSS Register Page No 55 Date 09th October 2022
Number Of Volunteers :- 34

Cleanliness Campaign (Under Swachh Bharat Abhiyan 2.0) in Pajhota Region

Venue:-GC Pajohta

Following the district-level competitions organized by NYK, the NSS unit of Dr. Y.S. Parmar Government P.G. College, Nahan, in collaboration with NYK Nahan, undertook a cleanliness campaign as part of Swachh Bharat Abhiyan 2.0 in the Pajhota region, particularly in the villages of Patteepateel and Jalogg. The campaign aimed to promote cleanliness and raise awareness among the villagers about the importance of cleanliness.

The NSS volunteers actively participated in cleaning activities, including waste collection, segregation, and disposal. They also engaged with the villagers to educate them about the importance of maintaining cleanliness for their health and well-being. Additionally, awareness sessions were conducted to highlight the adverse effects of littering and the benefits of a clean environment.

The collaborative effort of NSS volunteers and NYK played a significant role in making the cleanliness campaign successful. The impact of the campaign was visible as the villagers actively participated and pledged to maintain cleanliness in their surroundings. This initiative not only contributed to the cleanliness drive but also fostered a sense of responsibility towards the environment among the local communities.

This initiative underscores the commitment of NSS towards community service and environmental conservation, promoting the ideals of cleanliness and hygiene for a healthier and sustainable future.

Dr Pankaj Chandak

Prof. Monika

NSS P.O. Dr. YSPGPG College Nahan


Programme Officer
N.S.S.
Dr. Y.S. Parmar GPG College, Nahan


Principal
Dr. Yashwant Singh Parmar
Govt. P.G. College, Nahan
Principal
Dr. YSPGPG College Nahan

पड़ौता क्षेत्र में स्वच्छता अभियान (स्वच्छ भारत अभियान 2.0 के तहत)

NYK की जिला स्तरीय प्रतियोगिताओं के बाद नाहन महाविद्यालय की NSS इकाई व NYK नाहन के संयुक्त तत्वाधान में, पड़ौता क्षेत्र में पट्टीपटेल और जलोग गाँवों में स्वच्छता अभियान 2.0 के अंतर्गत साफ सफाई की गई। तथा गांव वासियों को भी स्वच्छता हेतु जागृत किया। यह अभियान स्वच्छता को प्रोत्साहित करने और गाँववालों को स्वच्छता के महत्व के बारे में जागरूक करने का उद्देश्य रखता था।

डॉ.पंकज चांडक

प्रो. मोनिका

राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी

Programme Officer

N.S.S.

Dr. Y.S. Parmar GPG College, Nahan


Principal
Dr. Yashwant Singh Parmar
Govt. P.G. College, Nahan
Principal
डॉ यशवंतसिंह परमार राजकीय पीजी कॉलेज नाहन



11. Construction of ramp along with Cleanliness drive in college on 14th October,2022

Dr. Y. S. Parmar Govt. PG .College Nahan (R&R Unit)

Reports of the activities performed during session 2022-23 by the Rovers and Rangers Unit of Dr. Y .S. Parmar. Govt. P. G College Nahan.

Dated: 16th to 21st Nov. 2022

R&R REPORT

Sr. No.	Particulars	Details	Remarks
1	Name of the Department/Unit/Agency	<u>R&R UNIT</u>	
2	Name of the Activity	Pre-RDC Camp	
3	Name of Collaboration Agency(If Any)	R&R UNIT	
4	Number of student Participants	10	
5	Number of Teacher Participants	-	
6	Number of Guest Participants (If Any)	-	
7	 <p>Brief Report:</p> <p>5 Rovers and 5 Rangers participated in Pre-R.D.C. Selection Camp organized from 16th to 21st November at State Training Center Bharat Scouts and Guides Rewalsar, Mandi out of which all five Rovers and one Ranger of the college were selected for State Parade on 26th January . In which the selected rowers are Kamal, Himanshu, Surjan, Pawan, Ajay and Ranger Tanu.</p>		

Rover's leader:

Bahamg

Ranger's leader:

Ahs

Principal

[Signature]

Dr. Yashwant Singh Parmar
Govt. P.G. College, Nahan



NSS Report/2022-23/021 NSS Register Page No 56 Date 14th October 2022
Number Of Volunteers :- 80

Special Cleanliness Campaign as part of Swachh Bharat Abhiyan 2.0
Before HPU Youth Festival Group-4

On 14th October, under the joint initiative of the NSS unit of Dr. Y.S. Parmar, Govt. P.G. College Nahan, and NYK Nahana, a special cleanliness campaign was organized in the college campus and surrounding areas as part of the All India Swachh Bharat Abhiyan 2.0. NSS volunteers of the college conducted a rally to spread the message of cleanliness.

During this event, NSS volunteers collected 40 bags of waste, and with the assistance of Nahana Municipal Council, the waste was appropriately disposed of. This initiative aimed to raise awareness about cleanliness and encourage active participation in maintaining cleanliness in our surroundings.

Dr Pankaj Chandak
Prof. Monika
NSS P.O. Dr. YSPGPG College Nahana

Programme Officer
N.S.S.

Principal
Dr. Yashwant Singh Parmar
Dr. YSPGPG College Nahana

विश्वविद्यालय युवा महोत्सव ग्रुप-2 से पहले विशेष स्वच्छता अभियान
(स्वच्छ भारत अभियान 2.0 के तहत)

एनएसएस, डॉ. वाईएस परमार, सरकारी पी.जी. कॉलेज नाहन, और एनवाईके नाहन के संयुक्त पहल के तहत, स्वच्छ भारत अभियान 2.0 के रूप में एक विशेष स्वच्छता अभियान का आयोजन किया गया। महाविद्यालय के एनएसएस स्वयंसेवकों ने स्वच्छता के संदेश को फैलाने के लिए रैली निकाली।

इस घटना के दौरान, एनएसएस स्वयंसेवकों ने 40 बैग कचरा एकत्र किया, और नाहन नगर परिषद की सहायता से कचरे का उचित निस्तारण किया गया। यह पहल स्वच्छता के बारे में जागरूकता बढ़ाने और हमारे आस-पास की स्वच्छता को बनाए रखने में सक्रिय भागीदारी को प्रोत्साहित करने का उद्देश्य रखती थी।

डॉ. पंकज चांडक
प्रो. मोनिका
राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी

Programme Officer
N.S.S.
Dr. Y.S. Parmar GPG College, Nahana

Principal
Dr. Yashwant Singh Parmar
Govt. P.G. College Nahana

डॉ. यशवंतसिंह परमार राजकीय पीजी कॉलेज नाहन





DR. YS PARMAR GOVT. PG COLLEGE NAHAN

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01702-251107

NSS Report/2022-23/012 NSS Register Page No 52 Date 13th September 2022
Number Of Volunteers :- 131

Construction of Ramp and College Cleanliness

On September 13th, due to heavy rainfall, the second entrance gate ramp at Dr. Y.S. Parmar Government P.G. College, Nahan, Sirmour, H.P was partially damaged, causing inconvenience. In response to Principal Dr. Veena Rathore's directive, NSS Officer Pankaj Chandak and Professor Monica, under their guidance, organized a team of NSS volunteers to address the issue.

