



**DR.Y.S. PARMAR**

**GOVERNMENT POST GRADUATE COLLEGE NAHAN  
DISTT. SIRMOUR HIMACHAL PRADESH**

## **CRITERION 5**

### **MATRIX 5.1**

### **KEY INDICATOR 5.1.3**

Capacity building and skills enhancement initiatives taken by the institution include the following

1. Soft skills, 2. Language and communication skills,
3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

# CONTENTS

I.	SOFT SKILL DEVELOPMENT .....	3
A.	GRADUATE ADD ON PROGRAMME: EEE (ENGLISH, ENTREPRENEURSHIP AND EMPLOYABILITY) ....	4
II.	LANGUAGE AND COMMUNICATION SKILLS.....	12
1.	PAPER READING CONTEST ON TOPIC “THE DECLINE OF LITERATURE INDICATES THE DECLINE OF A NATION” ON 21.03.2023.....	13
2.	SHORT STORY WRITING ON 18.03.2023 .....	15
3.	DEBATE CONTEST ON THE TOPIC “SHOULD HISTORY OF INDIA BE RE-WRITTEN?” ON 20 <sup>TH</sup> MARCH 2023	17
4.	AN INTER-COLLEGE COMPETITION DECLAMATION, SLOGAN WRITING AND RANGOLI COMPETITION ON RIGHT TO INFORMATION BY DISTRICT ADMINISTRATION, NAHAN ON 25 <sup>TH</sup> MARCH 2023	19
5.	DEBATE COMPETITION ON THE THEME “SHOULD THE UNITED NATIONS BE SCRAPPED OR RETAINED IN THE CHANGING GLOBAL ENVIRONMENT” ON 3 <sup>RD</sup> MARCH 2023 .....	20
III.	LIFE SKILL.....	22
1.	A WORKSHOP ON FIRST AID ON 27 <sup>TH</sup> OF MARCH 2023 .....	23
2.	BLOOD DONATION CAMP BY NCC ON 27 <sup>TH</sup> NOVEMBER,22(NCC DAY).....	28
3.	BLOOD DONATION CAMP ON 13 <sup>TH</sup> AUGUST 2022 .....	31
4.	MOCK DRILL & LECTURE ON DISASTER MANAGEMENT ON 14 <sup>TH</sup> SEPTEMBER 22.....	35
5.	RALLY ON SAVE ENVIRONMENT SAVE LIFE ON 12 <sup>TH</sup> SEPTEMBER 2022 .....	40
6.	AWARENESS RALLY ON WORLD AIDS DAY BY RED RIBBON CLUB ON 1 <sup>ST</sup> DECEMBER 2023.....	42
7.	INTERNATIONAL YOUTH DAY CAMPAIGN” ON 12 <sup>TH</sup> AUGUST 2022 TO 31 <sup>ST</sup> AUGUST, 2022 ...	44
8.	QUIZ COMPETITION ON HIV/AIDS ON 3 <sup>RD</sup> DECEMBER 2023 .....	48
9.	INTERNATIONAL YOGA DAY ON 21 <sup>TH</sup> JUNE, 22 .....	49
10.	INTERNATIONAL DAY AGAINST DRUG ON 26 <sup>TH</sup> JUNE 2022 .....	50
11.	HANDS-ON-TRAINING ON FIRE HYDRATE SYSTEM ON 17 <sup>TH</sup> OCTOBER 2022 .....	51
IV.	ICT/COMPUTING SKILLS .....	52
1.	CERTIFICATE COURSE IN BASIC COMPUTER SKILLS/ OFFICE AUTOMATION IN FOUR BATCHES W.E.F. 29.09.2022 TO 13.02.2023 .....	53
2.	POWER POINT PRESENTATION CONTEST ON HIV/AIDS & POSTER/SLOGAN COMPETITION ON 5 <sup>TH</sup> DECEMBER 2023 .....	58
3.	ADD-ON CERTIFICATE COURSE GST & INCOME TAX E-FILING .....	62

4. POWER POINT PRESENTATION COMPETITION ON THE THEME "POLYMERS PREPARATION,  
PROPERTIES AND USES" ON 22<sup>ND</sup> NOVEMBER TO 24<sup>TH</sup> NOVEMBER 2022..... 63

# **I. SOFT SKILL DEVELOPMENT**

a. GRADUATE ADD ON PROGRAMME: EEE (ENGLISH, ENTREPRENEURSHIP AND EMPLOYABILITY)



## SDMS Data Upload Sheet

Annexure - F

Smart/ State TP ID	Smart/ State TC ID	JobRole/Course Code	State Batch ID	Batch Start Date	Batch End Date	Preferred Assessment Date	Candidate Name	Gender	Year Of Birth	ID Type	ID Number	Candidate Domicile State	Candidate Domicile District	Candidate Mobile	Candidate Email (optional)
TP070775		EEE		10-6-2022	02-18-2023	02-20-2023	NAGMA	F	12-5-2002	AADHAR	2968 9609 9357	HP	SIRMOUR	6230870586	
TP070776		EEE		10-6-2022	02-18-2023	02-20-2023	KNISHKA SINGH	F	1-17-2003	AADHAR	7636 7332 4522	HP	SIRMOUR	9805488514	
TP070777		EEE		10-6-2022	02-18-2023	02-20-2023	PRIYANKA CHAUHAN	F	12-20-2002	AADHAR	7554 9377 6109	HP	SIRMOUR	9015146497	
TP070778		EEE		10-6-2022	02-18-2023	02-20-2023	POOJA THAKUR	F	07\10\2002	AADHAR	2514 7671 2891	HP	SIRMOUR	7807970703	
TP070779		EEE		10-6-2022	02-18-2023	02-20-2023	GOPAL SINGH	M	9-4-2002	AADHAR	6655 7515 2368	HP	SIRMOUR	7650987532	
TP070780		EEE		10-6-2022	02-18-2023	02-20-2023	RISHABH KATOCH	M	9-30-2003	AADHAR	6128 1774 7313	HP	SIRMOUR	8219712048	
TP070781		EEE		10-6-2022	02-18-2023	02-20-2023	HIMANSHU SHARMA	M	2-8-2002	AADHAR	7107 9230 4979	HP	SIRMOUR	8894123418	
TP070782		EEE		10-6-2022	02-18-2023	02-20-2023	DEEKSHITA	F	1-5-2003	AADHAR	5095 6153 5648	HP	SIRMOUR	7876832935	
TP070783		EEE		10-6-2022	02-18-2023	02-20-2023	KUSUM LATA	F	01\01\1999	AADHAR	7808 5202 7354	HP	SIRMOUR	8091722695	
TP070784		EEE		10-6-2022	02-18-2023	02-20-2023	RIYA SAINI	F	01\02\2003	AADHAR	4327 4303 7114	HP	SIRMOUR	7876746368	
TP070785		EEE		10-6-2022	02-18-2023	02-20-2023	ANJALI	F	4-15-2002	AADHAR	7420 0585 2454	HP	SIRMOUR	8219413486	
TP070786		EEE		10-6-2022	02-18-2023	02-20-2023	AMIT VERMA	M	1-22-2003	AADHAR	5358 6994 6299	HP	SIRMOUR	7876775172	
TP070787		EEE		10-6-2022	02-18-2023	02-20-2023	AYUSH THAKUR	M	2-2-2003	AADHAR	7540 9095 3568	HP	SIRMOUR	7876810181	
TP070788		EEE		10-6-2022	02-18-2023	02-20-2023	KRITIKA THAKUR	F	9-2-2009	AADHAR	5091 8525 8136	HP	SIRMOUR	9015140992	
TP070789		EEE		10-6-2022	02-18-2023	02-20-2023	VANSHIKA ARISHA	F	8-13-2001	AADHAR	8822 8371 4311	HP	SIRMOUR	8219193848	
TP070790		EEE		10-6-2022	02-18-2023	02-20-2023	TANVEER	F	4-10-2003	AADHAR	5473 7840 8822	HP	SIRMOUR	7875812428	
TP070791		EEE		10-6-2022	02-18-2023	02-20-2023	GUNJANA	F	12-6-2002	AADHAR	7301 2303 5136	HP	SIRMOUR	7876637432	
TP070792		EEE		10-6-2022	02-18-2023	02-20-2023	RENU	F	4-27-2002	AADHAR	2890 0024 8550	HP	SIRMOUR	7876809485	
TP070793		EEE		10-6-2022	02-18-2023	02-20-2023	ASHISH	M	11-7-2002	AADHAR	8305 2254 8320	HP	SIRMOUR	8580664560	
TP070794		EEE		10-6-2022	02-18-2023	02-20-2023	ARCHNA	F	3-19-2003	AADHAR	7007 6590 2109	HP	SIRMOUR	7876860699	

			M-D-Y	M-D-Y	M-D-Y	MINAKSHI								
TP070795		EEE	10-6-2022	02-18-2023	02-20-2023	THAKUR	F	7-11-2002	AADHAR	4956 0853 2825	HP	SIRMOUR	8278758534	
TP070796		EEE	10-6-2022	02-18-2023	02-20-2023	PANWAR	F	11-5-2002	AADHAR	7509 7888 2005	HP	SIRMOUR	7807952611	
TP070797		EEE	10-6-2022	02-18-2023	02-20-2023	NANDITA	F	10-14-2003	AADHAR	3011 8390 2348	HP	SIRMOUR	8091019440	
TP070798		EEE	10-6-2022	02-18-2023	02-20-2023	AVINASH	M	2-10-2003	AADHAR	9152 1180 5155	HP	SIRMOUR	9816836144	
TP070799		EEE	10-6-2022	02-18-2023	02-20-2023	HITESH SHARMA	F	6-4-2003	AADHAR	4024 3514 0023	HP	SIRMOUR	7807367562	
TP070800		EEE	10-6-2022	02-18-2023	02-20-2023	VISHAL KUMAR	M	10-24-1999	AADHAR	4825 9397 3733	HP	SIRMOUR	7889251306	
TP070801		EEE	10-6-2022	02-18-2023	02-20-2023	KRISHMA	F	1-4-2003	AADHAR	7146 8851 3844	HP	SIRMOUR	7876644200	
TP070802		EEE	10-6-2022	02-18-2023	02-20-2023	SAKSHI	F	7-10-2003	AADHAR	7182 4836 0426	HP	SIRMOUR	8629017788	
TP070803		EEE	10-6-2022	02-18-2023	02-20-2023	MEGHA SHARMA	F	5-10-2003	AADHAR	9157 1849 3176	HP	SIRMOUR	9015028214	
TP070804		EEE	10-6-2022	02-18-2023	02-20-2023	MANISHA	F	1-25-2003	AADHAR	8797 1629 7405	HP	SIRMOUR	8580496481	



Principal  
Dr. Yashwant Singh Parmar  
Govt. P.G. College, Nahan

Smart/ State TC ID	Job Role/ Course Code	State Batch ID	BATCH START DATE	Batch End Date	Preferred Assessment Date	Candidate Name	Gender	Year Of Birth	ID Type	ID Number	Candidate Domicile State	Candidate Domicile District	Candidate Mobile	Ca En (os)
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	AMIT THAKUR	M	5-7-2002	AADHAR CARD	9403 9599 9065	HP	SIRMOUR	07186 08543	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	SEJAI	F	1-1-2003	AADHAR CARD	5300 2132 9716	HP	SIRMOUR	8894948512	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	KOMAL	F	27/07/2013	AADHAR CARD	7034 1021 2235	HP	SIRMOUR	8580946891	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	ANUSHKA THAKUR	F	20/12/2002	AADHAR CARD	9455 8945 1146	HP	SIRMOUR	7650827151	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	PRIYANSHU	M	16/03/2002	AADHAR CARD	6184 2603 7048	HP	SIRMOUR	7876718076	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	PARVEEN THAKUR	M	13/07/2002	AADHAR CARD	4466 3716 1300	HP	SIRMOUR	7876750727	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	AAYUSHI	F	29/04/2003	AADHAR CARD	8269 1174 4200	HP	SIRMOUR	9015122105	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	VANSHIKA	F	5-6-2003	AADHAR CARD	3314 4295 7197	HP	SIRMOUR	8219374493	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	ABHAY PARMAR	M	6-8-2002	AADHAR CARD	7928 2844 5148	HP	SIRMOUR	9805865409	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	MANISHA CHAUHAN	F	23/03/2001	AADHAR CARD	8089 5849 5690	HP	SIRMOUR	6230315409	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	TAMANNA THAKUR	F	25/02/2003	AADHAR CARD	6041 1633 3927	HP	SIRMOUR	7018542438	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	SAKSHI	F	1-4-2003	AADHAR CARD	2318 3955 3147	HP	SIRMOUR	9805471461	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	ARYAN	M	10-8-2002	AADHAR CARD	6117 5131 4030	HP	SIRMOUR	9805921294	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	RUCHI	F	1-5-2003	AADHAR CARD	2661 6092 9277	HP	SIRMOUR	9013300678	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	DEVANSHI	F	5-3-2003	AADHAR CARD	5894 4327 5127	HP	SIRMOUR	9816443078	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	NITIKA SHARMA	F	29/12/2002	AADHAR CARD	5775 38955743	HP	SIRMOUR	62301616221	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	ADITI CHAUHAN	F	22/07/2002	AADHAR CARD	8048 6182 0251	HP	SIRMOUR	9015055597	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	PRAKRITI SHARMA	F	28/11/2001	AADHAR CARD	57078449 7441	HP	SIRMOUR	9015090714	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	TANU SHARMA	F	1-8-2002	AADHAR CARD	6160 9636 9843	HP	SIRMOUR	7018512864	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	IKRA	F	14/12/2002	AADHAR CARD	6891 5471 0559	HP	SIRMOUR	7807174314	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	SONIKA	F	17/10/2003	AADHAR CARD	6670 6174 0988	HP	SIRMOUR	7876871325	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	DIMPLE KAPOOR	M	16/03/2003	AADHAR CARD	6087 3901 4556	HP	SIRMOUR	7018998435	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	DEEPANJALI	F	26/09/2002	AADHAR CARD	5526 8408 9823	HP	SIRMOUR	8894565510	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	ADITYA	M	17/05/2002	AADHAR CARD	3078 2548 0970	HP	SIRMOUR	9816026694	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	JUNAID ALI	M	26/10/2002	AADHAR CARD	3613 9891 1250	HP	SIRMOUR	7018337878	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	MANSI PUNDIR	F	26/06/2002	AADHAR CARD	8886 7544 9183	HP	SIRMOUR	7019063448	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	UMESH	M	30/08/2002	AADHAR CARD	6502 9375 6797	HP	SIRMOUR	9015065214	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	PARUL SHARMA	F	6-7-2003	AADHAR CARD	3753 4134 7465	HP	SIRMOUR	9015056388	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	ANIKET SHARMA	M	3-6-2001	AADHAR CARD	6770 6737 4915	HP	SIRMOUR	980549833	
TP070775	EEE		29.09.2022	09.02.2023	10.02.2023	VAIBHAV SHARMA	M	14/11/2001	AADHAR CARD	5396 1999 0713	HP	SIRMOUR	829564035	

Principal  
Dr. Yashwanti Singh P  
Govt. N.P.S. School



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Sh. Jai Ram Thakur  
Hon'ble Chief Minister  
Himachal Pradesh



Dr. Ram Lal Markanda  
Hon'ble Minister  
Technical Education  
Himachal Pradesh

## Free EEE Program

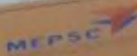


**PROGRAM : ENGLISH, EMPLOYABILITY & ENTREPRENEURSHIP**  
**ELIGIBILITY :**

**Final Year Graduating Students**

### Salient Features:

- Improve the communication skills of the candidates and enhance expressive abilities
- Facilitate and enhance English-speaking skills of the candidates.
- Initial preparedness on opportunities for both Employment and Entrepreneurship.
- Prepare the candidate to face interviews with confidence and give him/her an edge over others in getting a good/desired job.



Department of Technical Education  
Himachal Pradesh  
Government  
Shri. Jai Ram Thakur  
Engineering College  
Jalandhar



SHOT ON REDMI Y3  
AI DUAL CAMERA





### GRADUATE ADD ON PROGRAMME

Graduate Add on Programme in Govt. College Nahani District Sirmour, H.P. was commenced on 16<sup>th</sup> November 2021.

**Graduate Add on Programme Implemented by Indian Institute of Skill Development Training (IISD)**

**Project Sponsor:** - Asian Development Bank (ADB) assisted Flagship Training Programme

**Project Team:** - Technopak Advisor Pvt. Ltd.

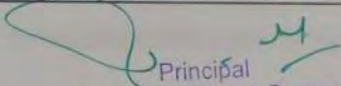
**Name of Course Introduced:** - Merchandiser

**Objectives of the Programme:** - The main objectives of this programme are below:-

- ✓ To impart skill training and quality vocational training to youth to make them highly competitive to secure livelihood with an ease.
- ✓ To establish an IT and modern technology based information system providing plethora of latest information and trends in the market for skill up-gradation.
- ✓ To frame quality assurance model to cultivate the best minds with honed up skills.
- ✓ To encourage self sufficient skill based mindset to equip the trainee with self employment zeal and entrepreneurship skills in order to explore opportunities available in the market.
- ✓ To make Youth more employable as per the market needs and trends.
- ✓ To create a single access platform for job seekers and provide guidance in self employment opportunities.
- ✓ To create tie-ups with different skill development and placement agencies in public and private sectors.

#### Implementation Plan

- The Students of B.A./B.Sc./B.Com./B.C.A. & B.Voc. final year were enrolled for training under Graduate Add on Program.
- The duration of the training period was 580 Hours  
( 540 Hours for Merchandising & 40 Hours for Soft Skills)

  
Principal  
Dr. Yashwant Singh Parmar  
Govt. P.G. College, Nahani

### WORLD YOUTH SKILL DAY ON 15<sup>TH</sup> JULY 2022

On 15<sup>th</sup> July 2022, Domain Trainer Sh. Bharat Bhushan & Ms. Amita Kumari along with 11 (Eleven) students of Add on Programme attended World Youth Skill Day programme organised by Himachal Vikas Kaushal Nigam (HPKVN) at Industrial Training Institute (ITI) Nahana. The students participated in different competitions organised by HPKVN. But in poster making competition, the posters of Add on Course students of Govt. College Nahana were judged best among all participants of different institutions.



11

Photograph 1 Students of Add on Course Participated in Various Activities on the Occasion of World Youth Skill Day

### CERTIFICATE DISTRIBUTION

After assessment, 103 students were awarded certificates of Merchandiser under the banner of Ministry of Skill Development and Entrepreneurship Government of India. Out of 103 certified students, 17 students have got placement in different companies.



DEVENDER KUMAR  
NODAL OFFICER ADD ON PROGRAMME  
GOVT. POST GRADUATE COLLEGE NAHANA

PRINCIPAL  
GOVT. POST GRADUATE COLLEGE NAHANA

12

Photograph 2 Students of Add on Course with Their certificates at the End of the Course

## **II. LANGUAGE AND COMMUNICATION SKILLS**

# 1. PAPER READING CONTEST ON TOPIC “THE DECLINE OF LITERATURE INDICATES THE DECLINE OF A NATION” ON 21.03.2023

## Department of English Activity Report (2022-23)

### Paper Reading Contest

On dated 21/03/2023 Department of English Dr. Y.S. Parmar Govt. College Nahan organized a paper reading contest on the topic “The Decline of Literature Indicates The Decline of A Nation” in conference room of the college. About 15 students presented their papers on the given topic. Miss Sejal (B.A.Third Year), Miss Kanishka (B.A.Third Year) and Miss Sampada ( B.A. Second Year) secured 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> positions respectively. Madam Principal Dr. Veena Rathore was the chief guest. She motivated the participants and audiences and gave away the prizes to the winners of the contest.

Principal  
Dr. Yashwant Singh Parmar  
Govt. P.G. College, Nahan





## 2. SHORT STORY WRITING ON 18.03.2023

### Department of English Activity Report (2022-23)

#### Story Writing Contest

On dated 18-03-2023 'A Short Story Writing Contest' was held in the college in which nineteen students participated. The Medium of the writing was English and a few sentences had been provided by the teacher to the participants which they were to include in their story anywhere. The sentences were "A Storm was lurking outside and it started raining heavily. She was absolutely wet and she was looking beautiful. The moment she entered the house the light went out". The Students displayed their creativity through their short stories. The Winners of the contest were rewarded.

Principal  
Dr. Yashwant Singh Parmar  
Govt. P.G. College, Nahan

e.s.  
[Signature]





### 3. DEBATE CONTEST ON THE TOPIC "SHOULD HISTORY OF INDIA BE RE-WRITTEN?" ON 20<sup>TH</sup> MARCH 2023

**Dr. Y. S. Parmar Govt. P. G. College Nahan**  
E-mail: [gcnahan-hp@nic.in](mailto:gcnahan-hp@nic.in) Website: [www.gcnahan.in](http://www.gcnahan.in) Tel: 01702-222307

#### DEPARTMENTAL ACTIVITY REPORT DEPARTMENT OF HISTORY (2022-2023)

As per the approved annual outlay plan of the department the certain departmental activities were organised for two weeks in which Quiz Competition, Debate contest and Essay Writing Competition were conducted. The students of Major/ Minor History of all three Classes took part and finally the worthy Principal Madam gave away the prizes to the winners and runners of all these competitions. The detail of each event is as under:

- Quiz Competition:** After circulating the notice regarding holding the above mentioned events the students were registered on line through Google Sheet for "On Line Quiz Competition" in which 210 students took part and out of them 50 participants were shortlisted for the second written round and finally 15 top students were selected for making five teams comprising of three participants in each team named as The *Rig-Veda*, *Sama Veda*, *Yajur Veda*, *Atharva Veda*, *Ayur Veda*. Final quiz was held in the presence of the audience and in all Six Rounds were held like-General Round, Specific Round, HP History Round, Visual Round, Rapid Fire Round and Trump Card Round. DR. Anoop Kumar, Prof. Sudesh Sharma helped the department in conducting the quiz. The Winners and Runners are as under:

Winner (Sam Veda)	1 <sup>st</sup> Runner (Rig Veda)	2 <sup>nd</sup> Runner (Atharva Veda)
Ashish Thakur, BA-III	Neeraj Sharma, BA-III	Karishma, BA-III
Gaurav, BA-III	Muskan, BA-II	Pooja Sharma, BA-III
Deepak, BA-I	Ruchi, BA-I	Ritika Sarswati, BA-III

- Essay Writing Competition:** Two topics were given to the students to write an essay of about 2000 words and deposit the same in the department within three days. The topics were "Importance of History" and "Is Partition of India Inevitable?" in which 47 participants took part and Dr. Sarita Bansal, Dr. Ved Prakash and Prof. Gopal Bhardwaj helped in evaluation of the scripts of these Essay Writing Competition. The winners and runners are as Under:

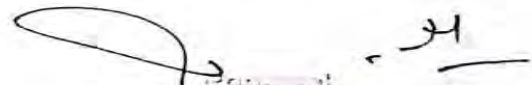
Sr. No.	Winner	1 <sup>st</sup> Runner	2 <sup>nd</sup> Runner
1	Jyoti Sharma, BA-III	Himani, BA-I	Ritika, BA-II

- Debate Contest:** on 20<sup>th</sup> March, 2023 a debate contest was organised by the department under the graceful presence of the Senior Most Associate Professor Dr. Prem Raj Bhardwaj as the keynote speaker in which seven participants took place and the topic of the debate was "Should Indian History be Re-written or Not?" Dr. Rajan Kaushal, Dr. Veena Tomar and Dr. Ravi Kant helped the department by performing the role of the Judges. The result of the winners is as under:

Sr. No.	Winner	1 <sup>st</sup> Runner	2 <sup>nd</sup> Runner
1	Pooja Sharma, BA-III	Karishma, BA-III	Raman Kumar, BA-I

- Prize Distribution Ceremony:** On 23<sup>rd</sup> March, 2023 at 11:00 AM in the morning a small prize distribution ceremony was held in the college hall under the graceful presence of the worthy Principal Madam as the Chief Guest and Senior Associate Professor Dr. Uttma Pandey. About 300 students took part in it and the winners were given away the prizes by the Chief Guest. Worthy Principal Ma'am encouraged the students to take part in such departmental activities for the overall development of their personality. The stage had been conducted efficiently by Miss Suhani Attri, Student of BA-III. At the end the vote of Thanks was moved by the department in favour of Worthy Chief Guest, respected members of staff, distinguished judges, participants and the audience. The ceremony ended with singing of National Anthem.



  
Principal  
Dr. Y. S. Parmar  
P. G. College, Nahan

# निबंध लेखन में ज्योति व वाद-विवाद में पूजा अल्वल

नाहन, 23 मार्च (आशु): डा. वाई.एस. परमार डिग्री कालेज नाहन में वीरवार को इतिहास विभाग की ओर से पिछले 2 सप्ताह से आयोजित करवाई जा रही विभिन्न गतिविधियों का समापन हुआ। समापन समारोह की अध्यक्षता प्रिंसिपल डा. वीना राठौर ने की।

विभागाध्यक्ष प्रो. बी.आर. ठाकुर ने बताया कि इस दौरान विद्यार्थियों के लिए विभिन्न प्रतियोगिताओं का आयोजन करवाया गया, जिन्हें समापन अवसर पर पुरस्कृत किया गया।

निबंध लेखन प्रतियोगिता में बी.ए. तृतीय वर्ष की ज्योति शर्मा, प्रथम वर्ष



नाहन : विजेता विद्यार्थी प्रिंसिपल डा. वीना राठौर के साथ।

(अब्दुल)

की हिमानी व द्वितीय वर्ष की रितिका ने क्रमशः पहला, दूसरा व तीसरा स्थान प्राप्त किया। वाद-विवाद में बी.ए. तृतीय वर्ष की पूजा शर्मा, करिश्मा व प्रथम वर्ष के रमन कुमार क्रमशः पहले, दूसरे व तीसरे स्थान पर रहे। प्रश्नोत्तरी में आशीष ठाकुर, दीपक, गौरव की टीम ने पहला व नीरज शर्मा, मुस्कान, रूचि

की टीम ने दूसरा स्थान प्राप्त किया। करिश्मा, पूजा शर्मा व रितिका की टीम तीसरे स्थान पर रही।

इस मौके पर कालेज की वरिष्ठ प्रो. उत्तमा पांडे, डा. रविकांत शर्मा, प्रो. सुदेश शर्मा, डा. वीना तोमर, डा. अनुप कुमार, प्रो. गोपाल शर्मा, प्रो. नवदीप कोर व डा. सरिता बंसल मौजूद रहे।

4. AN INTER-COLLEGE COMPETITION DECLAMATION, SLOGAN WRITING AND RANGOLI COMPETITION ON RIGHT TO INFORMATION BY DISTRICT ADMINISTRATION, NAHAN ON 25TH MARCH 2023