The NSS volunteers successfully constructed a 4-foot ramp and completed the repair work, along with cleaning the drainage channels. Furthermore, they made special arrangements for the cleanliness of the college premises in preparation for the upcoming district-level disaster relief camp.

The proactive involvement of NSS volunteers in these activities showcases their commitment to community service and environmental conservation. Their efforts not only resolved the immediate problem but also contributed to the overall improvement of the college environment.

Dr. Pankaj Chandak
Prof. Monika
NSS P.O. Dr. YSPGPG College Nahan, S.S.
Dr. Y.S. Parmar GPG College, Nahan

Principal
Dr. Yashwantsingh Parmar
Dr. YSPGPG College Nahan

महाविद्यालय द्वितीय गेट पर रैंप निर्माण व महाविद्यालय स्वच्छता

13 सितंबर, नानहन, गत रात्रि बारिश के कारण राजकीय महाविद्यालय नहान के द्वितीय प्रवेश द्वार के आगे रैंप का दो-ढाई फीट का कटाव हो जाने के कारण भारी असुविधा उत्पन्न हो गई थी। जिसको दूर करने हेतु प्रिंसिपल डॉ वीणा राठौर के आदेशानुसार एनएसएस ऑफिसर पंकज चांडक व प्रोफेसर मोनिका के निर्देशन में नहान महाविद्यालय के एनएसएस स्वयंसेवकों ने 4 फीट के रैंप का निर्माण कर कटाव बंद किया। साथ ही निकासी नालियों की सफाई की। इसके अलावा, आगामी जिला स्तरीय आपदा राहत शिविर के लिए कॉलेज परिसर की सफाई के लिए विशेष व्यवस्था की गई। एनएसएस स्वयंसेवकों की इन क्रियाओं में उनके समाज सेवा और पर्यावरण संरक्षण के प्रति उनकी प्रतिबद्धता का प्रदर्शन होता है। उनके प्रयासों ने न केवल तत्काल समस्या का समाधान किया बल्कि कॉलेज के परिवेश के समग्र सुधार में भी सहायक बना।

डॉ. पंकज चांडक
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Dr. YSPGPG College Nahan
डॉ यशवंतसिंह परमार राजकीय पीजी कॉलेज नहान





DR. YS PARMAR GOVT. PG COLLEGE NAHAN

EST. 1963



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01702-251107



No-GCN-R & R/2022

Date:- Oct. 2022

OFFICE ORDER

With reference to letter No- HFW/N/AIDS/RRC/2019-5525 dated 19-10-2022 received from District AIDS Programme officer, District Sirmour(HP), the following students of this college are nominated for taking part in Quiz competition for Red Ribbon Club at District Level on 22-10-2022 at Hotel Heritage Sanyam Nahan.

Sr.No	Name	Class	Roll NO
1	Alisha	B.Sc 3 rd Year	2200630017
2.	Suruchi	B.Sc 3 rd Year	2200630148

Principal
Govt. P.G. College,
Nahan, Distt. Sirmour

Endst no & Dated -Even

Copy to

1. The District AIDS Programme officer, District Sirmour(HP), for information
2. In-Charge Red Ribbon Club for compliance.

22/10/22
Principal
Govt. P.G. College,
Nahan, Distt. Sirmour
Supdt. G.I

Seen

12. Organized online National level quiz , Rally and exhibition on National Unity Day on 31st October 2022



NSS Report/2022-23/024 NSS Register Page No 57 Date 31st October 2022
Number Of Volunteers :-155

National Unity Day- Unity Rally, Exhibition & National Quiz

On the occasion of National Unity Day, the NSS unit of Dr. Y.S. Parmar, Govt. P.G. College Nahan, Sirmour, H.P organized a series of events under the guidance of Program Officers Prof. Pankaj Chandak and Prof. Monika Kumari. The events included a unity rally, oath-taking ceremony, and an exhibition on the life of the Iron Man of India, Sardar Patel.

Following the exhibition, Prof. Pankaj Chandak conducted a national quiz based on the life of Sardar Patel, in which 155 participants from various states participated. Dr. Veena Rathore, Chairperson of the program, appealed to realize Sardar Patel's vision of a united India, during the rally.

Dr Pankaj Chandak
Prof. Monika
NSS P.O. Dr. YSPGPG College Nahan
Dr. Y.S. Parmar GPG College, Nahan

Principal
Dr. Yashwant Singh Parmar
Govt. P.G. College, Nahan
Principal
Dr. YSPGPG College Nahan

राष्ट्रीय एकता दिवस-एकता रैली, क्विज व प्रदर्शनी

राष्ट्रीय एकता दिवस के उपलक्ष्य में राजकीय पीजी महाविद्यालय नाहन की एन एस.एस यूनिट के स्वयंसेवीयो ने कार्यक्रम अधिकारी प्रो. पंकज चांडक व प्रो. मोनिका कुमारी के नेतृत्व में एकता रैली, शपथग्रहण व लौहपुरुष सरदार पटेल की जीवनी पर प्रदर्शनी का आयोजन किया।

इसके पश्चात् प्रो पंकज चांडक ने सरदार पटेल के जीवनवृत्त पर आधारित एक राष्ट्रीय प्रश्नोत्तरी का आयोजन करवाया जिसमें विभिन्न राज्यों के 155 प्रतिभागियों ने भाग लिया। एकता रैली को हरी झंडी देते हुए कार्यक्रम की अध्यक्षता डॉ वीना राठौर ने सरदार पटेल के एक भारत-श्रेष्ठ भारत के सपने को साकार सिंह करने की अपील की।

डॉ.पंकज चांडक
प्रो. मोनिका
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पाचार्य
डॉ यशवंतसिंह परमार राजकीय पीजी कॉलेज नाहन



13.Social service by NSS volunteers at election booths during HP legislative Assembly Election



DR. YS PARMAR GOVT. PG COLLEGE NAHAN
EST.1967 www.gcnaahan.in gcnaahan-hp@nic.in 01702-251107

NSS Report/2022-23/025 NSS Register Page No 58 Date 12th November 2022
Number Of Volunteers :-10

Contribution to Social Service at Election Booths during HP Legislative Assembly Elections

During the Himachal Pradesh Legislative Assembly Elections 2022, the NSS Unit of Dr. Y.S. Parmar Govt. P.G. College, Nahani, under the guidance of Shri Rajneesh (RO, Nahani) and Prof. (Dr.) Pankaj Chandak, made a significant contribution to the democratic process. On November 12, 2022, at ten election booths in Nahani constituency, NSS volunteers Nitika Thakur, Shruti, Gulshan Bharadwaj, Mohinder Singh, Vinit, Priyanka, Priyanka, Nikita Sharma, Meharunisha, and Tushar extended their assistance to voters and booth workers from 08:00 AM to 05:30 PM. Their efforts strengthened democracy by aiding voters and booth workers throughout the day.