**अमर उजाला**

चंडीगढ़ | रविवार, 26 मार्च 2023

GOVERNMENT

शिवम ने भाषण  
और अजय ने जीती  
नारा लेखन स्पर्धा

पीजी कालेज नाहन  
सूचना के अधिकार

दिव्य हिमाचल ब्यूरो- नाहन

नाहन (सिरमौर)। राजकीय महाविद्यालय नाहन में जिला प्रशासन के सहयोग से सूचना का अधिकार विषय पर अंतर महाविद्यालय स्पर्धाएं आयोजित की गईं। इसमें प्राचार्य डॉ. वीना राठौर ने मुख्यातिथि और सहायक आयुक्त विवेक शर्मा ने विशिष्ट अतिथि के रूप में शिरकत की। जबकि जिला राजस्व अधिकारी चेतन चौहान मुख्य वक्ता के रूप में मौजूद रहे। इस दौरान भाषण, नारा लेखन और रंगोली स्पर्धा आयोजित की गईं। इन स्पर्धाओं में स्थानीय विद्यालय सहित संस्कृत कॉलेज के बच्चों ने भाग लिया। भाषण प्रतियोगिता में शिवम ने पहला, मेघा ने दूसरा और सुमन ने तीसरा स्थान प्राप्त किया। नारा लेखन प्रतियोगिता में अजय कश्यप ने पहला, रवीना ने दूसरा और वंश ने तीसरा स्थान प्राप्त किया। रंगोली प्रतियोगिता में दीक्षा और शुभांगी ने पहला, रीतू और राजेश ने दूसरा और सुधा व हिमानी ने तीसरे स्थान पर बाजी मारी। विजेताओं को क्रमशः ट्रॉफी और 500, 300 और 200 रुपये का नकद पुरस्कार प्रदान किया। संवाद

डा. वाईएस परमार पीजी कालेज नाहन में शनिवार को जिला प्रशासन सिरमौर द्वारा आयोजित वित्त पोषित एक दिवसीय सूचना का अधिकार कार्यक्रम आयोजित हुआ। जिसमें सूचना के अधिकार कार्यक्रम के तहत महाविद्यालय में जहां विभिन्न नकद इनामी प्रतियोगिताओं का आयोजन हुआ। वहीं जिला प्रशासन के सहायक आयुक्त सिरमौर विवेक शर्मा, जिला राजस्व अधिकारी सिरमौर चेतन चौहान द्वारा सूचना के अधिकार पर विस्तृत व्याख्यान छात्र-छात्राओं को दिए गए। महाविद्यालय की प्राचार्य डा. वीना राठौर ने बताया कि सूचना के

...	Amt.	{	Paid ...
...	Amt.	{	Due ...
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Jan.

5. DEBATE COMPETITION ON THE THEME "SHOULD THE UNITED NATIONS BE SCRAPPED OR RETAINED IN THE CHANGING GLOBAL ENVIRONMENT" ON 3<sup>RD</sup> MARCH 2023

DR. Y.S PARMAR P.G COLLEGE, NAHAN

SESSION - (2022-23)

DEPARTMENTAL ACTIVITIES

POLITICAL-SCIENCE

Sr. No	Particulars	Details	Remarks
1.	Name of Department/Unit/Agency	Political Science	
2.	Name of Activity	Debate Competition	
3.	Number of Student Participants	12	
4.	Number of Teacher Participants	10	
5.	Total Number of Students	80	

**Brief Report :-** As per the activity calendar of the current session, a debate competition on the theme "Should the United Nations be scrapped or retained in the changing global environment" was organized by the Department of Political Science on 3rd March 2023 to commemorate the "United Nations Day ". The Principal of the college, Dr. Veena Rathore, was the chief guest of this competition. At the beginning of the programme, the chief guest was welcomed by Dr. Veena Tomar, on the behalf of the Political Science department. Professor BR Thakur, Professor Navdeep Kaur or Professor Lakshita Thakur played their role as jury in this debate competition. Around eighty students were present in this competition. Six teams participated in this competition. Team C(Karishma & Suhani), Team B(Sulekha & Siddhant) and Team F(Anjali & Sachin) secured 1st, 2nd and 3rd position respectively.

At the end of the programme Principal Dr. Veena Rathore distributed prizes to the winners and prizes were also distributed to those students , who won prizes in previous activities conducted by the department. Principal Dr. Veena Rathore in her address congratulated the Department of Political Science for bringing out the various competitions hidden within the students and encouraged the students to participate in such events. In this program Dr. Urvashi Chauhan Dept. of Political Science, Dr. Rajan Kaushal, Dept.of Eng. and Prof Richa Kanwar, Dept. of Physics were also present. At the end of the programme, vote of thanks was presented by Dr P.R. Bhardwaj (Head of the department) and the program duly concluded with the national anthem.

Faculty members

1.Dr. P.R.Bhardwaj



2.Dr. Urvashi Chauhan



3.Dr. Veena Tomar.



  
Principal



### **III. LIFE SKILL**

## 1. A WORKSHOP ON FIRST AID ON 27TH OF MARCH 2023

**Dr. Y.S. Parmar Govt. P.G. College Nahan, Distt. Sirmour (H.P.)**  
**Department of Zoology**

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**Report on Workshop on First Aid**

**Introduction:**

On the 27<sup>th</sup> of March 2023, a workshop on first aid was organized from Dr. Y.S. Parmar Govt. P.G. College Nahan and conducted at the local Mata Padmawati College of Nursing, Nahan Distt. Sirmour (H.P.). Students were briefed about the workshop by worthy Principal Dr. Veena Rathore Dr. Y.S. Parmar Govt. P.G. College Nahan. About 50 students participated in the workshop and accompanied by Dr. Vineet Kumar and Dr. Zafar Ali. The workshop was aimed at educating participants on various emergency medical procedures such as CPR, Seizure, Poisoning, Snake bite, Dog bite, Unconsciousness, Spinal cord injury, Choking, Drowning, and Burn. The participants consisted of students, community members, and medical professionals.

**CPR:** The workshop started with a demonstration and practical training on Cardio Pulmonary Resuscitation (CPR). The instructor demonstrated how to perform chest compressions and rescue breathing on a mannequin. The participants also had the opportunity to practice these techniques, and the instructor provided individual feedback.

**Seizure:** The next session focused on how to manage a seizure. The instructor provided information on the types of seizures and how to recognize the signs of a seizure. Participants learned how to protect the individual during a seizure and what to do after the seizure has ended.

**Poisoning:** The workshop also covered how to manage cases of poisoning. The instructor provided information on the common causes of poisoning and how to identify the signs and symptoms of poisoning. Participants learned how to respond in case of poisoning and how to administer first aid before seeking medical attention.

**Snake Bite:** The participants also learned how to manage a snake bite. The instructor provided information on the different types of snakes and how to recognize the signs of a snake bite. The participants learned how to administer first aid and how to transport the victim to a medical facility.

**Dog Bite:** The workshop also focused on how to manage a dog bite. The instructor provided information on the common causes of dog bites and how to recognize the signs of a dog bite. Participants learned how to clean the wound and administer first aid.



**Unconsciousness:** The participants also learned how to manage cases of unconsciousness. The instructor provided information on the common causes of unconsciousness and how to recognize the signs of unconsciousness. Participants learned how to administer first aid and how to transport the victim to a medical facility.

**Spinal Cord Injury:** The workshop also covered how to manage a spinal cord injury. The instructor provided information on the common causes of spinal cord injury and how to recognize the signs of a spinal cord injury. Participants learned how to administer first aid and how to transport the victim to a medical facility.

**Choking:** The workshop also focused on how to manage choking. The instructor provided information on the common causes of choking and how to recognize the signs of choking. Participants learned how to administer first aid and how to transport the victim to a medical facility.

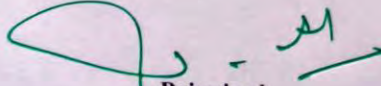
**Drowning:** The participants also learned how to manage cases of drowning. The instructor provided information on the common causes of drowning and how to recognize the signs of drowning. Participants learned how to administer first aid and how to transport the victim to a medical facility.

**Burn:** The workshop also covered how to manage a burn. The instructor provided information on the common causes of burns and how to recognize the signs of a burn. Participants learned how to administer first aid and how to transport the victim to a medical facility.

**Conclusion:** In conclusion, the workshop on first aid was a success. Participants gained valuable knowledge and practical skills that will enable them to respond appropriately in an emergency. The workshop also highlighted the importance of seeking medical attention after administering first aid. Overall, the workshop was informative, interactive, and engaging, and the participants expressed their appreciation for the opportunity to learn these critical life-saving skills.

**Organizing Committee:**

1. Dr. Vineet Kumar  
Department of Zoology
2. Dr. Zafar Ali  
Department of Physical Education

  
Principal  
Principal  
Dr. Yashwant Singh Parmar  
Govt. P.G. College, Nahan

अभर उजागा

चंडीगढ़ | मंगलवार, 28 मार्च 2023

GOVERNMENT POST GRADUATE FEE DEMAND

# नाहन कॉलेज के विद्यार्थियों ने सीखे प्राथमिक उपचार के गुर 14

संवाद न्यूज एजेंसी

नाहन (सिरमौर)। डॉ. बार्डरस परमार पीजी कॉलेज नाहन और माता पद्मावती नर्सिंग कॉलेज के संयुक्त तत्वाधान में प्राथमिक उपचार,, कार्यशाला आयोजित की गई। माता पद्मावती नर्सिंग कॉलेज के सभागार में हुई इस कार्यशाला में शारीरिक शिक्षा और विज्ञान संकाय के 50 विद्यार्थियों ने अपनी उपस्थिति दर्ज कराई।

कार्यशाला के दौरान विद्यार्थियों को सांप के काटने, कुत्ते के काटने, जहर, बेहोशी की हालत, मिर्गी दौरे, जलने पर दिए जाने वाले प्राथमिक उपचार की जानकारी प्रदान की गई। माता पद्मावती नर्सिंग कॉलेज की ट्यूटर अंबिका शर्मा, ममता, इशानी, किरण शर्मा, पूजा ने विद्यार्थियों को



माता पद्मावती नर्सिंग कॉलेज नाहन में कार्यशाला के दौरान मौजूद शिक्षिका एवं छात्राएं। संवाद

**माता पद्मावती नर्सिंग कॉलेज में दी गई जानकारी**

**कार्यशाला में दूसरों का जीवन बचाने पर किया जागरूक**

दूसरे लोगों के जीवन को बचाने के गुर भी सिखाए। शारीरिक शिक्षा से

डॉ. जफर अली ने भी विद्यार्थियों का मार्गदर्शन किया। नाहन कॉलेज से

प्रो. डॉ. सलोनी सूद ने बताया कि नर्सिंग कॉलेज रवाना होने से पहले कॉलेज की प्राचार्य डॉ. वीना रावैर ने भी विद्यार्थियों का मार्गदर्शन किया।

Nov. ... Amt.	Dec. ... Amt.
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27/3/2023

# DR. YS PARMAR GOVT. PG COLLEGE NAHAN

EST. 1963

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gcnahan-hp@nic.in

01702-251107



## ATTENDANCE SHEET

Sr. No.	Name	Class	Roll No.	Contact No.	Signature
1	Anamika	BSc. 3 <sup>rd</sup> Year	20401016	8580915863	Anamika
2	Mustan Thakor	BSc. 3 <sup>rd</sup> Year	20401058	7876821861	Mustan
3	Jasmeen Kaur	BSc. 3 <sup>rd</sup> Year	20401049	90150-12392	Jasmeen
4	Simran	B.Sc. 3 <sup>rd</sup> Year	20401006	7876847271	Simran
5	Anamika	B.Sc. 4 <sup>th</sup> Year	20401078	8091709904	Anamika
6	Divyanshi Sharma	B.Sc. III <sup>rd</sup> Year	20401070	7807776591	Divyanshi
7	Ritu	BSc III <sup>rd</sup> Year	20401073	8894175502	Ritu
8	Suruchi	BSc III <sup>rd</sup> Year	20401053	9015399134	Suruchi
9	Tisha Sharma	BSc III <sup>rd</sup> Year	20401038	6230882180	Tisha
10	Prince	BSc III <sup>rd</sup> Year	20401007	9015070319	Prince
11	Abhishek	BSc III <sup>rd</sup> Year	20401009	8219032412	Abhishek
12	Shamreen	BSc III <sup>rd</sup> Year	20401075	9350996502	Shamreen
13	Poojika	"	20401005	9805399575	Poojika
14	Poojya	"	20401039	7876686196	Poojya
15	Anjali	"	20401077	9418825723	Anjali
16	Anjali	"	20401032	9262944411	Anjali

Principal  
Dr. Yashwant Singh Parmar  
Govt. P.G. College, Nahan



2. BLOOD DONATION CAMP BY NCC ON 27<sup>TH</sup> NOVEMBER, 22 (NCC DAY)

COLLEGE ACTIVITY

Dated: 27/11/22

Sl. No.	Particulars	Details	Remarks
1	Name of the Department/Unit/Agency	NCC	
2	Name of the Activity	Blood donation on the occasion of NCC DAY	
3	Name of Collaboration Agency (If Any)	1 HP (I) Coy NCC, NAHAN	
4	Number of student Participants	35 cadets	16 cadets donated blood.
5	Number of Teacher Participants	Lt. (Dr.) PANKAJ AND	
6	Number of Guest Participants (If Any)	Col. Rajeev Sharma	

**Brief Report:** 16 cadets of NCC Unit of Dr. Y.S.P.G.P. College, Nahani donated their blood in Mega NCC blood donation camp which was organized by 1 HP (I) Coy NCC, Nahani on the occasion of NCC day on dated 27 Nov 22. 35 cadets of our college attended that celebration of NCC day. Col. Rajeev Sharma was chief guest in the mega blood donation camp. Lt. Pankaj were presented in that activity with cadets.

Participant  
 (Signature)

Principal  
 Dr. Yashwant  
 Govt. PG  
 Nahani

NOMINAL ROLL

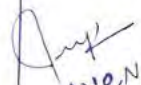
Dr. YSP Govt PG College, Nahau

Blood Donation  
on NCC Day.  
27 Nov.