Dr Pankaj Chandak
Prof. Monika
NSS P.O. Dr. YSPGPG College Nahani
Dr. Y.S. Parmar GPG College, Nahani

Principal
Dr. Yashwant Singh Parmar
Govt. P.G. College, Nahani
Dr. YSPGPG College Nahani

हिमाचल प्रदेश विधानसभा चुनाव में चुनाव बूथों पर समाजसेवा

हिमाचल प्रदेश विधानसभा चुनाव 2022 के दौरान, डॉ. वाईएस परमार सरकारी पी.जी. कॉलेज, नाहन की एनएसएस यूनिट ने श्री रजनीश (आरओ, नाहन) और प्रो. पंकज चांडक के मार्गदर्शन में लोकतंत्र को समर्थ बनाने में महत्वपूर्ण योगदान किया। 12 नवंबर 2022 को, नाहन विधानसभा क्षेत्र में दस चुनावी बूथों पर एनएसएस स्वयंसेवकों नितिका ठाकुर, श्रुति, गुलशन भारद्वाज, मोहिंदर सिंह, विनित, प्रियंका, दिलंका, निकिता शर्मा, मेहरुनिशा, और तुषार ने सुबह 8 बजे से शाम 5:30 बजे तक मतदाताओं और बूथ कर्मियों की सहायता की। उनके प्रयासों ने दिन भर मतदाताओं और बूथ कर्मियों को सहायता प्रदान करके लोकतंत्र को मजबूत किया।

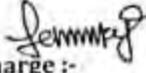
डॉ.पंकज चांडक
प्रो. मोनिका
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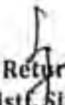
Principal
Dr. Yashwant Singh Parmar
Govt. P.G. College, Nahani
डाॅ यशवंतसिंह परमार राजकीय पीजी कॉलेज नाहन

**List of NSS Volunteers (Dr. Y.S. Parmar Govt. Post Graduate College, Nahan Distt. Sirmour,
H.P. for H.P. Vidhan Sabha Election-2022 / 2067**

11/11/22

Sr. No.	Name of the Volunteers	Class	Roll No.	Contact No.	Polling Station
1	Shruti	BA-II	21506298	8219943421	56/34 Nahan Cantt.
2	Nitika Thakur	BA-II	21522035	9015381664	56/39 Shanti Sangam-I
3	Gulshan Bhardwaj	BA-II	21521496	9805063190	56/50 Ranital
4	Mohinder Singh	BA-II	21521431	8894118994	56/48 Pucca Tank
5	Vineet	BA-I	22623025	7807586674	56/51 Katcha Tank
6	Priyanka	BA-I	22506045	8091037283	56/46 Naya Bazaar-II
7	Priyanka	BA-II	21506329	6230370382	56/40 Shanti Sangam-II
8	Nikita Sharma	BA-II	22451008	8091167946	56/50 Miyan Ka Mandir
9	Mehrunisha	BA-I	22532007	9015387723	56/62 Jagannath Mandir
10	Tushar	BA-			56/54 Balmiki Basti


NSS Incharge :-
Prof. Pankaj Chandak
Contact:- 9016021385


Returning Officer
56- AC Nahan, Distt. Sirmour, H.P.



14. Annual Athletic Meet on 25th November 2022





15. Constitution Day on 26th November 2022

DR. Y.S PARMAR P.G COLLEGE, NAHAN

SESSION — (2022-23)

DEPARTMENTAL ACTIVITIES

POLITICAL-SCIENCE

Sr. No	Particulars	Details	Remarks
1.	Name of Department/Unit/Agency	Political Science	
2.	Name of Activity	Painting and Slogan Writing Competition	
3.	Number of Student Participants	30	
4.	Number of Teacher Participants	6	

Brief Report :- As per the activity calendar of the current session, a painting and slogan writing competition was organized by the Department of Political Science on 26 November 2022 to celebrate the " Constitution Day." The theme of the painting and slogan writing competition was "National Integration". Around 30 students participated in this competition. In slogan writing competition Poonam ,Manisha and Chanchal got first second and third position and in poster making competition Priyanka, Sakshi and Mithilesh got first second and third position respectively. Dr. Rajan kaushal (Department of English) and Dr. Richa Kanwar (Department of Physics)marked their presence as judges in this competition. In the end, the competition was inspected by the Principal Dr. Veena Rathore. She congratulated the students who won the competition and also motivated the students to participate in such activities in future.

1. Dr. P.R.Bhardwaj

2. Dr. Urvashi Chauhan

3. Dr. Veena Tomar.

Principal

16. Blood Donation Camp by NCC on 27th November, 22 (NCC Day)

COLLEGE ACTIVITY

Dated: 27/11/22

Sl. No.	Particulars	Details	Remarks
1	Name of the Department/Unit/Agency	NCC	
2	Name of the Activity	Blood donation on the occasion of NCC DAY	
3	Name of Collaboration Agency (If Any)	1 HP (I) Coy NCC, NAHANI	
4	Number of student Participants	35 cadets	16 cadets donated blood.
5	Number of Teacher Participants	Lt. (DR.) PANKAJ ANO	
6	Number of Guest Participants (If Any)	Col. Rajeev Sharma	

Brief Report: 16 cadets of NCC Unit of Dr. Y.S.P.G.P. College, Nahani donated their blood in Mega NCC blood donation camp which was organized by 1 HP (I) Coy NCC, Nahani on the occasion of NCC day on dated 27 Nov 22. 35 cadets of our college attended that celebration of NCC day. Col. Rajeev Sharma was chief guest in the mega blood donation camp. Lt. Pankaj were presented in that activity with cadets.

Participant
(Signature)


 Dr. Yashraj
 Govt. PG
 Principal
 Parnar
 Nahani

17.NSS volunteers participated in Documentary Competition on 1971 War and celebrated Shouriya Diwas. on 16th December 2022



DR. YS PARMAR GOVT. PG COLLEGE NAHAN

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NSS Report/2022-23/029 NSS Register Page No 60 Date 16th December 2022
Number Of Volunteers :-75

Sourya Diwas Celebration

On December 16, 2022, NSS volunteers of Dr. Y.S. Parmar, Govt. P.G. College, Nahan, Sirmour, H.P, commemorated Sourya Diwas, also known as Victory Day. This day marks the end of the 1971 Indo-Pak War and the liberation of Bangladesh.