Sl. No	Reg No	Name	Contact No	Blood Group	Remarks
1	HP20SWA/290710	Sheetal Choudhary	7876632398	B <sup>+</sup> ve ✓	Donated
2	HP20SWA/290711	Riya Saini	8627816425	A <sup>+</sup> ve ✗	
3	HP20SWA/290712	Megha	7018926380	O <sup>+</sup> ve ✓	
4	HP20SWA/290713	Madhu	9805922101	✗	
5	HP20SWA/290714	Mansi Sharma	7876579442	AB <sup>+</sup> ve ✓	Donated
6	HP20SWA/290715	Jasmeen Kowr	9015012392	A <sup>+</sup> ve ✗	
7	HP20SWA/290716	Poonilla Devi		O <sup>-</sup> ve ✓	
8	HP20SWA/290717	Amisha	7876628851	A <sup>+</sup> ve	— do —
9	HP20SWA/290718	Keena Sharma	7807957099	O <sup>+</sup> ve ✓	
10	HP20SWA/290719	Akanksha	8091786468	O <sup>+</sup> ve ✓	— do —
11	HP20SDA/290720	Nishant Sharma	6230502668	A <sup>+</sup> ve ✓	
12	HP20SDA/290721	Arun Sharma	8580605684	A <sup>+</sup> ve	— do —
13	HP20SDA/290722	Neeraj Sharma	7876860045	O <sup>+</sup> ve ✓	
14	HP20SDA/290723	Ritik Thakur	8352859738	B <sup>+</sup> ve ✗	
15	HP20SDA/290724	Sourabh Kumar	9015106785	A <sup>+</sup> ve ✓	— do —
16	HP20SDA/290725	Divanshu Chauhan	7876292118	—	
17	HP20SDA/290726	Ajay Manta	8627022907	B <sup>+</sup> ve ✓	
18	HP20SDA/290727	Aman	7876796976	A <sup>+</sup> ve ✓	— do —
19	HP20SDA/290728	Rupender Singh	9015010788	B <sup>+</sup> ve ✓	
20	HP20SDA/290729	Taibarkash	8894459458	A <sup>+</sup> ve ✗	
21	HP20SDA/290732	Vishal Sharma	6230448721	B <sup>+</sup> ve ✓	— do —
22	HP20SDA/290733	Lawar Thakur	8627022613	B <sup>+</sup> ve ✓	— do —
23	HP20SDA/290734	Deepak Chand	7876030058	B <sup>+</sup> ve ✗	
24	HP20SDA/290735	Karan Thakur			
25	HP20SDA/290736	Rahul	8628990021	O <sup>+</sup> ve ✓	
26	HP20SDA/290737	Nikhil Sharma	6230609499	— AB	
27	HP20SDA/290738	Rohan Sharma	7876061775	B <sup>+</sup> ve ✓	— do —
28	HP20SDA/290739	Naman Thakur	8580400043	AB <sup>+</sup> ve ✓	— do —
29	HP20SDA/290740	Mohit Nagwan	7559718533	B <sup>+</sup> ve	
30	HP21SWA/290741	Himanshi	7018273163	O <sup>+</sup> ve	
31	HP21SWA/290741	Manisha	9015261547	B <sup>+</sup> ve	

Principal  
Dr. Yashwant Singh  
Govt. PG College, Nahau

Reg No.	Name	Contact No.	Blood Group	Remarks	
33	HP21SWA/290742	Ishita	9816575478	B <sup>+</sup> ve	
34	HP21SWA/290743	Sheetal	8219877325	O <sup>+</sup> ve	
35	HP21SWA/290744	Ritika	7876687454	O <sup>+</sup> ve	
36	HP21SWA/290745	Salini	7876242363	A <sup>+</sup> ve ✓	Donated
37	HP21SWA/290746	Janya Tomar	8580452611	A <sup>+</sup> ve ✓	Do
38	HP21SWA/290747	Ranjana Devi	7876915726	AB <sup>+</sup> ve	
39	HP21SWA/290748	Chetna Sharma	9015469653	A <sup>+</sup> ve	
40	HP21SWA/290749	Kajal	6230957741	A <sup>+</sup> ve ✗	Donated
41	HP21SWA/290751	Preeti Choudhary	8082557604	O <sup>+</sup> ve	
42	HP21SWA/290753	Santosh Kumari	8219568126	A <sup>+</sup> ve	
43	HP21SWA/290754	Arjali Sharma	7018687087	B <sup>+</sup> ve ✓	
44	HP21SWA/290758	Santosh	9015385941	A <sup>+</sup> ve	
45	HP21SDA/290755	Himanshu	9805398570	B <sup>+</sup> ve ✓	Done
46	HP21SDA/290756	Mukul Thakur	8580417235	B <sup>+</sup> ve ✓	
47	HP21SDA/290757	Dheeraj Kumar	6230379624	A <sup>+</sup> ve ✗	
48	HP21SDA/290759	Adarsh	8626816776	A <sup>+</sup> ve ✓	
49	HP21SDA/290760	Himanshu	6230704911	O <sup>+</sup> ve	
50	HP21SDA/290762	Sachin	8629003041	B <sup>+</sup> ve	
51	HP21SDA/290763	Harshav Rawal	6230518867	A <sup>+</sup> ve ✓	
52	HP21SDA/290764	Nikhil	6230074179	O <sup>+</sup> ve ✓	
53	HP21SDA/290765	Rohan Sharma	8628828062	A <sup>+</sup> ve ✓	
54	HP21SDA/290768	Aaryan Dhiman	9805614677	O <sup>+</sup> ve ✓	
55	HP21SDA/290769	Rajesh Chauhan	7807895516	AB <sup>+</sup> ve ✓	
56	HP21SDA/290770	Prithvi	7807334458	A <sup>+</sup> ve ✓	Done
57	HP21SDA/290771	Lalit Thakur	7018846701	B <sup>+</sup> ve ✓	
58	HP21SDA/290772	Tanisha Pundir	7876420741	O <sup>+</sup> ve	
59	HP21SDA/290773	Harish	7876056560	A <sup>+</sup> ve ✓	
60	HP21SDA/290774	Vikram	9984900020	O <sup>+</sup> ve ✓	
61	HP21SDA/290775	Shakir	7876703751	O <sup>+</sup> ve ✓	
62	HP21SDA/290776	Rohini	9015029256	AB <sup>+</sup> ve ✓	
63	HP21SDA/290777	Kapil Dhiman	8219947171	B <sup>-</sup> ve ✗	
64	HP21SDA/290778	Rashmi Thakur	7876829664	B <sup>+</sup> ve ✓	
65	HP21SDA/290779	Ishani	8091068665	A <sup>+</sup> ve ✗	
66	HP21SDA/290780	Sanjay Kumar	8278746935	AB <sup>+</sup> ve ✗	
67	HP21SDA/290781	Bhakti			

  
 ANO, NCC  
 Dr. YS Purohit  
 College  
 Kharan

### 3. BLOOD DONATION CAMP ON 13TH AUGUST 2022



**DR. YS PARMAR GOVT. PG COLLEGE NAHAN**  
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NSS Report/2022-23/006 NSS Register Page No 49 Date 13<sup>th</sup> August 2022  
Number Of Volunteers :- 47

#### Blood Donation Camp

As part of the "Har Ghar Tiranga" theme under the auspices of the Azadi Ka Amrit Mahotsav, commemorating the 75 glorious years of independent India, a blood donation camp was organized by NSS Unit of Dr. YSPGPG College Nahan in collaboration with the Rotary Club, Nahan, on August 13, 2022, at the college premises. A total of 48 NSS volunteers participated in this camp. In this camp, a total of **32 blood donors**, including teachers, students, and external individuals, contributed to the noble cause of blood donation.

Dr. Pankaj Chandak  
Prof. Monika  
NSS P.O. Dr. YSPGPG College Nahan  
Programme Officer  
Dr. Y.S. Parmar GPG College, Nahan

Principal  
Dr. Yashwant Singh Parmar  
Govt. P.G. College, Nahan  
Dr. YSPGPG College Nahan

#### रक्तदान अभियान

स्वतंत्र भारत के 75 गौरवशाली वर्षों की स्मृति में "हर घर तिरंगा" थीम के तहत, डॉ. यू.एस. परमार सरकारी पी.जी. कॉलेज, नाहन, सिरमौर, एच.पी. के साथियों के सहयोग से रोटरी क्लब, नाहन के साथ, दिनांक 13 अगस्त 2022 को कॉलेज परिसर में रक्तदान शिविर का आयोजन किया गया। इस शिविर में कुल 48 एनएसएस स्वयंसेवक भाग लिए। इस शिविर में कुल **32 रक्तदाता** रक्तदान करने के लिए आए, जिनमें शिक्षक, छात्र और बाहरी व्यक्ति शामिल थे।

डॉ. पंकज चांडक  
प्रो. मोनिका  
राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी  
Programme Officer  
N.S.S.  
Dr. Y.S. Parmar GPG College, Nahan

Principal  
Dr. Yashwant Singh Parmar  
Govt. P.G. College, Nahan  
डॉ. यशवंतसिंह परमार राजकीय पीजी कॉलेज नाहन





COLLEGE ACTIVITY

Dated: 13-08-2022

Sr. No.	Particulars	Details	Remarks
1	Name of the Department/Unit/Agency	NSS Units Govt. College Nahani	
2	Name of the Activity	Blood donation Camp	
3	Name of Collaboration Agency (If Any)	Rotary club Sangini Nahani	
4	Number of student Participants	50	
5	Number of Teacher Participants	10	
6	Number of Guest Participants (If Any)	05	
7	Brief Report: On the celebration of 75 glorious years of Independent India under the theme Azaadi Ka Amrit Mahotsav "Har Ahar Tiranga" campaign, a blood donation camp was organized in collaboration of Rotary Club Sangini Nahani on dated: 13 Aug 22 at College campus. 47 volunteers of NSS Units participated in this camp. Total 32 donors (including Teachers, students and outsiders) donated blood in this camp.		

Organizer  
(Name & Signature)

1. Dr. Anup Kumar

2. Smt. Monika Kumari

13 Aug. 2022



**DR. YS PARMAR GOVT. PG COLLEGE NAHAN**

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**ATTENDANCE SHEET**

Sr. No.	Name	Roll No.	Signature	Sr. No.	Name	Roll No.	Signature
1	Aanchal	21451158	Aanchal	24	Suag	20506082	Suag
2	Anupriya	21451122	Anupriya	25	Amisha Chohan	20506039	Amisha
3	Megha Sharma	20535521	Megha	26	Nancy Thakur	20506053	Nancy
4	Suhani Attai	20506054	Suhani	27	Ritika Sharma	21521485	Ritika
5	Piyanshu Sharma	20453195	Piyanshu	28	Vidushi Sharma	21521376	Vidushi
6	Poonam	20506037	Poonam	29	Sakshi Thakur	20542446	Sakshi
7	Prumesh	21521437	Prumesh	30	Ritika	20636681	Ritika
8	Kareena	21521476	Kareena	31	Susender Verma	21507088	Susender
9	Mohinder Singh	21521433	Mohinder Singh	32	Mulder	21306530	Mulder
10	Mokshika	21553123	Mokshika	33	Ajinkya Jari	20552476	Ajinkya
11	Pankaj Kumar	21521855	Pankaj	34	Nitika Sharma	20553489	Nitika
12	Himanshu Lal	21521437	Himanshu	35	Salib Singh		Salib Singh
13	Kumari Akshita	21521425	Akshita	36	Umesh	20511182	Umesh
14	Gulshan	21521496	Gulshan	37	Sakshi Sharma	21120032	Sakshi
15	Jashvee Thakur	21504937	Jashvee Thakur	38	Priyanka	21506377	Priyanka
16	Shabnam	21536898	Shabnam	39	Pushpa	21506723	Pushpa
17	Poonam Kumari	21512856	Poonam	40	Ashka	21506300	Ashka
18	Manisha	21521452	Manisha	41	Manisha Kumari	21506321	Manisha
19	Vandana	21521358	Vandana	42	Manisha Chohan	20506035	Manisha
20	Aakriti	20506059	Aakriti	43	Mamta Kumari	21506296	Mamta
21	Sahjal	20506044	Sahjal	44	Shruti	21506298	Shruti
22	Akshat	20506025	Akshat	45	Anjali Kumari	21506295	Anjali
23	A.S.HISH	20532353	A.S.HISH	46	Parul Thakur	21506290	Parul
				47	Preety	21506294	Preety
				48	RUPENDER (HUMAN)	21451132	RUPENDER
				49	Mahak Sharma	22521071	Mahak Sharma
				50	Aakriti	22506045	Aakriti

Signature of Organizer

1. Dr. Anup Kumar

2. Smt. Monica Kumari

47. Preety 21506294 Preety  
 48. RUPENDER (HUMAN) 21451132 RUPENDER  
 49. Mahak Sharma 22521071 Mahak Sharma  
 50. Aakriti 22506045 Aakriti

# नाहन में रक्तदाताओं ने दिखाया जोश, 32 यूनिट खून एकत्रित

## उपायुक्त रामकुमार गौतम ने रक्तदान शिविर का किया शुभारंभ

संवाद न्यूज एजेंसी

रोटरी संगिनी नाहन और अमर उजाला फाउंडेशन ने लगाया शिविर

नाहन (सिरमौर)। रोटरी संगिनी नाहन और अमर उजाला फाउंडेशन ने संयुक्त रूप से डॉ.