The NSS unit observed Sourya Diwas by organizing various activities. One of the highlights was the creation of documentaries that depicted the significance of the day and the historical events associated with it. Miss Jyoti, a dedicated volunteer, led this initiative and explained the importance of Sourya Diwas to the volunteers. Additionally, the documentaries were shared on social media platforms to raise awareness among a wider audience. The efforts of Miss Jyoti was recognized when she won the first prize in a documentaries competition for her outstanding contribution.

Through these activities, the NSS unit aimed to educate and inspire others about the significance of Sourya Diwas and the sacrifices made during the Indo-Pak War of 1971. This celebration not only honored the bravery of our soldiers but also reinforced the values of patriotism and unity among the youth.

Dr Pankaj Chandak
Prof. Monika
NSS P.O. Dr. YSPGPG College Nahan
Dr. Y.S. Parmar GPG College, Nahan

Principal
Dr. Yashwant Singh Parmar
Dr. YSPGPG College Nahan

शौर्य दिवस का उत्सव

16 दिसंबर को, डॉ. वाई.एस. परमार, सरकारी पी.जी. कॉलेज, नाहन, सिरमौर, एच.पी के एनएसएस स्वयंसेवकों ने शौर्य दिवस का आयोजन किया। यह दिन 1971 के इंडो-पाक युद्ध के समापन और बांग्लादेश की मुक्ति का स्मरण करता है। एनएसएस इकाई ने विभिन्न गतिविधियों का आयोजन किया। इनमें से एक अहम गतिविधि दस्तावेजी बनाना था जिसमें इस दिन के महत्व और इससे जुड़े ऐतिहासिक घटनाओं का विवरण था। मिस ज्योति, एक समर्पित स्वयंसेविका, ने इस पहल का नेतृत्व किया और स्वयंसेवकों को शौर्य दिवस के महत्व की व्याख्या की। उन्होंने अपने उत्कृष्ट योगदान के लिए एक डॉक्यूमेंट्री प्रतियोगिता में पहला पुरस्कार जीता। इसके अलावा, डॉक्यूमेंट्री को सोशल मीडिया प्लेटफॉर्मों पर साझा किया गया ताकि अधिक लोगों को जागरूक किया जा सके।

इन गतिविधियों के माध्यम से, एनएसएस इकाई का उद्देश्य शौर्य दिवस के महत्व को सीखाना और दूसरों को प्रेरित करना था। इस उत्सव ने हमारे सैनिकों के वीरता की सराहना की न केवल की बल्कि युवा में देशभक्ति और एकता के मूल्यों को मजबूत किया।

डॉ.पंकज चांडक
प्रो. मोनिका
राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी

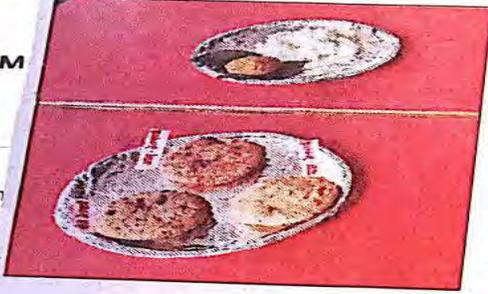
Programme Officer
N.S.S.

Dr. Y.S. Parmar GPG College, Nahan

Principal
Dr. Yashwant Singh Parmar
Dr. YSPGPG College, Nahan

डॉ यशवंतसिंह परमार राजकीय पीजी कॉलेज नाहन

पीजी कालेज नाहन में सजी सिरमौरी व्यंजनों की प्रदर्शनी



सुभाष शर्मा - नाहन

डाक्टर वाईएस परमार स्नातकोत्तर महाविद्यालय नाहन में संचालित राष्ट्रीय सेवा योजना के सात दिवसीय आवासीय विशेष शिविर के समापन की पूर्व संध्या पर सिरमौरी व्यंजनों की प्रदर्शनी सजी। एनएसएस कार्यक्रम अधिकारी प्रोफेसर डाक्टर पंकज चांडक व प्रोफेसर मोनिका कुमारी के नेतृत्व में स्वयंसेवियों ने एक दर्जन से अधिक सिरमौरी व्यंजनों को शिविर मैस में स्वयं तैयार कर समां बांध दिया। इस दौरान सिरमौरी

व्यंजनों में स्वयंसेवियों ने सिडकू तेलपक्की, कुंकुआ साग, धरोट भात, गुलगुले, शुचावले शक्कर राजमा दाल देसी घी सहित, चिल्ले, पॉली, लुश्के इत्यादि सिरमौरी व्यंजनों से शिविर को महका दिया। कार्यक्रम अधिकारी प्रोफेसर डाक्टर पंकज चांडक ने बताया कि इस दौरान यहां बौद्धिक विकास के लिए व्याख्यान माला का भी आयोजन हुआ, जिसमें प्राचार्य डाक्टर वीना राठौर ने स्वयंसेवियों को प्रेरक प्रसंगों से अवगत करवाया। वहीं, संध्याकालीन दौर में महाविद्यालय में सिरमौरी लोक संस्कृति पर आधारित रंगारंग कार्यक्रम से पहाड़ी संस्कृति को जीवंत कर दिया गया। गौर हो कि नौ फरवरी से आयोजित राष्ट्रीय सेवा योजना के विशेष आवासीय शिविर का समापन बुधवार को विधिवत तौर पर होगा। बता दें कि विशेष शिविर में महाविद्यालय के 80 छात्र-छात्राएं हिस्सा लेकर विभिन्न गतिविधियों को अंजाम दे रहे हैं। ... (एचडीएम)

Amt.	Due ...					
	Paid ...					

Dr. Yashwant Singh Parmar Govt. P.G. College Nahan

Seven Days Special Camp Report

(W.e.f. 09 February, 2023 to 15 February, 2023)

The NSS Units of Dr. YS Parmar Govt PG College Nahan organized a Seven days special camp w.e.f. February 09, 2023 to February 15, 2023 in which 62 volunteers took part.