यशवंत सिंह परमार राजकीय स्नातकोत्तर महाविद्यालय नाहन में शनिवार को रक्तदान शिविर आयोजित किया।

शिविर में महिला रक्तदाताओं ने भी आगे आकर रक्त का महादान किया।

शिविर का शुभारंभ उपायुक्त रामकुमार गौतम ने किया। उन्होंने रक्तदान करने वाले युवाओं की प्रशंसा की। उन्होंने कहा कि सभी मिलकर एक-एक जिंदगी बचाने जा रहे हैं। रक्तदान के लिए सभी को आगे आना चाहिए।

रक्तदान शिविर नाहन कॉलेज में सुबह ठीक 11:00 बजे शुरू हुआ। इस दौरान कई लोगों ने पहली बार रक्तदान करके पुण्य कमाया। शिविर में कुल 32 यूनिट रक्त एकत्रित किया गया। हालांकि इस दौरान अन्य भी कई युवाओं ने रक्तदान के लिए फार्म भरे लेकिन पिछले दिन कॉविड टीका लगने की वजह से 19 युवाओं को रक्तदान से वर्जित रहना पड़ा।

कई लड़कियों का भार कम होने से भी वह खून नहीं दे पाईं। बहरहाल, रक्त का महादान करने वाली में नाहन कॉलेज के विद्यार्थियों और स्टाफ में भारी जोश दिखा। इस अवसर पर उपायुक्त राम कुमार गौतम की धर्म पत्नी ज्योत्सना



गौतम, ब्लड बैंक की प्रभारी डॉ. निशी जसवाल, राजेश शर्मा, नाहन कॉलेज के उपप्राचार्य डॉ. प्रेम

भारद्वाज, रोटरी संगिनी की प्रधान प्रो. अंजू अग्रवाल, ममता जैन, मनीष जैन, वैशाली जैन, दीपा बसंत, निर्मला राठी, मोनिका जैन, पूनम



नाहन कॉलेज में रक्तदान शिविर के शुभारंभ मौके पर रक्तदान का महत्व बताते उपायुक्त रामकुमार गौतम। संवाद

गुप्ता, नीलम अग्रवाल, रमा रैगटा, सलानी मूद, डॉ. मरिता वंसल और स्वीटी जैन, डॉ. अनूप भाटिया, डॉ. प्रीति विशेष रूप से मौजूद रहें।

### किसी की जान बचाना सबसे बड़ा धर्म, रक्तदान



दीपक अंकिता रमा रेटका नितिका पुलकित सोनिका डॉ. पंकज सेजल तोमर

नाहन। तीसरी बार रक्त दे रहे मेजर दीपक धवन ने कहा कि किसी की जान बचाना सबसे बड़ा धर्म है। जरूरतमंद व्यक्ति को खून देने के लिए सभी को आगे आना चाहिए।

पहली बार रक्त दे रही बीए द्वितीय वर्ष की छात्रा अंकिता ने कहा कि मुझे खुशी है कि मेरा खून किसी जरूरतमंद के काम आ सकेगा। मैं आगे भी रक्तदान जरूर करूंगी। छठी बार रक्त दे रही रमा रेटका ने कहा कि जरूरत मंद के हमेशा काम आना

चाहिए। मैं दो बार प्लाजमा भी दान दे चुकी हूँ।

बीए की छात्रा नितिका ठाकुर ने कहा कि मैं पहली बार रक्त दान कर रही हूँ। ऐसा करके मुझे बहुत खुशी मिल रही है। मैं आगे भी यह कार्य करूंगी।

चौथी बार रक्त दे रहे बी वाक के छात्र पुलकित ने कहा कि खून नालियों में नहीं नाड़ियों में बहना चाहिए। उन्हें खुशी है कि मेरे खून से एक जिंदगी बचेगी।


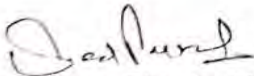
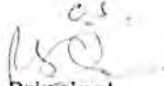
बीए फाइनल की छात्रा सोनिका

चौहान ने कहा कि मैंने पहले कई बार रक्त देने की सोची लेकिन इंजेक्शन से डर लगता था। आज पहली बार रक्त देकर मुझे बहुत खुशी मिली।

17वीं बार रक्त दे रहे डॉ. पंकज चांडक ने कहा कि रक्तदान करके मुझे हमेशा खुशी मिलती है। सभी लोगों को इस नेक कार्य में आगे आना चाहिए।

छात्रा सेजल तोमर ने कहा कि पहली बार मुझे यह अवसर मिला। आज रक्तदान कर असीम संतुष्टि मिल रही है। सजाद

4. MOCK DRILL & LECTURE ON DISASTER MANAGEMENT ON 14TH SEPTEMBER  
22

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<b><u>REPORT OF DISTRICT LEVEL MEGA MOCK EXERCISE</u></b> <b><u>14<sup>TH</sup> SEPTEMBER 2022</u></b>	
<p>With reference to letter No. SMR-DDMA (Mock Drill) DC-2022 Dated, Nahani 06/09/2022 received from Office of the Deputy Commissioner-cum-Chairman, District Disaster Management Authority (DDMA) District Sirmour at Nahani (H.P.), on dated 13-09-2022, a District Level Mega Mock Exercise on Earthquake/Landslide Disaster was organised by the District Disaster Management Authority (DDMA) District Sirmour in collaboration with 14<sup>th</sup> Battalion, National Disaster Response Force (NDRF), Regional Response Centre (RRC), Nalagarh, under the Ministry of Home Affairs, Govt. of India, in the campus of Dr. Y.S. Parmar Govt. Post Graduate College Nahani on dated 14-09-2023.</p>	
<p>In the morning session a team of 14<sup>th</sup> Battalion, National Disaster Response Force (NDRF), Regional Response Centre (RRC), Nalagarh demonstrated the students of this institution about the different disaster situations. NCC, NSS, Rovers and Rangers volunteers actively participated in the awareness programme about disasters like earthquake, fire, accidents etc. by the NDRF team. 346 students of the institution including NCC, NSS, Rovers and Rangers volunteers along with the teaching and Non teaching members of staff of the college attended this programme.</p>	
<p>Post lunch mock drill on 'Escaping people during fire or earthquake Disaster Situation in a Building' was carried out. Officers/officials representing various departments participated in the mock drill but the departments like Health, Police, Home Guards, Agni Shaman played a vital role in the mock drill. Programme ended with vote of thanks proposed by the representative from District Disaster Management Authority (DDMA) District Sirmour at Nahani (H.P.)</p>	
 Nodal Officer, Disaster Management G.P.G. College Nahani	 Principal G.P.G. College Nahani Dr. Yashwanth Singh Parmar Govt. PG College Nahani



**DR. YS PARMAR GOVT. PG COLLEGE NAHAN**

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**PHOTOGRAPHS OF DISTRICT LEVEL MEGA MOCK EXERCISE**

**14<sup>TH</sup> SEPTEMBER 2022**



Nodal Officer, Disaster Management  
G.P.G. College Nahan

Principal  
Dr. Yashwant Parmar  
G.P.G. College Nahan



**DR. YS PARMAR GOVT. PG COLLEGE NAHAN**

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NSS Report/2022-23/013 NSS Register Page No 52 Date 14<sup>th</sup> September 2022  
Number Of Volunteers :- 150

### District Disaster Management Mock Drill

Under the directive of the District Collector and DOMA Letter Number SRM-DOMA (MOCK DRILL) DC-2022/17410 dated September 6, 2022, a district-level mock drill was organized in the college premises on September 14, 2022. With the assistance of the college's Disaster Management Committee, comprising Professor Ved Prakash and Professor Devendra, over 150 NSS volunteers (out of a total of more than 300 students) were trained in disaster management by the 14<sup>th</sup> NDRF Battalion. From 4:00 to 7:00 PM, a mock drill for earthquake preparedness was demonstrated, in which NSS volunteers actively participated.

Dr. Pankaj Chandak  
Prof. Monika  
NSS P.O. Dr. YSPGPG College Nahani S.S.

Programme Officer  
Dr. Y.S. Parmar GPG College, Nahani

Principal

Dr. Yashwant Singh Parmar  
Govt. P.G. College, Nahani

### जिला आपदा प्रबंधन मॉक ड्रिल

जिला कलेक्टर और DOMA पत्र संख्या SRM-DOMA (MOCK DRILL) DC-2022/17410 दिनांक 6 सितंबर 2022 के अनुसार, 14 सितंबर 2022 को कॉलेज परिसर में जिलास्तरीय मॉकड्रिल का आयोजन किया गया। कॉलेज की आपदा प्रबंधन समिति के प्रोफेसर वेद प्रकाश और प्रोफेसर देवेन्द्र के सहयोग से, 150 से अधिक एनएसएस स्वयंसेवकों (कुल 300 से अधिक छात्र) को आपदा प्रबंधन के 14 वीं बटालियन के जवानों ने प्रशिक्षित किया। 4:00 से 7:00 बजे तक, भूकंप के लिए मॉक ड्रिल का प्रदर्शन किया गया, जिसमें एनएसएस स्वयंसेवकों ने सक्रिय भाग लिया।

डॉ.पंकज चांडक  
प्रो. मोनिका  
राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी

Programme Officer  
N.S.S.

Dr. Y.S. Parmar GPG College, Nahani

Principal

Dr. Yashwant Singh Parmar  
Govt. P.G. College, Nahani

डॉ यशवंतसिंह परमार राजकीय पीजी कॉलेज नाहन

COLLEGE ACTIVITYDated: 14 सितंबर

Sr. No.	Particulars	Details	Remarks
1	Name of the Department/Unit/Agency	राष्ट्रीय सेवा योजना NSS Nahan Unit	
2	Name of the Activity	जिला आपदा प्रबंधन मॉक ड्रिल	
3	Name of Collaboration Agency (If Any)	Disaster Management Committee + NDRF + DDMA	
4	Number of student Participants	152 स्वयंसेवक	
5	Number of Teacher Participants	04	
6	Number of Guest Participants (If Any)	43	
7	<p><b>Brief Report:</b></p> <p>जिला कलेक्टर व DDMA के पत्र क्रमांक SRM-DDMA-(Mock Drill) DC-2022/17410 दिनांक 06 सितंबर 2022 के अनुसार जिला स्तरीय मॉक ड्रिल का आयोजन महाविद्यालय परिसर में 14 सितंबर 2022 को कराया गया। महाविद्यालय की Disaster Management Committee के प्रो. वेदप्रकाश व प्रो. देवेन्द्र के सहयोग से 150 से अधिक स्वयंसेवकों (कुल 300 से अधिक विद्यार्थियों) को आपदा प्रबंधन के गुरु 14वीं बटालियन नूरुपुर के जवानों ने सिखाया। शाम को 4 बजे से 7 बजे तक मुख्य मॉक ड्रिल का प्रदर्शन किया गया जिसमें स्वयंसेवक महेन्द्र व प्रवेश सहित अन्य स्वयंसेवकों ने सक्रिय भाग लिया।</p> <p>(Note: List given to DM cell of College)</p>		

*Jemmarji*

Organizer  
(Name & Signature)

1. प्रो. पंकज चौधरी

2. प्रो. मोनिका

*[Signature]*

# नाहन कालेज में छात्रों ने सीखा आपदा प्रबंधन

## मॉक ड्रिल आयोजित

नाहन, 14 सितम्बर (ब्यूरो): जिला मुख्यालय स्थित राजकीय स्नातकोत्तर महाविद्यालय में बुधवार को राष्ट्रीय आपदा प्रतिक्रिया बल की सहायता से मॉक ड्रिल का आयोजन किया गया। इसमें छात्रों को आपदा प्रबंधन का प्रशिक्षण दिया गया।

मॉक ड्रिल में एन.आर.डी.एफ., पुलिस, होम गार्ड, अग्निशमन, चिकित्सा, शिक्षा व अन्य संबंधित विभागों के अधिकारियों तथा कर्मचारियों ने हिस्सा लिया।

एन.डी.आर.एफ. के असिस्टेंट कमांडर करम सिंह, इंस्पेक्टर जगपाल, सब-इंस्पेक्टर गोविन्द मीना और सब-इंस्पेक्टर विवेक ने आपदा के समय उठाए जाने वाले विभिन्न पगों तथा जरूरी एहतियात बरतने के संबंध में विद्यार्थियों को जानकारी प्रदान की।

## टेबल टॉप एक्सरसाइज को लेकर की बैठक

मॉक ड्रिल को लेकर डी.सी. कार्यालय के सभागार में डी.सी. राम कुमार गौतम की अध्यक्षता में टेबल टॉप एक्सरसाइज का आयोजन किया गया। इसमें सभी विभागों के अधिकारी उपस्थित रहे। डी.सी. ने कहा कि किसी भी प्रकार की आपदा से प्रभावी तरीके से निपटने के लिए जिला आपदाकालीन संचालन केंद्र को और अधिक सक्रिय बनाए जाने की आवश्यकता

है। उन्होंने बताया कि जिला आपदाकालीन संचालन केंद्र 1077 टेल फ्री नंबर उपायुक्त कार्यालय में संचालित है और अच्छे तरीके से कार्य कर रहा है। उन्होंने किसी भी आपदा की स्थिति में विभिन्न विभागों की जिम्मेदारियों पर सभी अधिकारियों के साथ चर्चा की। सहायक कमांडेंट, 14वीं वाहिनी राष्ट्रीय आपदा प्रतिक्रिया बल आर.आर.सी. नालागढ़ कर्म सिंह ने मॉक ड्रिल बारे विस्तृत जानकारी दी। बैठक में एस.पी. ओमापति जमवाल, ए.डी.सी. मनेश यादव सहित विभिन्न विभागों के अधिकारी उपस्थित रहे।



नाहन : राजकीय स्नातकोत्तर महाविद्यालय में आपदा प्रबंधन के गुर सिखाते अधिकारी। (ब्यूरो)





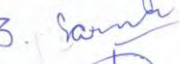

5. RALLY ON SAVE ENVIRONMENT SAVE LIFE ON 12TH SEPTEMBER 2022

**COLLEGE ACTIVITY**

Dated: 12/09/2022

Sr. No.	Particulars	Details	Remarks
1	Name of the Department/Unit/Agency	Eco club	
2	Name of the Activity	Awareness rally on the theme "Save environment Save life" in surrounding residential area of colleg	
3	Name of Collaboration Agency (If Any)	—	
4	Number of student Participants	30	
5	Number of Teacher Participants	04	
6	Number of Guest Participants (If Any)	—	
7	<b>Brief Report:</b> On Sept. 12, 2022, an awareness rally was organized by Eco Club of Dr. Y.S.P.G.P.G. College Nahan in the surrounding residential area of College. Theme of the rally was "Save environment save life". Total 30 students participated in this rally and motivated people to be sensitive for their environment and contribute for its well being.		