The details of the volunteers is as below:

Girls = 46

Boys = 16

Total = 62

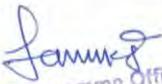
Day and Date wise Activity Report

Day-1, February 09, 2023

The inauguration ceremony was organized on the first day of the special camp. Sh. Ram Kumar Goutam, DC Sirmour had been invited as a Chief Guest on this occasion About 200 volunteers were present in the Hall. The program begin with the lightening of the lamp and MaaSarswati Vandana. NSS Programme Officer Prof. Monika Kumari formally welcome the Chief Guest and NSS Programme Officer Prof Pankaj chandak presented the detail of the activities proposed to be organized during these seven days. Sakshi Thakur and SuhaniAttri of BA 3rd Year conducted the stage. Various cultural activities preformed on this occasion. College worthy Principal Dr. Veena Rathore shared her experiences with all the volunteers and wished them all the best for the camp. In the end, worthy Chief Guest blessed the volunteers and wished them a successful Camp. After the lunch All the volunteers cleaned the rooms for the night rest. Thereafter, divided the volunteers into three groups and picked up the garbage spread in the college premises and it was disposed of properly. In the evening, after the prayer at 7 pm, Programme Officer Prof Monika Kumari shared the routine of the next seven days with the volunteers. At 8 o'clock, their bedrooms were prepared by the volunteers, in which the girls were accommodated in the new building and the boys in the Arts Block

Day-2, February 10, 2023

On the second day of special camp started at 7.00 a.m. with yogic activities, in which Anulom-Vilom, Bhramari Pranayama and KapalbhathiPranayam and some aerobic exercises were performed. After that, breakfast was served. Bricks were collected for gardening in the college premises, and cleaning activity was done in the NSS office. Due to heavy shower, all the work was postponed for some time, after the rain stopped, the volunteers execute cleaning campaign and activities at Banog area with the collaboration of Municipal Corporation and the collected garbage was sent in their vehicle. After that, the volunteers came back to the college and had lunch. After a short rest, Dr. Sarita Thakur and Dr. SaloniSoodji, as resource persons, taught the characteristics of health, first aid, and apart from this, special thinking, speaking style and a- Told about the experience of success. After that, cleanliness activity was done by volunteers behind the science block and near the ground. At night cultural


Programme Officer
N.S.S.
Dr. Y.S. Parmar GPG College, Nahan


Principal
Dr. Yashwant Singh Parmar
Govt. P.G. College, Nahan

program and inter-letter competition was organized, in which Vivekananda House secured first position. At the eleventh hour volunteers had dinner and the report of whole day was read.

Day-3 February 11,2023

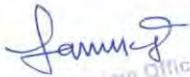
Third day of NSS camp started early at 7:10 am with Saraswati Vandana and some yogic activities were performed. At 9:00 breakfast was served to all volunteers. The main objective of this day was to visit the villages -Sain Ki Sair and Chabhah and ask the local people about their daily life activities. Information about the day's schedule was given to the volunteers by PO Pankaj Chandak respectively and Ms Lakshita Thakur Assistant Prof.Of Sociology also accompanied the NSS Team. Volunteers of the college reached the SainkiSair Panchayat at 11:00 am. Panchayat Pradhan of SainkiSairSmtRekha Devi and up-Pradhan Mr. S. Thakur made a healthy Interaction with NSS volunteers. At 1:20 pm the volunteers had lunch. After lunch Plastic and garbagewas collected by volunteers during cleanliness drive across the village. During this we found that the main problems facing by the people of Panchayat are education, agriculture and irrigation system. After having a positive and successful visit, dinner was served among the volunteers. Before going on bed report was read.

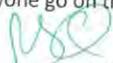
DAY- 4, February 12, 2023

The fourth day of NSS camp started with the Yoga and aerobic exercises. After the break fast, an interaction session was held, in which the volunteers threw light on the strengths and weaknesses of their fellows. After this PO Monika Kumari explain day routine to the volunteers. Volunteers are divided into three groups, beautiful flower beds were formed at the entrance area of college and the drain pipes were cleaned up. At 1:30 pm lunch served to the volunteers. At 3:00pm an interactive session were held with Mr VivekNagi, District Labour Welfare Officer Nahani. He shown his presence as a resource person in the camp and gave valuable information about labour laws.After tea break, from 5:30 pm to 6:30 pm volunteers cleaned up the college premises and wood and twigs were collected for the bonfire at night. Report was read after dinner. Thereafter, in the cultural activities were performed, the volunteers sang Pahadi and some film songs as well. During this, Prof. Rajesh Trehan was accompanied the NSS Team he recited some self-composed poems to the volunteers. At 10:30 all volunteers go to the bed.

Day-5, February 13,2023

On fifth day of seven-days special camp was started by the volunteers at 7:00 am with Suryanamaskar, Yoga, Pranayama and Bhajan. After having breakfast an interaction session was done. NSS volunteers were divided in nine groups for spreading awareness regarding plastic waste and e-waste at Banog area for supporting plastic free goal of government for survey in Banog area. Garbage was collected by volunteers across road and footpaths. A very positive interaction were take place between volunteers and people of the concerned area on the importance of Swatch Bharat Mission. After this, the garbage that was collected by the volunteers at Banog area were sent in the vehicle of Municipal council. After Lunch at 3:00 pm, DFO Simour Dr. Pradeep Sharma participated as a resource person. He explained about Ecology, Environment and watershed management. In the project work, the volunteers decorated their beds. In cultural program, volunteers present different dance forms of district Sirmour. After at 9:40 pm whole day report was presented by Mr Mohinder. At 10:00 pm everyone go on their bed.


Program Officer
J.J.S.
Dr. Y.S. Parmar Govt. College Nahani


Principal
Dr. Yashwant Singh Parmar
Govt. P.G. College Nahani

DAY-6, February 14, 2023

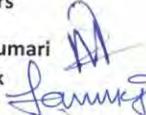
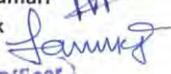
On sixth day of seven-day camp begins at 7:10 a.m. As per the schedule Surya Namaskar, Yoga, Pranayama and chanting of hymns and mantras were performed. After that the volunteers had breakfast. The volunteers cooked many Sirmouri traditional recipes. As per the direction of NSS Programme Officer Prof Monika Kumari, these traditional cooked items were sold to the college faculty and students. Media persons visit college and also cover this camp in their newspaper. In noon volunteers painted beds. After lunch, the college principal Dr. Veena Rathore invited as resource person and shared her experiences with volunteers. She encouraged the volunteers by telling motivational stories. Along with this volunteers and resource person did plantation. Volunteers practiced culture activities for closing Ceremony. At 9 :30 pm whole day report was presented.

Day-7, February 15, 2023

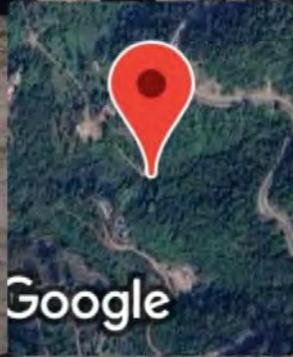
The last day of the special camp was special in more ways than one. The chief guest of the closing ceremony was Dr. Bina Rathore, Principal of the college. The chief guest started the program by lighting the lamp at the feet of Maa Saraswati. Thereafter, program officer Monika Kumari presented the six days report. Karishma Kumari and Sakshi Thakur handled the stage. A cultural program based on Sirmauri traditional folk music theme was presented by the volunteers. Under which the volunteers gave presentations of Pudia dance, Harul dance and Gidda dance. A poem written by Akshat was presented by him. After that all the volunteers were congratulated by the chief guest for the successful completion of special camp. Best camper girl and boy were selected in the special camp. Program officer Pankaj Chandak also presented the blessing letter given by local MLA Ajay Solanki. Volunteers honoured the chief guest of closing ceremony, Principal Dr. Bina Rathore with the Kinkari Devi Award for her guidance and cooperation. All the participants of the special camp were honoured with mementos. All the helping hand fellows were also presented with mementoes. The cultural program was concluded with the national anthem. After that the volunteers served food cooked by them to all the members of college family, which was highly appreciated by all.

NSS Programme Officers

1. Smt. Monika Kumari
2. Pankaj chandak



Programme Officer
N.S.S.
Dr. Y.S. Parmar GPG College, Nahan


Principal
Dr. Yashwant Singh Parmar
Govt. P.G. College, Nahan



Thaliga Lahan, Himachal Pradesh, India

H7MW+J9P, Sangrah - Renukaji - Nahan Rd, Thaliga

Lahan, Himachal Pradesh 173001, India

Lat 30.582784°

Long 77.295755°

11/02/23 10:58 AM GMT +05:30



नाहन कालेज के स्वयंसेवियों ने जाने श्रम कानून

डाक्टर वाईएस परमार कालेज में सजा सात दिवसीय शिविर, स्वयंसेवियों ने कई गतिविधियों में लिया भाग

सिटी रिपोर्टर-नाहन

डाक्टर वाईएस परमार राजकीय स्नातकोत्तर महाविद्यालय नाहन में संचालित सात दिवसीय विशेष राष्ट्रीय सेवा योजना के आवासीय शिविर में रविवार को स्वयंसेवियों ने श्रम कानूनों व बाल श्रम व मजदूरों के हकों को जाना। जबकि एसएसएस प्रभारी प्रोफेसर मोनिका कुमारी व कार्यक्रम अधिकारी प्रोफेसर डाक्टर पंकज चांडक के नेतृत्व में बनोग क्षेत्र में स्वच्छता अभियान चलाया गया। एनएसएस के प्रभारी प्रोफेसर मोनिका कुमारी व प्रोफेसर पंकज चांडक ने बताया कि महाविद्यालय में संचालित



राष्ट्रीय सेवा योजना के शिविर में रविवार को श्रम विभाग के श्रम अधिकारी विवेक नेगी ने समन्वयक स्रोत व्यक्ति के तौर पर शिरकत की। वहीं स्वयंसेवियों को भारत में किस तरह के श्रम कानून लागू हैं, के बारे में विस्तार से जानकारी प्रदान की। वहीं, उन्होंने बाल श्रम व मजदूरों के अधिकारों के बारे में स्वयंसेवियों को अवगत करवाया। इस कड़ी में इससे पूर्व छात्रों ने बनोग क्षेत्र व महाविद्यालय परिसर में सफाई व वाटिका का निर्माण किया। जबकि संध्याकालीन दौर में रंगारंग सिरमौरी लोक गीतों पर आधारित सांस्कृतिक कार्यक्रम आयोजित



किए गए। गौर हो कि पीजी कालेज नाहन में नौ फरवरी से 15 फरवरी तक राष्ट्रीय सेवा योजना का सात दिवसीय आवासीय विशेष शिविर का आयोजन किया जा रहा

है, जिसमें महाविद्यालय के 80 स्वयंसेवी हिस्सा ले रहे हैं। बता दें कि शिविर का शुभारंभ उपायुक्त सिरमौर रामकुमार गौतम द्वारा किया गया था।

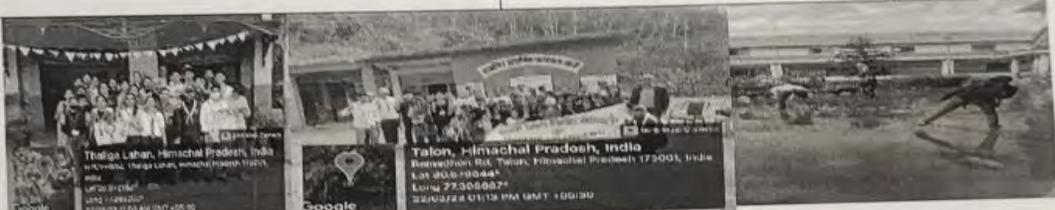
19. Trekking tour of R&R from Nahan college to govt. Primary school Talo on 22nd February, 2023

Dr. Y. S. Parmar Govt. PG .College Nahan (R&R Unit)

Reports of the activities performed during session 2022-23 by the Rovers and Rangers Unit of Dr. Y .S. Parmar, Govt. P. G College Nahan.

Dated: 22/02/2023.

R&R REPORT

Sr. No.	Particulars	Details	Remarks
1	Name of the Department/Unit/Agency	<u>R&R UNIT</u>	
2	Name of the Activity	World Scout day tracking Tour	
3	Name of Collaboration Agency(If Any)	R&R UNIT	
4	Number of student Participants	30	
5	Number of Teacher Participants	02	
6	Number of Guest Participants (If Any)		
7	 <p>Brief Report</p> <p>Dated 22/02/ 2023 On the occasion of worlds Scout Day Dr. Y.S. Parmar G.P. G. College Nahan R&R unit organized tracking tour from nahan college to govt. Primary school talo towards Ramadhon area, during this tracking tour .the Volunteers performed different curriculum and cultural Activities with the students of the school. The school head teacher Mrs. Neelam Sharma appreciate the participants for their different activities shared with the Students. After Tracking R&R Volunteers had done College campus cleaning drive. Respected Principal Dr. Veena Rathore appreciated the Rovers and Rangers for their excellent work.</p>		

Rover's leader: *[Signature]*

Rangers Leader: *[Signature]*

Principal
[Signature]
 Principal
 Dr. Yashwant Singh Parmar
 Govt. P.G. College, Nahan

DR. Y.S PARMAR P.G COLLEGE, NAHAN

SESSION - (2022-23)

DEPARTMENTAL ACTIVITIES

POLITICAL-SCIENCE

Sr. No	Particulars	Details	Remarks
1.	Name of Department/Unit/Agency	Political Science	
2.	Name of Activity	Quiz competition on "Indian Polity"	
3.	Number of Student Participants	18	
4.	Number of Teacher Participants	3	
5.	Total Number of Students	50	

Brief Report :- As per the activity calendar of the current session, a quiz competition on "Indian Polity" was organized by the Department of Political Science on 25th February 2023 to commemorate the "Republic Day". 14 teams participated in the first round and after screening 6 teams were selected for the final quiz. Team B(Nilakshi Ruchi ,Kalpana), Team C(Pooja, Anjali, Anishka) and Team A (Ashok, Mukesh,Sagar) secured 1st, 2nd and 3rd position respectively. Dr. P.R. Bhardwaj congratulated the students who won the competition and also encouraged the students to participate in such activities for overall development in future perspective.