**Organizer  
(Name & Signature)**

1. 
2. 
3. 
4. 



**Principal**  
 Principal  
 Dr. Yashwant Singh Parmar  
 Govt. P.G. College, Nahan

## Attendance Sheet

Sr. No.	Roll No.	Name	Class	Signature
1	2210630020	Ankita	BSc 2 <sup>nd</sup> year	Ankita
2)	2210630058	Tyoti.	BSC 2 <sup>nd</sup> YEAR	Tyoti
3)	2210630059	Pooja Sharma	"	Pooja
4.	2210630074	Palak Preet	BSC 2 <sup>nd</sup> year	Palak
5.	2210630081	Preetika	"	Preetika
6)	2221960008	AnamBangan	"	Anam
7)	2221960013	Ananya Sharma	Bsc 2 <sup>nd</sup> year	Ananya
8)	2221960014	Anaragya	"	Ana
9)	22401035	Anjali	"	Anjali
10)	22401010	Archita	"	Archita
11)	22401011	Aryan	"	Aryan
12)	22401043	Druhti	"	Druhti
13)	22401024	Gargi	"	Gargi Tomar
14)	22401031	Komal	"	Komal
15)	22401036	Taran Tomar	Bsc 2 <sup>nd</sup> year	Taran Tomar
16)	22401034	Usha	"	Usha
17)	22401020	Widisha	Bsc 2 <sup>nd</sup> year	Widisha
18)	22401018	Manu Sharma	BSc 2 <sup>nd</sup> Year	Manu
19)	22401023	Mayank Sharma	Bsc 2 <sup>nd</sup>	Mayank
20)	22401026	Monika	B.Sc 2 <sup>nd</sup> year	Monika
21)	21401014.	Mukul Thakur.	"	Mukul
22)	22401004	Pankaj	BSc. II <sup>nd</sup>	Pankaj
23	22401016	Poonam	B:SC II <sup>nd</sup> year	Poonam
24	22401015	Sanjay	B <sup>sc</sup> "	Sanjay
25.	22401029	Shifa	"	Shifa
26.	22401019	Shreya	"	Shreya
27.	22401028	Shweta	BSc 2 <sup>nd</sup> year	Shweta.
28.	22401012	Simran Thakur	"	Simran Thakur.
29.	22401037	Tamanna Thakur	BSc. 2 <sup>nd</sup> year	Tamanna
30.	22401030	Tanya Kashyap	Bsc 2 <sup>nd</sup> year	Tanya

6. AWARENESS RALLY ON WORLD AIDS DAY BY RED RIBBON CLUB ON 1<sup>ST</sup>  
DECEMBER 2023


**Dr. Y.S.Parmar Govt. P.G. College Nahan, Dist. Sirmour**

**Red Ribbon Club**

**Report World AIDS Day December 1 , 2022**

On December 1, 2022 World AIDS Day was celebrated by RRC of Dr. Y. S. Parmar Govt. P. G. College Nahan. Students and members of RRC under the convenorship of Prof. Richa Kanwar organized an awareness rally in the college campus and adjacent area of Bonog. along with human chain formation of HIV/AIDS in the college open area. Total 48 students participated in this rally. Afterwards students were shown a movie "TeachAids" in the department of Botany. Dr. Vineet Kumar provided information to students on various aspects of HIV/AIDS in the form of Ppt. After human chain formation of HIV/AIDS in the college open area, Dr. Veena Rathour, Principal Dr. Y. S. Parmar Govt. P. G. College Nahan congratulated all the members of RRC for the successful conduction of activities.

  
Nodal Officer RRC

  
Principal

Govt. P.G. College

Nahan, Distt. Sirmour

Dec 1, 2022



विश्व  
एड्स  
दिवस

विश्व एड्स दिवस पर डॉ. वाईएस परमार राजकीय स्नातकोत्तर महाविद्यालय नाहन में रेड रिबन क्लब की ओर से जागरूकता रैली निकाली गई। इस मौके पर प्रोफेसर डॉ. विनीत कुमार ने पावर प्वाइंट प्रेजेंटेशन के माध्यम से विद्यार्थियों को एचआईवी एवं एड्स के बारे में विस्तार से जानकारी दी। प्राचार्य डॉ. वीना राठौर ने विद्यार्थियों को एड्स के प्रति जागरूक रहने के लिए प्रेरित किया। -संवाद

## 7. INTERNATIONAL YOUTH DAY CAMPAIGN" ON 12TH AUGUST 2022 TO 31ST AUGUST, 2022

### Dr. Y.S. Parmar Govt. P.G. College Nahan, Dist. Sirmour (H.P.) RED Ribbon Club

HIV Prevention Campaign i.e. August 12-31<sup>st</sup>, 2022

Theme: Intergeneration Solidarity: Creating a World for All Age

Campaign Slogan: "HIV ke Samne Hum Jhukenge Nahi"

#### Report

HIV Prevention Campaign was organized by Red Ribbon Club, Dr. Y.S. Parmar P.G. College Nahan w.e. f. August 12-31<sup>st</sup>, 2022 Theme: Intergeneration Solidarity: Creating a World for All Age. Professor Sulaxna Sharma and Dr. Vineet Kumar Assistant Professor Department of Zoology, Dr. Anup Kumar, Assistant Professor Department of Physics and Prof. Preeti Chauhan Assistant Professor Department of Botany were the organizers of the event. A large number of students participated in the event and different activities with related theme (i) HIV Prevention Rally, "HIV/AIDS Awareness", (ii) Poster Making Competition, "Intergeneration Solidarity: Creating a world for all age", (iii) Short Story Writing Competition, "HIV/AIDS Awareness" (iv) Reel Making and One minute Extempore and speech, "HIV ke Samne Hum Jhukenge Nahi" were organized on dated August 12<sup>th</sup>, 16<sup>th</sup>, 17<sup>th</sup>, 18<sup>th</sup>, 2022, respectively. More than 100 students of B.Sc life Science (2<sup>nd</sup> year & 3<sup>rd</sup> year) attended the same. Closing ceremony of the week was organized on 18-08-2022. Dr. Veena Rathore Principal, Dr. Y.S. Parmar Govt. P.G. College Nahan was the chief guest. Programme started with the warm welcome of the chief guest. Badge pinning was done as mark of respect to the chief guest. Posters were displayed and Reels were projected on the display screen in the department of Zoology Dr. Vikas Guleria Department of Botany and Professor Chinu Bansal Department of Physics were the judges for the aforesaid activities. Principal Dr. Veena Rathore talked on HIV prevention awareness and had a great interaction with the students. The names of the winners of the activities were announced by the chief guest. Lastly, event was ended with vote of thanks by Professor Sulaxna Sharma.

#### List of the winner students

- **Poster Making Competition:** 1<sup>st</sup> : Priya B.Sc. 2<sup>nd</sup> year, 2<sup>nd</sup> : Isha B.Sc. 3<sup>rd</sup> year, 3<sup>rd</sup> : Sakshi Thakur B.A. 3<sup>rd</sup> year
- **Short Story writing Competition:** 1<sup>st</sup> : Mimansha Kaushal B.Sc. 2<sup>nd</sup> year, 2<sup>nd</sup> : Saloni Sharma B.Sc. 3<sup>rd</sup> year, 3<sup>rd</sup> : Sudesh B.Sc. 3<sup>rd</sup> year
- **Reel Making:** 1<sup>st</sup> : Surichi B.Sc. 3<sup>rd</sup> year, 2<sup>nd</sup> : Saloni B.Sc. 3<sup>rd</sup> year, 3<sup>rd</sup> : Sudesh B.Sc. 3<sup>rd</sup> year
- **One minute Extempore and speech:** 1<sup>st</sup> : Saloni B.Sc. 3<sup>rd</sup> year, 2<sup>nd</sup> : Ritu B.Sc. 3<sup>rd</sup> year, 3<sup>rd</sup> : Anjali B.Sc. 3<sup>rd</sup> year

Sharma  
18/8/22

 < 



*Shruti*  
18/07/2022

*Suruchi*

Red Ribbon Club International Youth day <sup>(1)</sup>  
 to e.f  
 August 12, 2022 to August 31, 2022



Dhars  
 18/8/22

*[Handwritten signature]*



# DR. YS PARMAR GOVT. PG COLLEGE NAHAN

EST. 1963



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No-GCN-15/2022

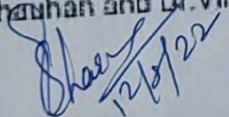
Date:- 12<sup>th</sup> Aug. 2022


## NOTICE

Red Ribbon Club, Dr. Dr. Y.S. Parmar Govt. P.G. College Nahan, Dist. Sirmour (H.P.) is organizing different activities as a HIV Prevention Campaign in college campus on the occasion of International Youth Day w.e.f. August 12, 2022 to August 31, 2022. Interested students may participate in the following activities:

S.No	Name of Activity	Date	Time	Venue	Theme
1.	HIV Prevention Rally	12-08-2022	10:00 AM	College Campus	HIV /AIDS Awareness
2.	Poster Making Competition	16-08-2022	10:00 AM	Zoology Lab	Intergeneration Solidarity : Creating a world for all age
3.	Short Story Writing Competition	17-08-2022	10:00 AM	Zoology Lab	HIV /AIDS Awareness
4.	i) Real Making Competition ii) One minute Extempore and Speech	Real entries to be submitted through email id Last Date : 18-08-2022			HIV Kae Samne Hum Jhukegne Nhi

Interested students may give their names for the aforesaid activities to Prof. Preeti Chauhan and Dr. Vineet Kumar

  
Convener

  
Principal  
Govt. P.G. College,  
Nahan, Distt. Sirmour



8. QUIZ COMPETITION ON HIV/AIDS ON 3<sup>RD</sup> DECEMBER 2023

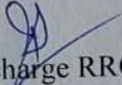
**Dr. Y.S.Parmar Govt. P.G. College Nahan, Dist. Sirmour**

**Red Ribbon Club**

**Quiz Competition December 3 , 2022**

**Report**

On December 3,2022, Red Ribbon Club of Dr.Y. S. Parmar Govt. P. G. College Nahan organized a Quiz Competition on HIV/AIDS under World AIDS Day campaign (December1, 2022 to December 31,2022). Total six teams participated in this quiz. First three Positions i.e. 1<sup>st</sup> ,2<sup>nd</sup> ,3<sup>rd</sup> were declared and given cash prizes. Dr. Veena Rathour, Principal Dr. Y. S. Parmar Govt. P. G. College Nahan announced names of winning teams and appreciated the efforts of all the participants and organizers.

  
Incharge RRC

  
Principal

Govt. P.G. College

Nahan, Distt. Sirmour

## 9. INTERNATIONAL YOGA DAY ON 21TH JUNE, 22



NSS Report/2022-23/001      NSS Register Page No 47      Date 21<sup>th</sup> June 2022

Number Of Volunteers :- 60

### International Yoga Day Celebration

Under the collective initiative of the NSS, NCC, and R&R units of this college, a grand celebration of International Yoga Day was organized on the college premises on the 21<sup>st</sup> of June 2022. This event was conducted in accordance with Letter Number 128 dated 12<sup>th</sup> June 2022. The program witnessed active participation from various units, with 60 volunteers and 20 teachers joining in the festivities. The inauguration of the event commenced with sessions led by esteemed yoga instructors, enlightening participants about the profound significance of yoga. The enthusiastic involvement of college students and staff members ensured the successful observance of International Yoga Day. Through various yoga asanas and pranayama exercises, participants experienced physical rejuvenation and mental tranquility.

The celebration of International Yoga Day served as a testament to the college's commitment to holistic well-being and spiritual growth. It reinforced the importance of integrating yoga into our daily lives for enhanced physical and mental health.

Dr. Pankaj Chandak  
Prof. Monika  
NSS P.O. Dr. YSPGPG College Nahan  
Dr. Y.S. Parmar GPG College, Nahan

Principal  
Dr. Yashwant Singh Parmar  
Govt. P.G. College, Nahan  
Principal  
Dr. YSPGPG College Nahan

### अंतरराष्ट्रीय योग दिवस समारोह

डॉ. वाई.एस. परमार राजकीय पोस्ट ग्रेजुएट कॉलेज की राष्ट्रीय सेवा योजना (NSS), एनसीसी, और आरएंडआर इकाइयों के संयुक्त पहल के तहत अंतरराष्ट्रीय योग दिवस का उत्सव आयोजित किया गया। यह कार्यक्रम पत्र संख्या 128 दिनांक 12 जून 2022 के अनुसार आयोजित किया गया था। इस कार्यक्रम में विभिन्न इकाइयों से 60 स्वयंसेवकों और 20 शिक्षकों का सक्रिय भाग था। कार्यक्रम की शुरुआत विभिन्न योग प्रशिक्षकों के साथ हुई, जो योग के महत्व को समझाने में सहायक रहे। कॉलेज के छात्रों और स्टाफ सदस्यों की सक्रिय भागीदारी से अंतरराष्ट्रीय योग दिवस का उत्सव सफलतापूर्वक मनाया गया। विभिन्न योग आसनों और प्राणायाम के माध्यम से पारिस्थितिक रचना को स्वस्थ बनाने के लिए सभी ने समर्थन प्रदान किया। अंतरराष्ट्रीय योग दिवस के उत्सव ने हमें शारीरिक और मानसिक स्वास्थ्य को समाहित करने के लिए योग को अपनाने के महत्व को पुनः साबित किया। हम सभी सहभागियों और हिस्सेदारों का धन्यवाद करते हैं जिन्होंने इस उत्सव को सफल बनाने में योगदान किया।

डॉ. पंकज चांडक  
प्रो. मोनिका  
राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी

Principal  
Dr. Yashwant Singh Parmar  
Govt. P.G. College, Nahan  
प्राचार्य

Programme Officer  
N.S.S.  
Dr. Y.S. Parmar GPG College, Nahan

डॉ यशवंतसिंह परमार राजकीय पीजी कॉलेज नाहन

10. INTERNATIONAL DAY AGAINST DRUG ON 26TH JUNE 2022

COLLEGE NAHAN (H. P.)