Faculty members

1. Dr. P.R.Bhardwaj

2. Dr. Urvashi Chauhan

3. Dr. Veena Tomar.

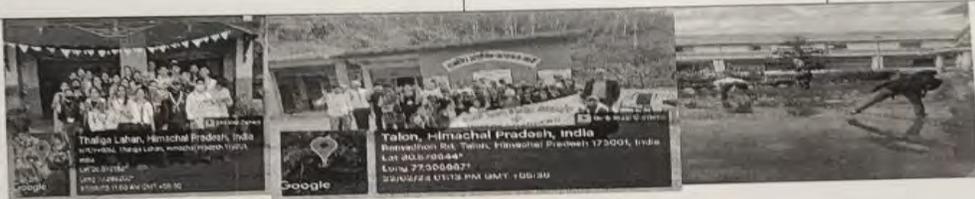
Principal

20. Cleanliness drive in college on 4th March, 2023

Dr. Y. S. Parmar Govt. PG .College Nahan (R&R Unit)
Reports of the activities performed during session 2022-23 by the Rovers and Rangers Unit of Dr. Y .S. Parmar, Govt. P. G College Nahan.

Dated: 22/02/2023.

R&R REPORT

Sr. No.	Particulars	Details	Remarks
1	Name of the Department/Unit/Agency	<u>R&R UNIT</u>	
2	Name of the Activity	World Scout day tracking Tour	
3	Name of Collaboration Agency(IF Any)	R&R UNIT	
4	Number of student Participants	30	
5	Number of Teacher Participants	02	
6	Number of Guest Participants (If Any)		
7	 <p>Brief Report</p> <p>Dated 22/02/ 2023. On the occasion of worlds Scout Day Dr. Y.S. Parmar G.P. G. College Nahan R&R unit organized tracking tour from nahan college to govt. Primary school talo towards Ramadhon area, during this tracking tour ,the Volunteers performed different curriculum and cultural Activities with the students of the school. The school head teacher Mrs. Neelam Sharma appreciate the Participants for their different activities shared with the Students. After Tracking R&R Volunteers had done College campus cleaning drive. Respected Principal Dr. Veena Rathore appreciated the Rovers and Rangers for their excellent work.</p>		

Rover's leader: *[Signature]*

Rangers Leader: *[Signature]*

Principal
[Signature]
 Dr. Yashwant Singh Parmar
 Govt. P.G. College, Nahan



COLLEGE ACTIVITY

Dated: 04 March 2023

Sr. No.	Particulars	Details	Remarks
1	Name of the Department/Unit/Agency	NCC	
2	Name of the Activity	Cleanliness Drive (Annual Day Celebration)	
3	Name of Collaboration Agency (If Any)	NSS, R&R	
4	Number of student Participants	32 cadets	
5	Number of Teacher Participants	5 Teachers	
6	Number of Guest Participants (If Any)	-	
<p>Brief Report: 32 cadets of NCC Unit participated a common cleanliness drive for Annual Day Celebration with NSS Unit and R&R Unit of College. NCC cadets clean the area surrounding Main Gate of college, ground and parking area of college.</p>			


 Organizer
 (Name & Signature)


 Principal
 Principal
 Govt. P.G. College
 Nahana



DR. YS PARMAR GOVT. PG COLLEGE NAHAN

EST. 1963

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01702-251107

NSS Report/2022-23/031 NSS Register Page No 60 Date 04th March 2023
Number Of Volunteers :-93

Joint Cleanliness Campaign

In accordance with the directives issued by the College Administration through an official letter dated 02.03.2023, a Joint Cleanliness Campaign was organized at Dr. Y.S. Parmar Government Post Graduate College, Nahan, Sirmour, H.P. on 04 March 2023, preceding the Annual Award Distribution Ceremony scheduled for 06 March 2023. The cleanliness drive aimed to ensure the cleanliness of the college premises and promote a sense of responsibility towards maintaining a clean environment. NSS, along with NCC and R&R units, actively participated in this initiative.

A total of 93 NSS volunteers were present to contribute to the cleanliness drive. Through collective efforts, various areas within the college campus were cleaned, including classrooms, corridors, and outdoor spaces. The Joint Cleanliness Campaign not only helped in maintaining the cleanliness of the college but also fostered a spirit of teamwork and civic responsibility among the volunteers. It was a successful endeavor in promoting cleanliness and hygiene within the college premises.

Dr Pankaj Chandak
Prof. Monika
NSS P.O. Dr. YSPGPG College Nahan

Programme Officer
N.S.S.
Dr. Y.S. Parmar Govt. PG College, Nahan

Principal
Dr. Yashwant Singh Parmar
Govt. P.G. College Nahan
Dr. YSPGPG College Nahan

संयुक्त स्वच्छता अभियान

डॉ वाईएस परमार राजकीय पोस्ट ग्रेजुएट कॉलेज, नाहन, सिरमौर, एच.पी. के आधिकारिक पत्र दिनांक 02.03.2023 के माध्यम से जारी निर्देशों के अनुसार, 04 मार्च 2023 को महाविद्यालय परिसर में संयुक्त स्वच्छता अभियान का आयोजन किया गया। यह वार्षिक पुरस्कार वितरण समारोह से पूर्व हुआ, जो 06 मार्च 2023 को आयोजित किया जाना था। स्वच्छता अभियान का उद्देश्य महाविद्यालय परिसर की साफ-सफाई सुनिश्चित करना और साफ वातावरण के प्रति जागरूकता बढ़ाना था। इस अभियान में एनएसएस, एनसीसी और आर एंड आर इकाइयों ने सक्रिय भाग लिया।

कुल 93 एनएसएस स्वयंसेवक इस अभियान में उपस्थित थे। संयुक्त प्रयास के माध्यम से, कॉलेज के विभिन्न क्षेत्रों में सफाई की गई, जैसे कक्षाएं, गलियां, और आउटडोर स्थान। संयुक्त स्वच्छता अभियान ने केवल महाविद्यालय की साफ-सफाई को बनाए रखने में मदद की ही नहीं, बल्कि स्वयंसेवकों के बीच टीमवर्क और नागरिक जिम्मेदारी की भावना को भी प्रोत्साहित किया। यह कॉलेज परिसर में स्वच्छता और स्वच्छता को बढ़ावा देने में एक सफल प्रयास था।

डॉ. पंकज चांडक
प्रो. मोनिका
राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी

Programme Officer
N.S.S.
Dr. Y.S. Parmar Govt. PG College

Principal
Dr. Yashwant Singh Parmar
Govt. P.G. College Nahan
Dr. YSPGPG College Nahan

डॉ यशवंतसिंह परमार राजकीय पोस्ट ग्रेजुएट कॉलेज नाहन



DR. YS PARMAR GOVT. PG COLLEGE NAHAN

EST. 1963



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01702-251107

NSS Report/2022-23/026 NSS Register Page No 58 Date 18th November 2022
Number Of Volunteers :-110

Cleanliness Campaign

On November 18, 2022, the NSS unit of Dr. Y.S. Parmar Govt. P.G. College, Nahan, initiated a successful cleanliness campaign within the college premises. A total of 110 volunteers actively participated in the campaign, engaging in the collection and proper disposal of waste from more than 32 bags, contributing significantly to maintaining cleanliness in the college.

The cleanliness campaign aimed to foster a sense of responsibility towards environmental conservation and promote cleanliness as a fundamental aspect of social responsibility. Through the collective efforts of NSS volunteers, various areas within the college campus were cleaned, enhancing the overall aesthetic appeal and hygiene standards.

The active involvement of volunteers in the cleanliness campaign reflects their commitment to community service and environmental sustainability. Their dedication and hard work have greatly contributed to promoting a clean and healthy environment within the college premises.

Dr Pankaj Chandak
Prof. Monika
NSS P.O. Dr. YSPGPG College Nahan

Programme Officer
N.S.S.

Principal
Dr. Yashwant Singh Parmar
Dr. YSPGPG College Nahan

स्वच्छता अभियान

18 नवंबर 2022 को, डॉ. वाईएस परमार सरकारी पी.जी. कॉलेज, नाहन, के एनएसएस यूनिट ने महाविद्यालय परिसर में सफल स्वच्छता अभियान की शुरुआत की। कुल मिलाकर 110 स्वयंसेवकों ने 32 से अधिक बैग से कचरे का संग्रह किया और उसे उचित रूप से निस्पंदन किया, जिससे कॉलेज में स्वच्छता की वातावरण को सुनिश्चित किया गया। स्वच्छता अभियान का उद्देश्य पर्यावरण संरक्षण के प्रति जिम्मेदारी बढ़ाना और सामाजिक जिम्मेदारी के रूप में स्वच्छता को प्रोत्साहित करना था। एनएसएस स्वयंसेवकों के संयुक्त प्रयासों से, कॉलेज के अनेक क्षेत्रों को साफ किया गया, जिससे कॉलेज के वातावरण का साफ-सुथरा और स्वस्थता मानकों का उत्तम दर्जा मिला।

डॉ. पंकज चांडक
प्रो. मोनिका
राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी

Programme Officer
N.S.S.

Dr. Y.S. Parmar GPG College Nahan

Principal
Dr. Yashwant Singh Parmar
Dr. YSPGPG College Nahan

डॉ यशवंतसिंह परमार राजकीय पीजी कॉलेज नाहन



21. International Women's Day on 23rd March 2023



DR. Y. S. PARMAR
GOVT. P. G. COLLEGE, NAHAN
Email: gcnahan-hp@nic.in website: www.gcnahan.in



Report

Celebration of the International Women's Day-2023

Name of the Activity/Event: Kho-Kho Match

Dated: 23-03-2023

Women Development Cell "SHAKTI" of Dr. Y. S. Parmar, Govt. PG College, Nahana celebrated the International Women's Day-2023 by organizing a kho-kho match of girl students on 23rd March, 2023 at 10:30 am in the college campus. Two teams of girl students (total 24 students) from different courses participated in the match. Principal Dr. Veena Rathore, all the members of WDC "SHAKTI" and members of the sports committee of the college were also present during the match. Prof. Priyanka Randhawa, member of WDC welcomed the principal, staff, participants and students and explained the importance of celebrating "International Women's Day" and importance of outdoor games in life. Then match started at 10:45am. Under the supervision of Dr. Zafar Ali (AP Department of Physical Education) the match was concluded successfully. Principal Dr. Veena Rathore presented a trophy to the winning team, she then congratulated the winning team and also motivated the present students to take part in outdoor games with full enthusiasm. She also shed light on the history of celebration of the International Women's Day every year and importance of celebrating this day worldwide. In the end Dr. Uttama Pandey convener of WDC "SHAKTI" explained the various activities WDC has organized to celebrate International Women's Day-2023 and thanked the principal, members of sports committee, Department of Physical Education, members of WDC, participants and students for making the event successful.

ORGANIZERS (WDC Committee):

Dr. Uttama Pandey (Convener WDC)

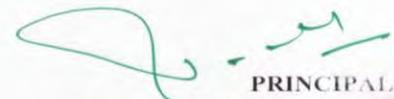
Prof. Priyanka Randhawa

Dr. Saloni Sood

Prof. Navdeep Shah

Prof. Preeti

Prof. Lakshita


PRINCIPAL
Principal
Dr. Yashwant Singh Parmar
Govt. P.G. College, Nahana

22.CSCA Cultural Festival 'SABRANG on 28th March 2023

Dr. YASHWANT SINGH PARMAR
GOVT. P. G. COLLEGE NAHAN SIRMOUR (HP)
E-mail: gnahan-hp@nic.in Website: www.gnahan.in Tel:01702-222307

INVITATION

The Respected Teachers, Members of the staff and all the students of Dr. Yashwant Singh Parmar Govt. P. G. College Nahani are cordially invited to grace the occasion of the CSCA Cultural Festival on 28th March, 2023 at 10:30 AM in the Open Theatre of the College Campus. Dr. Veena Rathore, worthy Principal of our college has consented to be the Chief Guest of the Function.

Supdt
President

Vishu
Secretary

College Students' Central Association (CSCA)
Dr. Yashwant Singh Parmar Govt. Post Graduate College Nahani

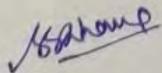
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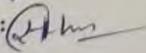
Dr. Y. S. Parmar Govt. PG .College Nahan (R&R Unit)
Reports of the activities performed during session 2022-23 by the Rovers and Rangers Unit of Dr. Y .S. Parmar.
Govt. P. G College Nahan.

Dated: 28th March 2023

R&R REPORT

Sr. No.	Particulars	Details	Remarks
1	Name of the Department/Unit/Agency	<u>R&R unit</u>	
2	Name of the Activity	CSCA Cultural function (Sabrang)	
3	Name of Collaboration Agency(If Any)	BS&G India	
4	Number of student Participants	15	
5	Number of Teacher Participants	N/A	
6	Number of Guest Participants (If Any)	N/A	
<p>Brief Report: Govt. P.G. College Nahan , College Students Central Association (CSCA) Organized the CSCA Cultural function (Sabrang) on 28th March 2023 at 10:30 AM in the open Theatre of the College. Dr. Veena Rathore, worthy Principal of our college was the Chief Guest of the function. R&R Units volunteers Participated in this function as Service R&R and participated in various cultural activities.</p> 			

Rover's leader: 

Ranger's leader: 


Principal

Dr. Yashwant Singh Parmar
Govt. P.G. College, Nahan