ER

(For resident students only)

दिव्य हिमाचल

Date of joining Hostel .....

Date of leaving Hostel.....

Fee concession Holder or not .....

Date of Admissi

शिमला, बुधवार, 21 जून, 2023

14

Identity Card



18

Principal's Initial.

नाहन । डाक्टर वाईएस परमार स्नातकोत्तर महाविद्यालय नाहन में मंगलवार को अंतरराष्ट्रीय नशा निवारण दिवस के तहत विभिन्न प्रतियोगिताओं का आयोजन किया गया। नशीली दवाओं के दुरुपयोग व अवैध तस्करी के खिलाफ इस खास दिवस के मौके पर आयोजित भाषण प्रतियोगिता में वीएससी फर्स्ट ईयर की निकिता ने प्रथम स्थान हासिल किया। जबकि पीजीडीसीए की छात्रा शिवानी ने दूसरा व वीए प्रथम वर्ष के छात्र विक्रम को तीसरा स्थान हासिल हुआ। इस अवसर पर यहां डा. अनूप कुमार, डा. रविकांत, प्रो. सुरेश, प्रो. सीआर ठाकुर, प्रो. प्रदीप ने नशे के खिलाफ छात्रों का मार्गदर्शन किया। वहीं सभी विजेता छात्रों को पुरस्कार देकर सम्मानित किया गया। प्राचार्य पीजी कालेज नाहन डा. वीना राठौर ने बताया कि नशीली दवाओं के विरुद्ध व्यापक तौर पर जागरूकता व अभियान छेड़ने की जरूरतों पर वर्तमान में बल देने की आवश्यकता है।

## 11. HANDS-ON-TRAINING ON FIRE HYDRATE SYSTEM ON 17<sup>TH</sup> OCTOBER 2022



NSS Report/2022-23/022 NSS Register Page No 56 Date 17<sup>th</sup> October 2022  
Number Of Volunteers :-

### College Hydrant and Fire Safety Training and Special Cleanliness Campaign Before HPU Youth Festival Group-4

On the eve of the HPU Youth Festival Group-2 (Music) scheduled to be held at Government P.G. College, Nahan, a special cleanliness campaign and college hydrant and fire safety training were organized under the leadership of NSS Program Officer Dr. Pankaj Chandak and officials from the Fire Fighters Brigade, Nahan.

NSS volunteers and R&R unit's rovers and rangers, led by the NSS program officer and officials from the Fire Fighters Brigade, conducted a thorough check of the college premises' fire hydrants to assess the college's fire safety standards.

Subsequently, the NSS unit and R&R unit of the college, after the assessment, carried out a comprehensive cleaning of the college premises using water, ensuring effective cleanliness and hygiene.

Dr Pankaj Chandak  
Prof. Monika  
NSS P.O. Dr. YSPGPG College Nahan  
Programme Officer  
N.S.S.  
Dr. Y.S. Parmar GPG College, Nahan

Principal  
Dr. Yashwant Singh Parmar  
Govt. P.G. College, Nahan  
Principal  
Dr. YSPGPG College Nahan

### कॉलेज हाइड्रेट-----अग्नि सुरक्षा प्रशिक्षण और विशेष स्वच्छता अभियान

हिमाचल प्रदेश विश्वविद्यालय युवा महोत्सव ग्रुप-2 (संगीत) से पहले नाहन में स्थित सरकारी पी.जी. कॉलेज में एक विशेष स्वच्छता अभियान और कॉलेज हाइड्रेट और अग्नि सुरक्षा प्रशिक्षण का आयोजन किया गया। इस कार्यक्रम के नेतृत्व में एनएसएस कार्यक्रम अधिकारी पंकज चांडक और नाहन के अग्नियोद्धा ब्रिगेड के अधिकारियों ने किया।

नाहन के अग्नियोद्धा ब्रिगेड के अधिकारियों के सहयोग से, एनएसएस स्वयंसेवक और आर एंड आर यूनिट के रोवर्स और रेंजर्स ने महाविद्यालय परिसर के फायर हाइड्रेट की जाँच की ताकि महाविद्यालय की अग्नि सुरक्षा मानकों का मूल्यांकन किया जा सके।

इसके बाद, महाविद्यालय की एनएसएस यूनिट और आर एंड आर यूनिट ने महाविद्यालय परिसर की एक व्यापक सफाई कार्यक्रम का आयोजन किया महाविद्यालय की स्वच्छता और हाइजीन को सुनिश्चित किया।

डॉ. पंकज चांडक  
प्रो. मोनिका  
राष्ट्रीय सेवा योजना कार्यक्रम अधिकारी

Programme Officer  
N.S.S.  
Dr. Y.S. Parmar GPG College, Nahan

Principal  
Dr. Yashwant Singh Parmar  
Govt. P.G. College, Nahan  
Principal  
डॉ. यशवंतसिंह परमार राजकीय पीजी कॉलेज नाहन

## **IV. ICT/COMPUTING SKILLS**

News Clipping 1 In News Drug De-addiction Campaign to spread  
Awareness about Drug Abuse Organised by NCC

# 1. CERTIFICATE COURSE IN BASIC COMPUTER SKILLS/ OFFICE AUTOMATION IN FOUR BATCHES W.E.F. 29.09.2022 TO 13.02.2023

**Summary statement of the certificate Course in Basic Computer Skills under Utkrish Mahavidyalya Scheme of four batches in r/o Dr. YSPG College Nahan w.e.f. 29-09-2022 to 13-02-2023.**

Sr. No.	Name	Batches/Teaching Hours	Account No.	IFSC Code	Bank Name	Amount(Rs.)	Remarks
01	Dr. Anup Kumar	4 Batches @ 1500.00/Batch	30217856214	SBIN0000686	SBI-Nahan	Rs. 6000.00	
02	Sh. Pradeep Kumar	40 Lecturer @ Rs 650.00/Lecture	30309564103	SBIN0001755	SBI-Paonta Sahib	Rs. 26000.00	
03	Sh. Sachin Pandit	40 Lecturer @ Rs 650.00/Lecture	11128727112	SBIN0000686	SBI-Nahan	Rs. 26000.00	
04	Ms Bhawna Sharma	40 Lecturer @ Rs 650.00/Lecture	11790110059067	UCBA0001179	UCO Bank Narag	Rs. 26000.00	
06	Ms. Neeru	4 Batches @ 1200.00/Batch <span style="color: red;">①</span>	0356000101742782	PUNB0035600	PNB-Nahan	Rs. 1200.00	
07	Ms .Rajeena	4 Batches @ 1200.00/Batch <span style="color: red;">③</span>	2428001500024673	PUNB0242800	PNB BANETHI	Rs. 3600.00	
<b>Total Amount</b>						<b>Rs. 88,800.00</b>	

**Signature of Academic Up-gradation Committee Members**

1. Dr. Vikas Guleria
2. Dr. Anup Kumar
3. Dr. (Mrs.) Pankaj
4. Dr. Ravi Kant
5. Sh. Raj Devender Singh Gr-II

Principal  
**Dr YS Parmar Govt PG College**  
 Nahan, Sirmour, HP  
 Dr. Yashwant Singh Parmar  
 Govt. P.G. College, Nahan

## ATTENDANCE SHEET FOR STAFF SESSION 2022 ( BATCH -1 ) W.e.f 29-09-2022 to 13-02-2023

COURSE NAME :- CERTIFICATE PROGRAM OFFICE AUTOMATION

TEACHING STAFF	1hr																					No. of Lecture									
	29.9.22	30.09.22	01.10.22	03.10.22	04.10.22	06.10.22	07.10.22	08.10.22	10.10.22	11.10.22	12.10.22	13.10.22	14.10.22	15.10.22	28.10.22	29.10.22	31.10.22	01.11.22	02.11.22	03.11.22	05.11.22		07.11.22	09.11.22	14.11.22	15.11.22	16.11.22	17.11.22	18.11.22	19.11.22	21.11.22
1 PRADEEP KUMAR	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	10
2 SACHIN PANDIT	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	10
3 BHAWNA SHARMA	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	10
<b>NON TEACHING STAFF</b>																															
4 RAJEENA	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
5 NEERU	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	

Course Co-ordinator

Chairperson  
 Principal  
 Dr. Yashwant Singh Parmar  
 Govt. P.G. College, Nahan



Program Office Automation			Attendance Sheet For Session 2022 (SECOND BATCH)																														
Name	Stream	29	30	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
2237	Mehak Gagat	BCA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2238	Mehga Goel	B.COM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2239	Prahlad Chauhan	B.VOC	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2240	Dipanshu Chauhan	B.SC	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2241	Vaishnu Parsad	BCA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2242	Ayush	BCA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2243	Amaan Khan	BCA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2244	Jyotsna Sharma	BCA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2245	Simran	BCA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2246	Pranav Bisht	B.VOC	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2247	Nitesh Singta	B.COM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2248	Trishant Thakur	B.COM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2249	Aaryan Saini	B.VOC	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2250	Priya	B.VOC	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2251	Varsha Chauhan	BCA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2252	Harshna	BCA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2253	Suman Thakur	BCA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2254	Karan Singh	B.COM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2255	Sakshi	BCA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2256	Umang	BCA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2257	Aryan Bhardwaj	BCA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2258	Aina Sharma	BCA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2259	Shardul Chaudhary	BCA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2260	Manisha Gupta	BCA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2261	Diksha Panwar	BCA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2262	Mohd.Arsh	B.SC	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2263	Varishita	B.COM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2264	Bharti	B.VOC	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2265	Saksham	B.SC	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2266	Roma	Bsc	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2267	Asaneha	Bsc	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2268	Tanuja	PGDCA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2269	Vasudha Thapa	BA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2270	Chhaya Thapa	BA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2271	Dinesh	B.Voc	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2272	Lata Devi	B.Voc	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2273	Ishita	BA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2274	Vikram	B.Voc	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2275	SantRam	B.Voc	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P

1  
2 Sachin  
3 Rajni  
Gorase Gorase



Dr. Y.S. Parmar Govt. P.G. College, Nahau

ATTENDANCE SHEET FOR SESSION 2022 ( BATCH -3 ) 10.01.22 to 13.02.23

BATCH-3			1hr	1hr	1hr	1hr	1hr	1hr	1hr	1hr	2hr	2hr	2hr	2hr	2hr	2hr	2hr	1hr	1hr	1hr	1hr	1hr	1hr	1hr	1hr	
			01.12.22	02.12.22	03.12.22	05.12.22	06.12.22	09.12.22	30.12.22	31.12.22	02.01.23	03.01.23	04.01.23	05.01.23	06.01.23	07.01.23	09.01.23	10.01.23	08.02.23	09.02.23	10.02.23	11.02.23	13.02.23	14.02.23	15.02.23	16.02.23
2276	CHANDRESH VARMA	BALBIR SINGH	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.
2277	AYUSHI CHAUHAN	BALBIR SINGH	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.
2278	PARUL	BHARAT SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2279	ANJALI	GOPAL SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2280	SANEHA	GEETA RAM	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.
2281	TANISHA CHAUHAN	DHANVEER SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2282	KHUSHI	ARVIND KUMAR	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2283	PRIYANKA	NAIN SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2284	SUSHMA	RANGI LAL	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2285	PARUL THAKUR	BHAGAT SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2286	SWATI	DALIP SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2287	POOJA DEVI	VIRENDER SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2288	SAKSHI KUMARI	RAMESH KUMAR	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2289	ANJANA KUMARI	RAMESH KUMAR	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2290	SHEETAL	RAM LAL	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2291	POONAM	LAYAK RAM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2292	AMISHA SHARMA	BABU RAM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2293	PRIYA	SHAMSHER SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2294	POOJA	SURESH CHAND	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2295	SHWETA KUMARI	SURENDER SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2296	PRACHI	YASH PAL	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.
2297	MUSKAN	SHANTI RAM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2298	REKHA	TULSI RAM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2299	AMISHA	GAYRU RAM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2300	MANISHA	BHADUR SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2301	RITU	SHANTI RAM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2302	PRITI	CHATTER SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2303	POOJA SHARMA	SURENDER SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2304	REETA	BALBIR SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2305	SHRADHA CHAUHAN	JOGINDER SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2306	HARSHITA	SANI RAM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2307	MINAKSHI	BHAG CHAND	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P

Principal  
Dr. Yashward Singh Parmar  
Govt. P.G. College, Nahau

Sachin Miller  
2  
Course Coordinator

Dr. Y.S. Parmar Govt. P.G. College, Nahana

ATTENDANCE SHEET FOR SESSION 2022 ( BATCH-4 )

BATCH-4			1hr	1hr	1hr	1hr	1hr	1hr	1hr	2hr	2hr	2hr	2hr	2hr	2hr	1hr	1hr	1hr	1hr				
			01.12.22	02.12.22	03.12.22	05.12.22	06.12.22	09.12.22	30.12.22	31.12.22	02.01.22	03.01.22	04.01.22	05.01.22	06.01.22	07.01.22	09.01.22	10.01.22	08.02.22	09.02.22	10.02.22	11.02.22	13.02.22
2308	NEELAM	IINDER SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2309	AMITA	SURENDER SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2310	MANISHA DEVI	DURGA RAM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2311	DIKSHA CHAUHAN	ATTER SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2312	ASHWANI CHAUHAN	NARESH KUMAR	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2313	RITA DEVI	KEDAR SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2314	SAKSHI SHARMA	GYAN	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2315	SHEETAL	BELI RAM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2316	AASTHA	ROSHAN LAL	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2317	NIKITA CHAUHAN	NATER SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2318	RITIKA TOMAR	DHANVEER SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2319	KRISHMA KUMARI	JAGPAL SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2320	RITIKA	RAJU	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2321	ANCHAL SHARMA	RAGHUVEER SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2322	RENU BHARDWAJ	RAMCHANDER BHARDWAJ	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2323	NANDINI	ANIL KASHYAP	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2324	DIVYA CHARNALIYA	MANOJ CHARNALIYA	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2325	ABHISHEK NARNOL	TARA CHAND	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2326	AKSHAY KUMAR	RANDEEP KUMAR	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2327	AARUSH	MUSTKEEM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2328	PALLAVI THAKUR	OM SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2329	SAKSHI	RAJENDER SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2330	RITA DEVI	KEDAR SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2331	KRITIKA THAKUR	RANVIJAY SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2332	IVANSHIKA SHARMA	OM PRAKASH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2333	NISHA	KHAJAN SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2334	TANYA	BALBIR SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2335	PRIYANKA	BABU RAM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2336	KRISHNA	SURENDER SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2337	AMISHA SHARMA	VIJAY KANT	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P

Principal  
Dr. Yashwant Singh Parmar  
Govt. P.G. College, Nahana

Signature of Teacher  
1  
2  
3  
Course Coordinator

2. POWER POINT PRESENTATION CONTEST ON HIV/AIDS & POSTER/SLOGAN  
COMPETITION ON 5<sup>TH</sup> DECEMBER 2023

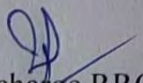
**Dr. Y.S.Parmar Govt. P.G. College Nahan, Dist. Sirmour**

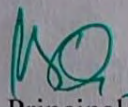
**Red Ribbon Club**

**Poster making/Ppt Competition December 5 , 2022**

**Report**

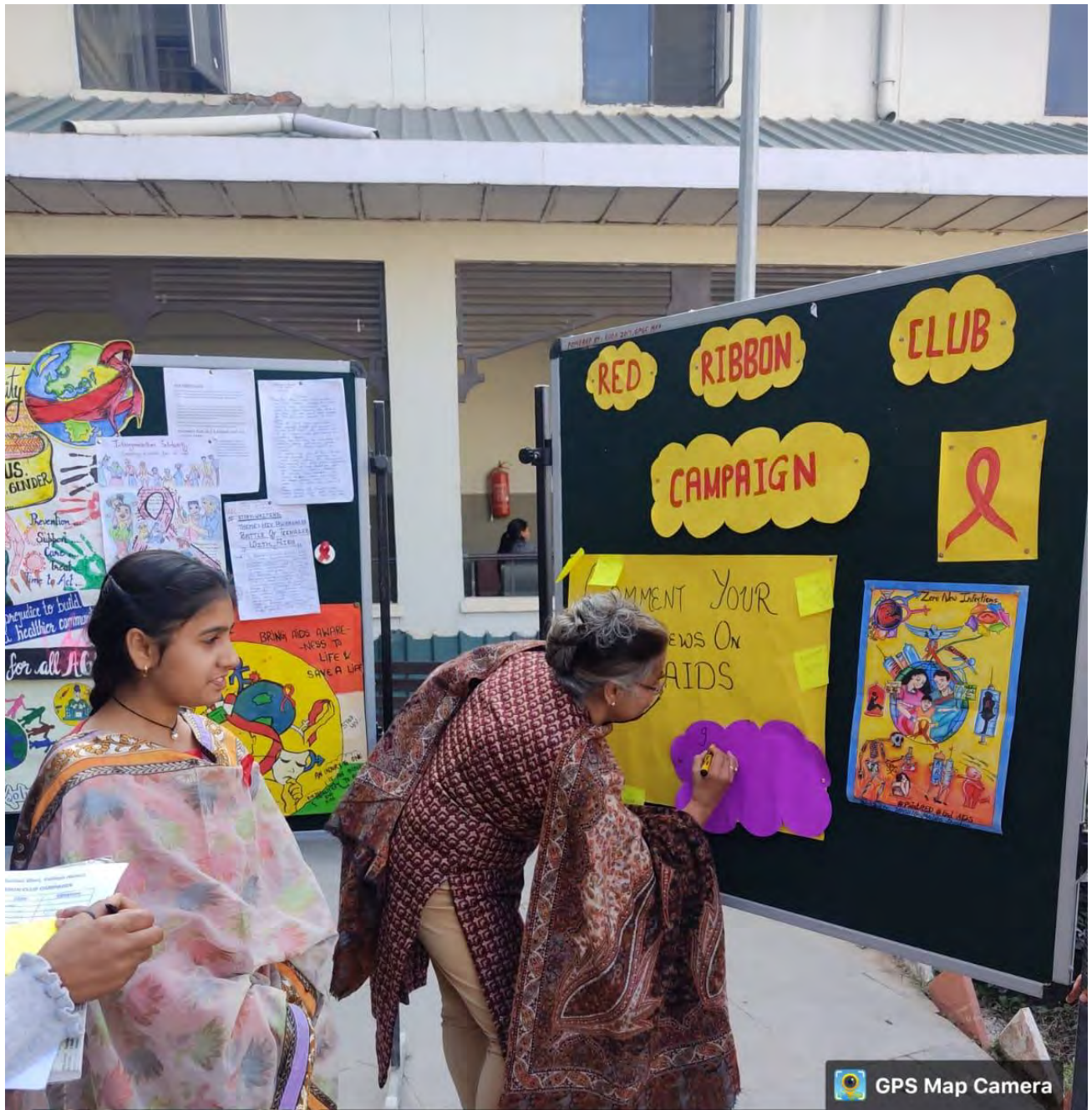
On December 5,2022, Red Ribbon Club organized Power point presentation Competition on HIV/AIDS and Poster /Slogan writing competition under world AIDS Day Campaign (December 1, 2022 to December 31,2022) in the department of Botany. Total 58 students attended it. Winners of competition were announced by Dr. Veena Rathour, Principal Dr. Y. S. Parmar Govt. P. G. College Nahan and given cash prizes. Signature campaign was also organized to make aware students and staff of the college about HIV/AIDS.

  
Incharge RRC

  
Principal

Govt. P.G. College

Nahan, Distt. Sirmour



GPS Map Camera



Thaliga Lahan, Himachal Pradesh, India  
H7CV+R5G, Yashwant Vihar Colony, Thaliga  
Lahan, Himachal Pradesh 173001, India  
Lat 30.572084°  
Long 77.293163°  
05/12/22 01:24 PM GMT +05:30





GPS Map Camera



Thaliga Lahan, Himachal Pradesh, India

H7CV+R5G, Yashwant Vihar Colony, Thaliga

Lahan, Himachal Pradesh 173001, India

Lat 30.572212°

Long 77.29284°

05/12/22 12:04 PM GMT +05:30

### 3. ADD-ON CERTIFICATE COURSE GST & INCOME TAX E-FILING

		ATTENDANCE SHEET FOR PGDCA ( BATCH -1)																	Total 30hrs				
		COURSE NAME: GST & INCOME TAX e-FILING																					
ENR.NO.	Name	DATED:-	04.2.23	05.2.23	06.2.23	07.2.23	08.2.23	09.2.23	10.2.23	11.2.23	12.2.23	13.2.23	14.2.23	15.2.23	16.2.23	17.2.23	04.3.23	09.03.23		10.3.23	11.3.23	13.3.23	14.3.23
Sr. No.	Name	TIME :-	1hrs	1hrs	1hrs	1hrs	1hrs	1hrs	1hrs	2hrs	2hrs	2hrs	2hrs	2hrs	2hrs	2hrs	2hrs	2hrs	2hrs	2hrs	2hrs	2hrs	
G&I-1	AARTI KASHYAP	Father's RAMESH CHAND	P	P	.	P	P	P	.	P	P	P	P	P	P	P	.	P	P	P	P	P	P
G&I-2	AARUSH	MUSTKEEM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-3	NARNOI	TARA CHAND	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-4	AKSHAY KUMAR	RANDEEP SINGH	P	P	.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-5	ANESH KUMAR	KAUSHAL KUMAR	P	P	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
G&I-6	ANITA DEVI	KISHAN SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-7	ANJANA	GAYAN SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-8	ANJANA KUMARI	VIKRAM SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-9	ANKITA	SWROOP SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-10	ANKITA CHAUHAN	KARAM SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-11	ANUJ KUMAR	MOHINDER SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-12	ASHISH	ASHOK KUMAR	P	P	P	.	P	P	P	.	P	.	P	.	P	.	P	.	P	.	P	.	P
G&I-13	BHAVANA DEVI	KAMLESH KUMAR	P	P	P	.	P	P	.	P	P	.	P	P	.	P	P	.	P	P	.	P	P
G&I-14	DEENA CHAUHAN	JAGDISH CHAND	P	P	P	P	P	P	P	.	.	P	P	P	P	P	P	P	P	P	P	P	P
G&I-15	HITESH CHAUHAN	RUPINDER SINGH	P	P	.	P	P	P	.	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-16	JYOTI DEVI	SURESH CHAND	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-17	KALPNA	MOHAR SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-18	KUMARI KRISHNA TOMAR	SURENDER SINGH TOMAR	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-19	MANISH ATTRI	GOPAL SINGH	P	P	P	P	P	P	.	.	P	P	P	P	.	.	P	P	P	P	P	P	P
G&I-20	MEENAKSHI DEVI	RAJENDER KUMAR	P	.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-21	MUKUL GUPTA	MAHESH KUMAR GUPTA	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
G&I-22	NAVJOT SINGH	HARBHAJAN SINGH	P	P	P	P	P	P	.	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-23	NEHA SHARMA	JITENDER	P	P	P	.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-24	NIDHI THAKUR	RATTAN SINGH	P	P	P	P	.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-25	NIDHI THAKUR	PADAM SINGH	P	P	P	.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-26	NIKITA	PRAVEEN KUMAR	P	P	P	.	P	P	P	P	.	P	P	P	P	P	P	P	P	P	P	P	P
G&I-27	NIKITA CHAUHAN	KAMLESH KUMAR	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-28	PRATIBHA SHARMA	MADAN SINGH	P	P	P	L	L	L	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-29	PREETAM SINGH	DUNI CHAND	P	P	P	.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-30	PRIYANKA THAKUR	BABU RAM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-31	RAHUL SHARMA	SOM DUTT SHARMA	P	P	.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-32	RAJ BHARDWAJ	GANGA RAM BHARDWAJ	P	.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-33	RANJINA THAKUR	AMAR SINGH	P	P	.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-34	SAMREEN	SABIR AEL	P	P	P	P	P	P	P	P	L	P	P	P	P	P	P	P	P	P	P	P	P
G&I-35	SHIVANI	RANDEV SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-36	SHIVANI	PRAVEEN KUMAR	P	P	P	.	P	P	P	P	.	P	P	P	P	P	P	P	P	P	P	P	P
G&I-37	SRISHTI	JAI SINGH	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-38	SUMAN	SITA RAM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-39	TANUJA	MOHI RAM	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
G&I-40	VIDISHA DEVI	KALYAN SINGH	P	P	P	L	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P

*Manoj Kumar*  
Course Co-ordinator

*Chairperson*  
Chairperson  
Ganga Ram College, Nahan

4. POWER POINT PRESENTATION COMPETITION ON THE THEME "POLYMERS PREPARATION, PROPERTIES AND USES" ON 22<sup>ND</sup> NOVEMBER TO 24<sup>TH</sup> NOVEMBER 2022



**DR. YS PARMAR GOVT. PG COLLEGE NAHAN**

EST. 1963



[www.gcnahan.in](http://www.gcnahan.in)



[gcnaahan-hp@nic.in](mailto:gcnaahan-hp@nic.in)



01702-251107

**A Report**

**on**

**Power Point Presentation Competition on the theme "Polymers: Preparation, Properties and Uses"**

**Dated: 22<sup>nd</sup> to 24<sup>th</sup> November**

CHEMICOS an association of Department of Chemistry organized a Power point presentation competition on the theme "Polymers: Preparation, Properties and Uses" from 22<sup>nd</sup> to 24<sup>th</sup> November, 2022 in which 61 students of B.Sc. 3rd Year participated. Ms. Alisha a student member of the CHEMICOS started the event by explaining the importance of Polymers in our day to day life. Dr. Rajesh Trehan and Dr. Saloni Sood were present as judges in the said competition. On 22<sup>nd</sup> November 20 students presented their presentations on the said theme, on 23<sup>rd</sup> next 20 presenters presented their topics and 21 students presented their topics on 24<sup>th</sup> November. Results were declared on 24<sup>th</sup> November 2022 and winners of the competition were given prizes during the "Annual Prize Distribution Function-2023".

**Principal**  
Principal  
Dr. Yashwant Singh Parmar  
Govt. P.G. College, Nahan